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COHASSET MARINER

Friday, August 29, 2014

Cohasset.WickedLocal.com

Vol. 35, No. 36 ■ \$2

WHAT'S INSIDE



THROUGH THE LENS

Today in the Cohasset Mariner we're happy to introduce Lens, our premium publication, which takes aim at a single broad topic, and provides a unique focus that you won't find elsewhere. This edition offers an up-close look at the upcoming elections, including candidates, issues, ballot questions, campaign finances and more. Lens is now also available for sale separately at selected newsstands. We hope you enjoy this look at life through our Lens.

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SUMMER BARBECUE

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BACK TO SCHOOL

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SAILING CLUB



From left to right, Bridget Kondrat, Meave Kearney, Jenna Giglio, and Ella Dunkelberger enjoy a day on the water. COURTESY PHOTO

Sailing season closes

Clubhouse construction continues into fall

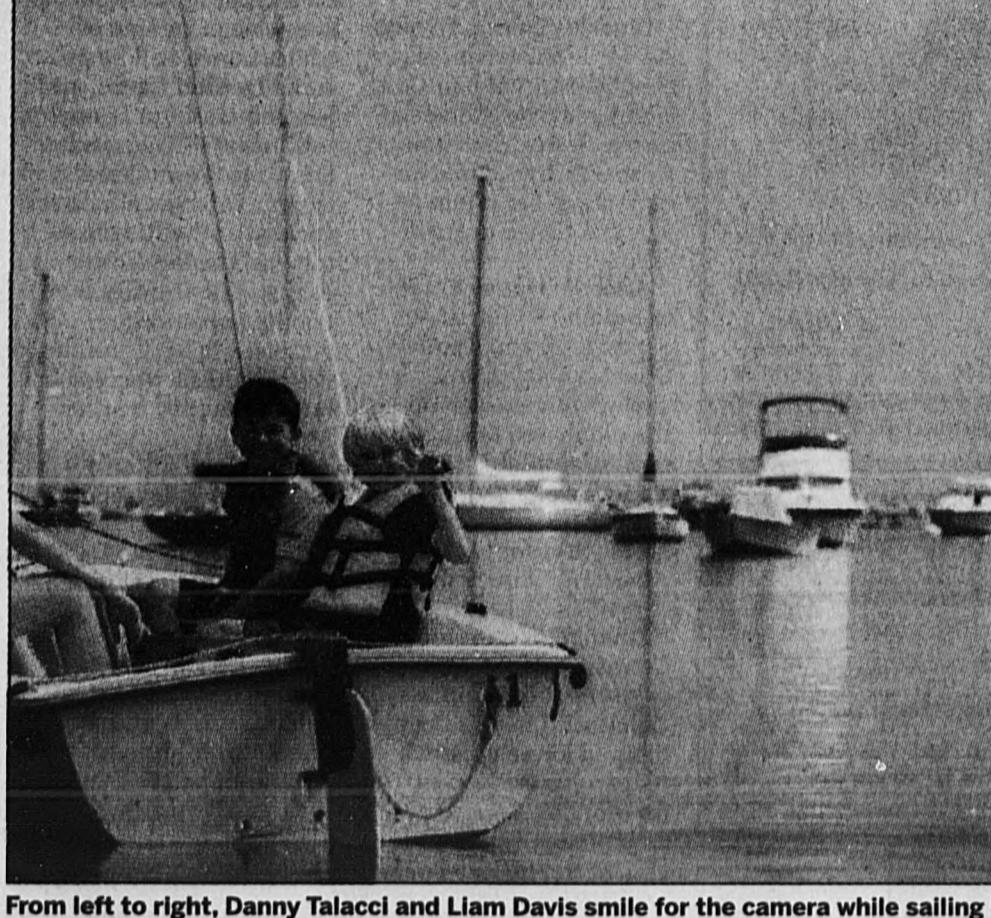
By Erin Dale
edale@wickedlocal.com

In Cohasset, the end of August also marks the end of sailing season.

The Cohasset Sailing Club ended its summer classes on Friday, August 15, culminating the season with the annual closing award ceremony the previous night.

Sunday, August 24 marked the official last day of the sailing season, which started in June.

Sailing Club Program Director Elisa Jerome said that it was a successful season, despite having to hold classes around the new building construction project. Construction for the new Sailing Club began last winter (the old building was demolished in October 2013), when the nail-less post and beam structure



From left to right, Danny Talacci and Liam Davis smile for the camera while sailing in the harbor. COURTESY PHOTO

SEE SAILING, A4

DON'T MISS THIS

It's all for great cause

Tolman telethon party starts Sunday

By Carol Britton Meyer
cmeyer@wickedlocal.com

Labor Day weekend marks the 38th annual Tolman M.D.A. (Muscular Dystrophy Association) telethon party, which so far in its history has raised

more than \$500,000 for the cause.

The event will take place Sunday, Aug. 31, from 7 to 11 p.m., continuing on Labor Day from 11 a.m. to 5 p.m., at Congregation Sha'aray Shalom, 1112 Main St., Hingham. The purpose is to raise funds to help win the fight against muscular dystrophy.

The event will feature

raffles, a silent auction, T-shirts, prizes, a huge cookout, music, dancing, food, "The Roaming Railroad," pony rides, bouncy houses, face painting, and balloon animals.

The event's originator, Jay Tolman, grew up in Hingham and now lives in neighboring Cohasset with

SEE TELETHON, A5



The event will feature raffles, a silent auction, T-shirts, prizes, a huge cookout, music, dancing, food, "The Roaming Railroad," pony rides, bouncy houses, face painting, and balloon animals. WICKED LOCAL PHOTO BY K.A. MACDONALD

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You say tomato...
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VIDEO

Dishing it out at Hola in Marshfield

BLOG: WILD ABOUT BIRDS

Pam French, owner of Wild Birds Unlimited has the word on birds.

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POPULAR STORES ONLINE

Cohasset High School Hall of Fame to induct 11 individuals and two teams

COHASSET POLICE: Dispute over restaurant tab

Cohasset police K-9 unit tracks drunken driving suspect from Norwell

COHASSET POLICE: Neighbor dispute ends up in court

VIEW FROM THE FRONT PORCH: 'M*A*S*H' had it wrong

PICTURE THIS



This week, the Mariner caught up with Julia Muller, director of children and youth, at St. Stephen's. If you see Julia around town, be sure to tell her that you saw her in Picture This! WICKED LOCAL PHOTO/MARY FORD

Julia Muller

Name: Julia Muller.
Occupation: Director of Children and Youth.

Best day of your life: Neil Patrick Harris kissed me while playing Hedwig during a performance of Hedwig and Angrly Inch on Broadway!

Best vacation: Visiting family in Arizona in 2009. We traveled all over the state and I got to see mountains, deserts, caves, and the Grand Canyon.

Favorite season: Fall.

Favorite holiday: Thanksgiving.

Favorite meal: Turkey

dinner.

Best book: "The Giving Tree" by Shel Silverstein and "It" by Stephen King.

Best movie: "Rear Window" and "Sweet Home Alabama."

Best TV show: "Friends."

Best music, group, or artist: Lucero

Pat peeve: When people don't pay attention when they are driving.

Most embarrassing moment: When I was 16 I traveled by myself to Chicago. At the airport, this guy was trying to get my attention. I was

a little creeped out so I just ignored him and started walking a little faster. Turns out, my skirt was tucked into my underwear! He was just trying to be nice. Lesson learned.

Goal: To leave the world a better place and to be happy where ever life takes me.

Person you'd most like to meet: Any of my ancestors from a few generations back. It would be fun to see if I am anything like them!

Biggest worry: The state we are leaving the world in for future generations.

Best part of Cohasset: Saint Stephen's!

COHASSET ELDER AFFAIRS

Cohasset Café reopens Sept. 15

The following programs will take place at 3 North Main St. Call Cohasset Elder Affairs. Call 781-383-9112 if interested in attending either of these events and activities.

Labor Day — Monday, Sept. 1, office closed.

Smoking Through Hypnosis — Starting Wednesday, Sept. 10, 2 to 3:15 p.m. Cost is \$24 and covers three successive classes. Each time a person is hypnotized the suggestions become more effective. Call to reserve a space.

Allerton House Entertainment — Thursday, Sept. 11, 11 a.m., Linda Chuckran and Carol Taylor will perform on the piano and talk about options available to seniors when they are ready to move from their home. Stay for lunch. Allerton House will provide dessert.

Change of date for Cohasset Café — Due to a scheduling conflict, Cohasset Café has been delayed a week and will reopen for the season on Monday, Sept. 15.

Join others from 9 to 11 a.m. at the Lightkeepers

for coffee, home-baked breakfast treats, beautiful views of the harbor and conversation. A \$3 donation is requested.

Trivia — Thursday, Sept. 18, 11 a.m. Jamie and Mary from the Launch program will lead everyone in a game of trivia. Lunch will be provided by Chef Laurel and her helpers from Launch.

Concert — Wednesday, Sept. 24, 11 a.m. Vocalist Jim Porcella, a former vocalist at the Ritz Carlton and the Bay Tower Room, will perform a tribute presentation, featuring songs from the Big Band Era. Stay for lunch provided by Chef Mary Kay.

Lunch and Entertainment — Tuesday, Sept. 30, 12:30 p.m. Lunch and entertainment at Harborview Center for Nursing and Rehabilitation.

Cohasset Elder Affairs Lunch Program — Lunches provided by celebrity chefs and local restaurants, at noon, on Tuesdays, Wednesdays and Thursdays. Call 24 hours ahead for reservations and/or

transportation.

TRANSPORTATION

Cohasset Elder Affairs offer door-to-door van service to the following:

Around Town Route

3A: Mondays, 1 to 3 p.m. Stops, as requested, at Buttonwood Books, Supercuts, Bank of America, Rockland Trust, Walgreen's, CVS, Hingham Lumber, Old Colony shops, Aubuchon, etc.

Shaw's: Tuesdays, at 1 p.m.

Cohasset Train Station: Wednesdays, drop off for 9:04 a.m. train; pickup for 3:08 p.m. return.

Wal-mart/Hanover Mall: Wednesdays, at 9:30 a.m., return at 11:30 a.m.

Around Town (downtown Cohasset): Thursdays, 9:30 a.m.

Stop & Shop: Fridays, 9:30 a.m.

Trader Joe's/Marshall's: Second Friday of the month, 9:30 a.m.

Derby Street Shoppers: Third Friday of the month, 9:30 a.m., return 11:30 a.m.

Christmas Tree Shop: Fourth Friday of the month, 9:30 a.m.

BRIEFLY

Free seminar on land records

Register of Deeds William P. O'Donnell will host a free informational seminar on computer assisted land records research at the Norfolk County Registry of Deeds in Dedham from 4:30 to 5:30 p.m., on Thursday, Sept. 25.

The seminar is intended for both real estate professionals and the general public. The program will include a brief presentation, written reference materials and hands-on exercises.

There will be opportunities for both basic and advanced questions and answers.

Computer assisted land records research is currently available both at the Registry and on the Internet at: norfolkdeeds.org.

There is no charge for the seminar, but anyone planning to attend is asked to register by calling Alicia Gardner at 781-461-6104 or by email to agardner@norfolkdeeds.org. Include name, address, email and a daytime phone number when registering.

Mariner drop box at Tedeschis

The Cohasset Mariner has a "drop box" and pickup location at Tedeschis in the village. The drop box is on the counter in the front window around the corner after you enter the front door.

The Mariner picks up at 8 a.m. on Mondays and Tuesdays. The drop box can be used to drop off glossy photographs, letters, flyers or other editorial copy.

Move Over Law in effect

When an emergency or maintenance vehicle is stopped on the side of the road, move over to the next lane, or slow down if changing lanes is not possible. Under the Move over Law, failure to do so could result in a fine of up to \$100.

For more information visit: mass.gov/safety/moveover.

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South Shore Tide Chart

SCITUATE (SCITUATE HARBOR)

AUG.- SEPT. 2014	HIGH				LOW				SUNRISE	SUNSET
	AM	HGT.	PM	HGT.	AM	HGT.	PM	HGT.		
Thursday 28	1:31	9.5	1:52	9.3	7:36	0.4	7:56	0.5	6:03	7:23
Friday 29	2:10	9.3	2:29	9.4	8:14	0.5	8:37	0.5	6:05	7:21
Saturday 30	2:50	9.1	3:08	9.4	8:54	0.6	9:21	0.6	6:06	7:20
Sunday 31	3:33	8.9	3:51	9.4	9:37	0.8	10:08	0.6	6:07	7:18
Monday 01	4:21	8.7	4:39	9.4	10:24	1.0	10:59	0.7	6:08	7:16
Tuesday 02	5:13	8.5	5:32	9.5	11:16	1.1	11:55	0.6	6:09	7:15
Wednesday 03	6:09	8.5	6:29	9.7	12:13	1.1	12:51	0.9	6:10	7:13
Thursday 04	7:10	8.6	7:30	9.9	12:55	0.4	1:13	0.		

POLICE BEAT

About 20 road signs stolen

By Mary Ford
mford@wickedlocal.com

Signs missing

Over the past week or so about 20 road signs around town have gone missing, police said. The signs are from Whitehead Road, Jerusalem Road, Forest Avenue, Mohawk Way, Beach Street, Atlantic Avenue and more. The DPW will replace the signs valued at \$60 to \$70 a piece. The poles are in tact. It is not clear if the thefts are some kind of college prank or someone is stealing the signs for scrap metal.

Car towed

An officer was monitoring traffic on Tuesday morning (Aug. 19) when he observed a 2003 Chevrolet Silverado go through the stop sign at Beechwood and Doane streets. He pulled the pickup truck over and identified the driver as a 53-year-old Marshfield man. Checks through the registry of motor vehicles revealed the man's license was suspended due to failure to pay state taxes. He is being summonsed to court to face the charges of operating after license suspension and failure to stop at a stop sign. His truck was towed, police said.

Breathalyzer

Police pulled over a brown Saturn sedan, operated by a 60-year-old Duxbury man, on Monday afternoon (Aug. 18) after reports from a caller that the car was operating erratically on Route 3A heading from Hingham into Cohasset and the driver was drinking alcohol behind the wheel, police said.

A BOLO (Be on the Lookout) was issued at 1:15 p.m. A Cohasset officer started following the car after it passed his location and pulled it over near Schofield Road. The officer could detect the moderate odor of alcohol on the breath of the driver, who admitted to having consumed a few sips of beer. There was a bottle of beer under some clothing in the center console, police said.

During field sobriety tests, the Duxbury man was unsteady on his feet and he was taken into custody for drunken driving. At the police station the man opted to take the Breathalyzer, which showed that he registered under the legal limit of .08.

The man told police that he had a chronic problem with his balance, along with leg and back issues. Police released the charge of operating under the influence of alcohol. He was charged with driving

with an open container of alcohol and marked lanes violation.

Vandalism

A 58-year-old Linden Drive man reported to police on Monday (Aug. 18) that someone had driven over his lawn sometime after 11 p.m. the night before causing some damage. Police said the incident appears to have been a random occurrence as there were no other reports from neighbors of similar incidents.

MVA

Police responded to a two-car crash by Tedesco Plaza at 3:43 p.m. on Tuesday (Aug. 19), A 2013 Mazda CX-9, operated by a 45-year-old Marshfield woman, was pulling out of the plaza to turn left onto Route 3A (toward Scituate) when she collided with a 2012 Toyota Prius headed north on the highway. The driver of the Prius was a 75-year-old Scituate woman. Neither vehicle had to be towed and there were no reported injuries. The Marshfield woman was issued a citation for failure to yield to oncoming traffic, police said.

MVA

A 63-year-old Weymouth woman was cited for failure to stay in marked lanes after the 1998 Ford Taurus she was driving hit the traffic island by the entrance to the MBTA train station on Route 3A on Tuesday (Aug. 19) around 6:30 p.m., knocking the traffic sign down. She was not injured and her car did not have to be towed.

Mailbox missing

A 38-year-old S. Main Street woman reported to police on Wednesday morning (Aug. 20) that someone had stolen her black plastic mailbox. She had last seen the mailbox on Aug. 8.

Bad checks

A local bank reported to police last week that a new customer, who is a 33-year-old Scituate woman, deposited two checks for a total of \$6,000 that were drawn on a closed account. No money was stolen due to the fact the bank puts a hold on distributing funds to new depositors. The bank advised police of the attempted larceny.

Illegal dumping

A 58-year-old Cohasset woman with a business at Shaw's Plaza reported that someone had been using her commercial Dumpster

over the past two-to-three weeks. She was able to ID the individual by checking the address on mail left in the trash. Police contacted the 53-year-old Scituate woman whose name was on the mail and told her to stop using the Dumpster or she could be charged. She denied the allegation, police said.

MVA

A 16-year-old Cohasset boy was exiting a driveway on King Street (Route 3A) to head left (toward Hingham) in a 2011 Jeep Wrangler when he went into the path of an oncoming 2011 Toyota RAV4 that was headed south resulting in a collision. There were no injuries and neither vehicle was towed. The Toyota was operated by a 22-year-old Hanover man. The teen was cited for failure to yield to oncoming traffic, police said.

Break-in

Police responded to a report that someone was trying to break into a 2003 BMW-X5 at Brown's Auto Repair on Saturday (Aug. 23) around 5 p.m. As it turned out the duo, who were both 29 and from Rockland, were trying to get into their own car after having locked the keys inside. They were finally able to gain entry without breaking the window, police said.

MVA

Police responded to a two-car accident at S. Main and Spring streets on Sunday (Aug. 24) around 3:30 p.m. A 2014 Dodge sedan, operated by a 22-year-old Cohasset man, was headed north on South Main toward the village when he attempted a left onto Spring Street in front of an oncoming 2009 Honda Pilot. The operator of the Honda is 19 and from Cohasset. The two vehicles collided and both had to be towed from the scene. The 22-year-old was transported to the hospital with minor injuries, police said. He was also cited or failure to yield to oncoming traffic.

Erratic operation

A 56-year-old Braintree man in a 2003 Chevrolet pickup truck was reported as driving "all over the road" on Sunday (Aug. 24) around 4:15 p.m. on Chief Justice Cushing Highway (Route 3A). As it turned out the man's truck, which had been in an earlier accident in another town, was having mechanical difficulties. Police said the tire was rubbing against the bumper. The Braintree man did not proceed any further and had his truck towed.

UPDATE

Red Lion Inn condos proposed

By Erin Dale
edale@wickedlocal.com

Could Cohasset's Red Lion Inn, known as a dining and wedding destination in the village, add residences to its property?

That's what the Planning Board is taking up at an upcoming meeting. A public hearing has been scheduled for the Red Lion Inn's proposed condominium development project.

The hearing was continued to Wednesday, September 10 at 7:30 p.m.; it originally opened on March 14, 2014, then was immediately continued to May 7 and again immediately continued to June 14.

The proposed condominiums were first floated to the Board of Selectmen two years ago, and while the plans were preliminary, they garnered some neighborhood opposition. Abutters have been vocal about weddings and other outdoor events being too loud, year-round at the Inn (71 South Main Street).

The Inn recently had a change in management, hiring general manager Henrich Lutjens of Belmont in May; he is also now head of the Inn's Board of Directors, Cohasset Sarro, Inc. (doing business as the Red Lion Inn). Gerd Ordelheide is the Inn's owner.

That's not the only thing that's changed at the Inn. The plans have undergone revision since they were first proposed and would require a Special Permit from the Planning Board under the Village Business District zoning bylaw (Section 18).

The project, brought forward by Jim Sandell

Each unit will have its own fireplace, balcony, kitchen and full bath, and will be provided public water, public sewer, gas, power, and communications services.

of the architectural firm Carr, Lynch and Sandell, Inc., consists of two condominium buildings and an outdoor event space that is designed to match the aesthetics of the Inn's existing buildings, as outlined in Section 12.4 and 12.6 of the zoning bylaws.

According to an application Sandell prepared, the two new dwelling annex

buildings, designated "East" and "West," are identical in layout, comprised of two floors that each have five one-bedroom, 780 square-foot units and one two-bedroom 1,370 square-foot unit. Each unit is 13,684 square feet for a total of 27,2000 square feet.

Each unit will have its own fireplace, balcony, kitchen and full bath, and will be provided public water, public sewer, gas, power, and communications services.

New parking spaces would also be in order - the plans include 20 parking spaces to serve each annex, providing one space per bedroom and six additional spaces.

The plans call for a 22-foot-wide driveway and 42-foot radii rotary, which will paved from the existing driveway next to the Lions Hall, along with a five-foot-wide sidewalk.

Sandell indicated that the condo units could be used as extra rooms for wedding guests, or overflow when the Inn is fully booked. Another thought is to have them function as quarterly timeshare condos available to rent for three months at a time, as previously reported in the Mariner.

Look for more on this issue in an upcoming edition of the Mariner.

BRIEFLY

Norfolk County Real Estate Activity Report

Total dollar volume of real estate activity for July 2014 increased 39 percent year over year according to Norfolk County Register of Deeds William P. O'Donnell. Total sales volume was \$956 million compared July 2013 figure of \$686 million. The total number of deeds recorded was flat year over year with 1,303 recorded in July compared to 1,297 recorded in July 2013.

Total number of mortgages recorded in July 2014 was 2,606 compared to 3,560 recorded in July 2013, a 27 percent reduction. Total mortgage indebtedness only saw a 6 percent reduction

year over year. The total mortgage indebtedness in July 2014 was \$1.1 billion compared to \$1.2 billion in July 2013. Key factor in the reduced mortgage recording activity was a continued slowdown in mortgage refinance market. A combination of homeowners taking advantage of historically low interest rates in recent years coupled with a previous up-tick in interest rates has resulted in reduced mortgage refinance volume.

A bright spot for July 2014 was a 16 percent reduction in number of foreclosure deeds recorded at the Registry. Foreclosure deed

recordings is a benchmark that is closely monitored by O'Donnell and the staff at the Norfolk County Registry of Deeds.

Homestead recording activity in July 2014 decreased 6 percent year over year. A total of 1,253 Homesteads were recorded in July 2014 compared to 1,339 in July 2013.

Norfolk County Registry of Deeds, 649 High St., Dedham, is the principal office for real property in Norfolk County. Residents in need of assistance can contact the Registry of Deeds Customer Service Center at 781-461-6101 or on the web at: norfolk-deeds.org.

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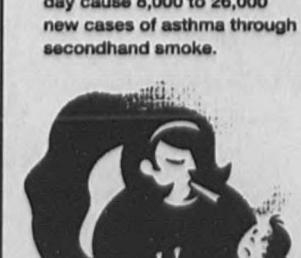
Before

Monica Teel
Client, Age 54

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SCHOOLS

New tech training for teachers

By Erin Dale
edale@wickedlocal.com

As a new school year unfolds in Cohasset, students won't be the only ones learning some new tricks. To kick off the new school year, Cohasset's teachers participated in enrichment professional development training, with a focus on new technology.

Superintendent Barbara Cataldo explained how this "enrichment day," which took place on Thursday, August 28, was different than past "welcome back"

days for teachers.

"Instead of the traditional start of school, where I have everybody come for a breakfast, everyone is going to their buildings where they'll have faculty and department meetings, then everybody's coming to the high school where our own teachers are doing a professional development workshop that's technology-based."

Cataldo explained that that some teachers earned technology certificates through Bridgewater State University and are sharing that knowledge with

their colleagues. "It's a day dedicated to professional development and spotlighting the individual talents" of the schools' faculty and staff.

Seminars for the day-long workshop included how-to's for Animoto, a video slide show program, Google Docs, and Twitter, among other topics.

This focus on technology training is new to the district, the superintendent said. "We've never done it like this," she said of the teachers' first day back to school, adding that she does

try to do something different every year. "In the four opening meetings I've had so far in Cohasset, not one has been the same."

The idea behind the training is to showcase "the vastness of what our teachers are doing" with technology in the classrooms, said Cataldo. "We're really proud."

The superintendent explained why she considers this training a vital part of teaching today. "Many of our teachers are clamoring for more information on weaving technology into the

curriculum," she said.

The school district is also looking into adhering to the "one-to-one" technology initiative with the goal of having one computer available per student, Cataldo said, and exploring "what type of value that will have to Cohasset, and where we can infuse technology."

In order for teachers to incorporate all of this new technology into their lesson plans, "we need to train them and offer them professional development to make them feel solid in the classroom, in order

for them to know they are the best-equipped they can be for instructing our students."

The training day started at 8:30 a.m. and wrapped up in the afternoon, concluding with the usual "welcome back" meeting, introducing new faculty and an awards presentation for staff members with longevity in the district. See related story for more back-to-school information. Follow reporter Erin Dale on Twitter @ErinDaleMariner.



From left to right: Andrew McSheffery, Tommy Olson, Maggie Lucier, Emma Matthews, Sam Kefallinos, Joe Kenealy, Ian Dunkleberger, Mike Milanowski, Tucker Moran and Marcus Rowland. COURTESY PHOTO

SAILING

From Page A1

was raised. The building is expected to be complete this fall.

Jerome said that sailing instructors managed to work around it, despite some other difficulties, including inclement weather.

"Due to poor weather we did not see much participation this year in the Porter (adult racing) or Stanton (parent/child) series," said Jerome. "We're hoping to see more participation next year as the completed clubhouse will be a great place to have evening cookouts after the racing series."

Overall, "The instructors did a remarkable job this year despite the construction," said Jerome.

Teachers managed to improvise. "We used the completed sail shed as the instructor base and the tent as the meeting spot and classroom," Jerome explained. "Eventually the townspeople also started using the tent as a place to relax in the shade and take in the harbor views."

Commodore TJ O'Brien, who chairs the Sailing Club's Building Committee, said that the project has taken a little longer than expected; the hope was to finish construction this summer.

"We didn't have time to finish it all," said O'Brien. However, the exterior of the building is finished and work has begun on the interior, including flooring, a kitchen, stone fireplace and chimney.

The new building was estimated to cost around \$500,000, with \$260,000 in Community Preservation funds, as approved by the spring 2012 Annual Town Meeting. The Sailing Club raised an additional \$240,000, with contributions from over 200

The new building was estimated to cost around \$500,000, with \$260,000 in Community Preservation funds, as approved by the spring 2012 Annual Town Meeting. The Sailing Club raised an additional \$240,000, with contributions from over 200 individuals and families.

Cooper architect Susan Hoadley's firm, Hoadley-Martinez Architects, has worked on the project pro-bono. Hoadley, a member of the town's Community Preservation Committee (CPC), said that the project has followed the original design intent that was shared with all of the boards, agencies and committees involved in the project.

"I'm very proud of the fact that the design reflects the input of literally hundreds of members of the community over the course of nearly eight years," said Hoadley. "The feedback that I have received about the design from the public has been really positive."

The new clubhouse will have some new features to expand the size of the classroom, as well as let the outside in with garage doors that open up to a deck and barn doors on the driveway. O'Brien said the garage doors were installed last week.

The new structure will also be handicap-accessible and LEED-certified, with sustainably harvested wood that was reportedly leftover from the restoration of the U.S.S. Constitution, also known as "Old Ironsides."

"The live oak being used to hold up the second floor balcony is very different-looking wood," said O'Brien. "It draws a lot of attention; it has a lot of character."

The new clubhouse also has some remnants of



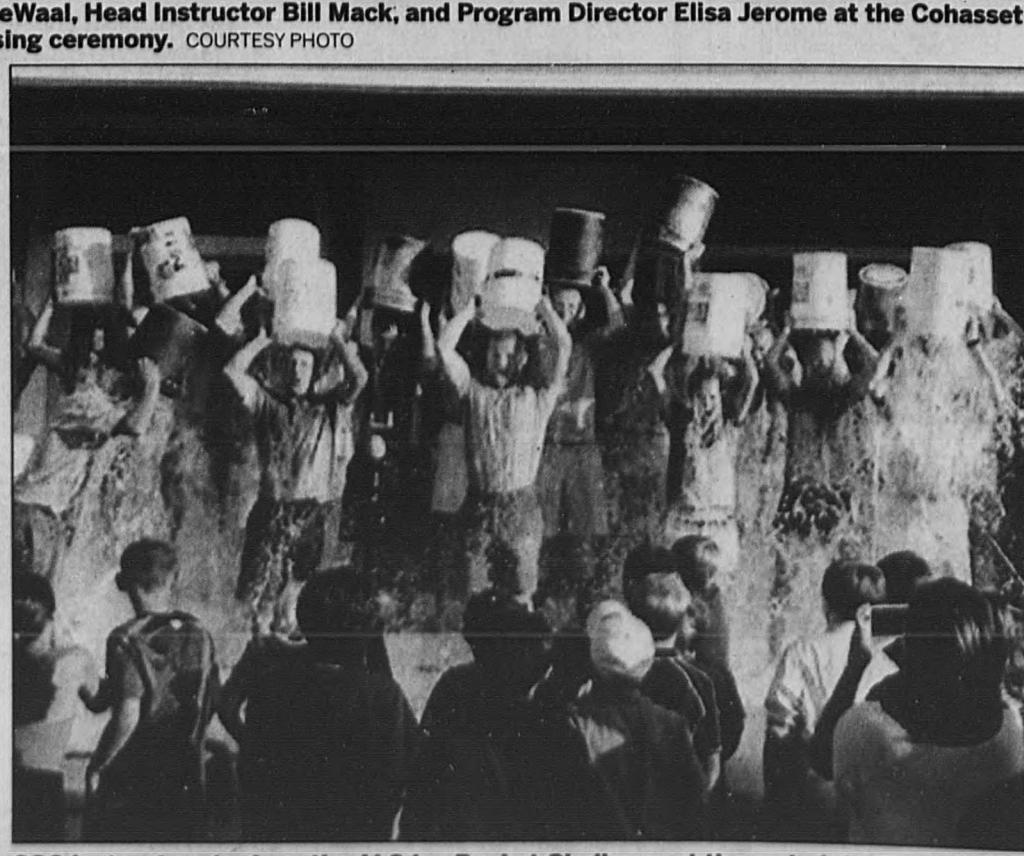
Training Coordinator John DeWaal, Head Instructor Bill Mack, and Program Director Elisa Jerome at the Cohasset Sailing Club awards and closing ceremony. COURTESY PHOTO

the old. "Specifically, the decorative brackets on the Lightkeepers' side as well as the entire mantel over the fireplace were milled from large timbers that were actually salvaged from the carrying beams in the original clubhouse, which were salvaged by Wayne Sawchuck before the demolition," said Hoadley.

O'Brien said he is looking forward to the new clubhouse's completion.

"It's been a long road, but I think it turned out well," he said of the soon-to-be-completed clubhouse, estimating that it will be done by the end of October. "It's going to be a great building for us moving forward."

Look for more on this issue in an upcoming edition of the Mariner.



CSC Instructors took on the ALS Ice Bucket Challenge at the end of the Thursday, August 14 awards ceremony. COURTESY PHOTO

Come to the Tolman MDA fundraiser!

What: 38th Tolman MDA (Muscular Dystrophy Association) Telethon Party

Where: Congregation Sha'aray Shalom, 1112 Main St., Hingham

When: Sunday, Aug. 31, from 7 to 11 p.m., continuing on Labor Day from 11 a.m. to 5 p.m.

Why: To raise funds for the MDA

Events timeline:

Sunday, Aug. 31, 7 to 11 p.m. -- "Splash of Blues," music and dancing; food, hot hors d'oeuvres, prizes, T-shirts, silent auction, raffles, and a cash bar.

Monday, Sept. 1, 11 a.m. to 5 p.m. -- The Tony Rocks Band and Three Saints and a Sinner, "The Roaming Railroad," bouncy houses, pony rides, face painting, balloon animals, huge cookout, cash bar, T-shirts, prizes, awards, silent auction, and raffles.

For more details or to make a donation, visit tolmantelthon.com

TELETHON

From Page A1

his family. The gathering attracts many Hingham, Cohasset, Weymouth, and other South Shore residents as well as others who travel long distances to attend every year.

The party provides an opportunity to have a good time and to drop a donation into the famous fishbowl. This year's goal is \$20,000.

Volunteers play a key role in making the event a success every year. "They are amazing, and we couldn't do it without them," Jay said.

Looking back, his wife, Jodi, said it's been "an amazing journey for our entire family to conduct this fundraiser for all these years. Of course, our kids have been involved since they were born. And I've been part of the team since Jay and I met back in 1991."

Their son, Jack, is looking forward to this year's event. "The telethon is not only a tradition, but truly means something to my family, friends, and many others. It's hard to believe how far this fundraiser has come. It's amazing how something so small at the start could have transformed into something so wonderful."

This is Jack's 16th year participating. "While the event does signify the end of summer vacation, it's also the beginning of the two-day event that I hold so dearly, and so does my family," he said. "The feeling when we see the donation numbers go up and just knowing that we're making a difference is fantastic. I have never felt closer to a group of people in my entire life."

This is the first year that his sister, Chloe, will not be participating, as she is heading off to college. In the meantime she is busy making items to be sold at the party, as she always does. "We play to skype her during the event," Jay said.

"To have had the opportunity to teach our kids by example and through their own experience what it means to give of yourself to those in need has been a truly wonderful thing," Jodi said. "I believe it is their intention to carry on the family tradition when we are no longer able. Of course, if we are all really, really lucky, cures will be found and our kids can put the Tolman Family MDA Telethon to bed!"

Jay's 93-year-old father, John, is traveling up from Florida as always to take part in the fundraiser.

This year event organizers will present the "Mary Cronin Memorial Award" to local firefighters as a thank you from the community and telethon team for 60 years of helping in the fight against muscular dystrophy through the "Fill the Boot" campaign and for often risking their lives to keep their communities safe.

The idea began right here in Hingham, Tolman said. He explained that Hingham resident Charles J. Crowley, who lost two sons to muscular dystrophy, took a wonderful idea of a door-to-door fund-raising campaign to his friend, then-Chelsea Fire Chief George Granney. "Thus began 'Fill the

Boot' in 1950, and in 1954 the International Association of Firefighters committed by proclamation to support the MDA until a cure was found," Tolman said. "The organization's unwavering commitment to MDA remains strong to this day."

\$26.2 million was raised in 2013 through this campaign. To date the IAFF has raised \$530 million for the cause.

This year's telethon party proceeds will be donated to the M.D.A. in memory of Richard Berberian, Brian White, Mary Cronin, Richard Berberian, Jr., John Faschi, Jr. and Mattie Stepanek, who were all involved in the fight against muscular dystrophy.

The M.D.A. provides health care, summer camp, support services, advocacy, and education.

For more information, to donate goods or services for the raffle and silent auction, or to make a monetary contribution, contact Jay Tolman at tagtolner@gmail.com, call (781) 923-1618, or visit tolmantelthon.com.

You can follow Reporter Carol Britton Meyer on Twitter at CMeyerJournal.

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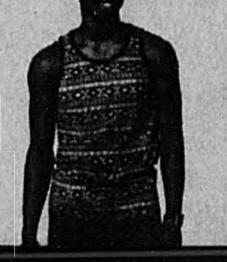
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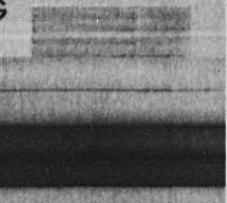
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Looking back

How many adults remember holding backyard carnivals for the Muscular Dystrophy Association when they were children? The carnival kits provided by MDA – featuring tickets, games, booths, and shows – were popular in the 1960s and 70s, raising thousands of dollars to help children and adults with neuromuscular diseases.

In 1966 the first 21-hour national Jerry Lewis MDA Telethon made its debut. How many remember watching the Jerry Lewis Telethon over the years?

In 2011 after raising more than \$2 billion for MDA, the Jerry Lewis Telethon format changed and the length of the annual event was shortened.

The annual Tolman MDA Telethon event started out in the backyard of Jay Tolman's mother's (Izzy) house on Pleasant street in Hingham, under a tent -- a 21-hour party that coincided with the national telethon to help raise money to fight muscular dystrophy.

Now in its 38th year the Hingham MDA party has become a family and community event, moving from the back yard tent to the Hingham Community Center in 1988, to Congregation Sha'aray Shalom, on Main Street in Hingham in 2011.

"So many things have changed over the years -- I now have a beautiful wife, Jodi, and three amazing children, Charlie, Chloe, and Jack -- but one thing will never change -- our desire and commitment to find cures for the 43 neuromuscular diseases such as Duchene and ALS (Lou Gehrig's disease)," Tolman said. "With so many horrific things going on in this world, I look forward every year to Labor Day weekend, as I'm comforted by the extreme generosity of the many volunteers and participants who give up their time -- working hard, raising money to help others, and giving the spirit of hope."

SCHOOL

From Page A1

faces and new technology being implemented.

In terms of curriculum, "This is a year that we're going to gain traction with the new initiatives we put in last year like the EnVision Math and handwriting, and we're feeling pretty good about that," said DeChiara. "Last year was a learning year to implement the new curriculum; [this year] we're just going to start from day one with all the lessons learned."

LeCount said that Osgood is ready to incorporate "the technology initiative that has started to take hold at this level.

The bigger kids have done it for a while, and the little ones are coming into it," he said. "Our teachers have done a lot of training in the new technology, and I think they're really eager to introduce that into their teaching."

"This is a good year for rolling out some of the new equipment and new skills," LeCount added.

While faculty, staff, and students will all be working hard, the school day wouldn't be complete without a little play.

Last year, Deer Hill unveiled its "beautiful" new playground, said DeChiara; this year, there are new nets and asphalt on the basketball courts.

"If there's a nice playground anywhere on the eastern seaboard, I can't imagine," the Deer Hill principal said. "We're so very lucky."

Superintendent Barbara Cataldo also looks forward to the start of the year. "I'm excited to have everybody back," she said, praising the district's "creative and talented" staff.

"Each and every one of the folks is imperative to the district functioning well," the superintendent said. "We've put a lot of thought and time commitment into making sure we have the right individuals in the right places."

"There are a few new faces to the district this

Enrollment numbers

Cohasset High School: 400

Grade 9: 102

Grade 10: 97

Grade 11: 114

Grade 12: 87

Cohasset Middle School: 434

Grade 6: 154

Grade 7: 140

AROUND TOWN

Labor Day already? No Way!

Labor Day!

Hi Cohasset, what's going on? I am absolutely floored that I am wishing this to everyone already but, Happy Labor Day Weekend! How the summer went by so quickly is beyond me but I truly hope that each one of you were able to take some time to enjoy and reflect on where we live and have been able to get some true vacation time in. When talking with some friends the other day, one mentioned that she had some out-of-town guests coming for a few days and, they have never seen the ocean up close before. What? That doesn't even seem possible to all of us as we are so blessed to live it and see it daily. I know that I try to always know how lucky we are but to hear this made me stop and think about this "luck" in a whole new way.

Another huge thing for so many families as the summer is winding down has been the preps for Back-To-School for so many and, the first time for a lot. Next week will bring out the return of the big ole' buses, bike riding and walking children everywhere. Please make sure to drive with extra care, respect the bus drivers and families as they are coming to/from school. Also respect the rules that have been put in place for each school, whether public, private, preschool or childcare for drop-offs/pick-ups at your respective location. Safety is number one, no matter what rush you may be in, your lack of desire to wait in a line like all the other cars already there or, your not wanting to stop for the bus. Behave and drive like a child's life depends on it, it very well could. It takes a village



JENNIFER PIEPENBRINK

Cohasset. Enjoy your first days of school everyone.

Pizza House

I want to start by congratulating Debbie, Jimmy and the awesome crew at Cohasset Pizza House (CHOPS) as they continue to celebrate 40 years in business! Make sure to take the time if you can to grab your favorite meal and wish them all the best with many years of deliciousness to come. Good food, great service and a Cohasset version of "Cheers!"

Dean's List

Congratulations to Olivia Franklin, daughter of Susan and Andrew. Olivia was named to the dean's list for the spring semester of 2014 at The George Washington University in Washington, D.C. Olivia, an incoming junior, is double majoring in communication and history with the hopes of pursuing a career in education. She is also Vice President of Philanthropy for her sorority Sigma Kappa and works as an intern for the National Alliance for Public Charter Schools. Amazing work Olivia and we all wish you the best this year.

With honors

Another congratulations from family and friends

goes out to Eric Studley who graduated Cum Laude from Wentworth Institute of Technology on Saturday, Aug. 16! He will take a week off, then start a new job at Accenture. The family is so proud of him! Awesome news Eric, good luck in your job.

Singers wanted

As summer comes to a close, the choir at Second Congregational Church would like to let members of the community know that they are seeking new singers. Rehearsals under Music Director, Jin Kim, will resume on Thursday, Sept. 4, at 7:30 p.m., in Bates Hall. Jin, who is also the Music Director of the Atlantic Symphony Orchestra, is an extremely talented instructor who mixes great patience and humor into every rehearsal.

Second Congo choir is open to those who have previous choral singing experience and those who aspire to learn.

We hope that you will join us on Thursdays at 7:30

beginning on Sept. 4 and give us a try. For further information contact Susi Coley at 383-6160

Field hockey

Attention Cohasset Field Hockey families, alumni and fans! The CHS Field Hockey Team will be holding their annual Car Wash Fundraiser on Saturday, Sept. 6, from 10 a.m. to 2 p.m., on Cohasset Common. Please be sure to bring your dirtiest car by to support this team and their run for the 2014 League Championship!

That's the news for this week Cohasset. Send in next week's news no later than Tuesday by 2 p.m. Email: aroundtowncohasset@yahoo.com.

DON'T MISS THIS

Clambake to go down in history

What's more New England than eating lobster with the sand between your toes, sun in your face and the ocean to gaze upon? Probably not much. The Cohasset Historical Society is bringing all the elements of this traditional dinner together for its second annual clambake at Sandy Beach. Here are all the details:

When: Saturday, Sept. 6, 4 p.m. (rain date: Sunday, Sept. 7)

On the table: A full spread of New England fare will be served on the beach: clam chowder, steamed clams,

brown bread, corn on the cob, barbecue chicken and, of course, lobster. Partygoers can wash it all down with a glass of wine or bottle of beer.

Entertainment: Local band Line Drive will perform classic rock tunes and new favorites during the dinner.

Tickets: Reservations required, call the Historical Society at 781-383-1434 or buy online at cohassethistoricalsociety.org. Tickets are \$120 per person for members and \$130 per person for nonmembers.

Why go: All year long the Cohasset Historical Society finds ways to preserve

and present the history of Cohasset. As a nonprofit organization, it depends on donations and fundraising events, like this one, to sustain its efforts to protect the town's past.

Quote: "We're proud to offer this unique event on Sandy Beach and are grateful to everyone who comes out for what's sure to be a great evening. We couldn't do what we do without our generous contributors. Our thanks goes to the Sandy Beach Association for permitting us to use the beach for this event." — Kathy O'Malley, Cohasset Historical Society president



Cohasset Historical Society board member Eleanor Bleakie, right, and Nancy Garrison enjoy last year's clambake. Courtesy photo

MARK YOUR CALENDAR

Croquet Classic is Sept. 20

The fifth annual Croquet Classic to benefit pediatric programs at South Shore Hospital takes place on Saturday, Sept. 20. Registration begins at 2 p.m., and play begins at 3 p.m.

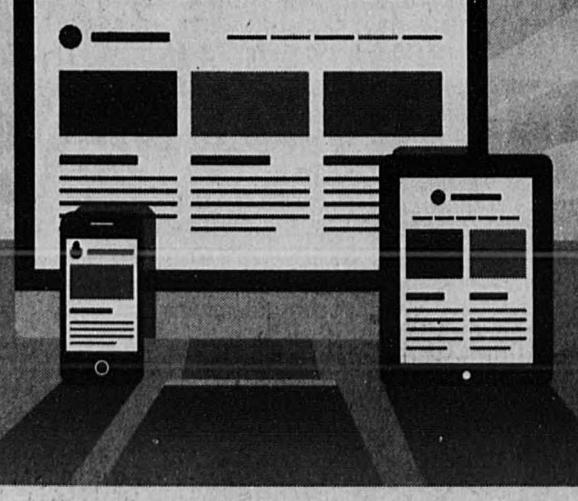
Members of the L.I.N.K.S (Leaders Involving a New Kind of Support) group, many of who have had their children at South

Shore Hospital and continue to utilize pediatric services as their children grow are sponsoring the event. This group champions the support of critical pediatric services, including Neonatal Intensive Care, Pediatric Specialty Clinics and a 24/7 Pediatric Emergency Department, at South

Shore Hospital.

Parking for the event is located at 143 Border Street in Scituate. Tickets are \$75 apiece, but a discount applies to two ticket bundles if purchased before Sept. 1. Go to southshorehospital.org/ events or call 781-624-4050 or 781-624-4170 for tickets.

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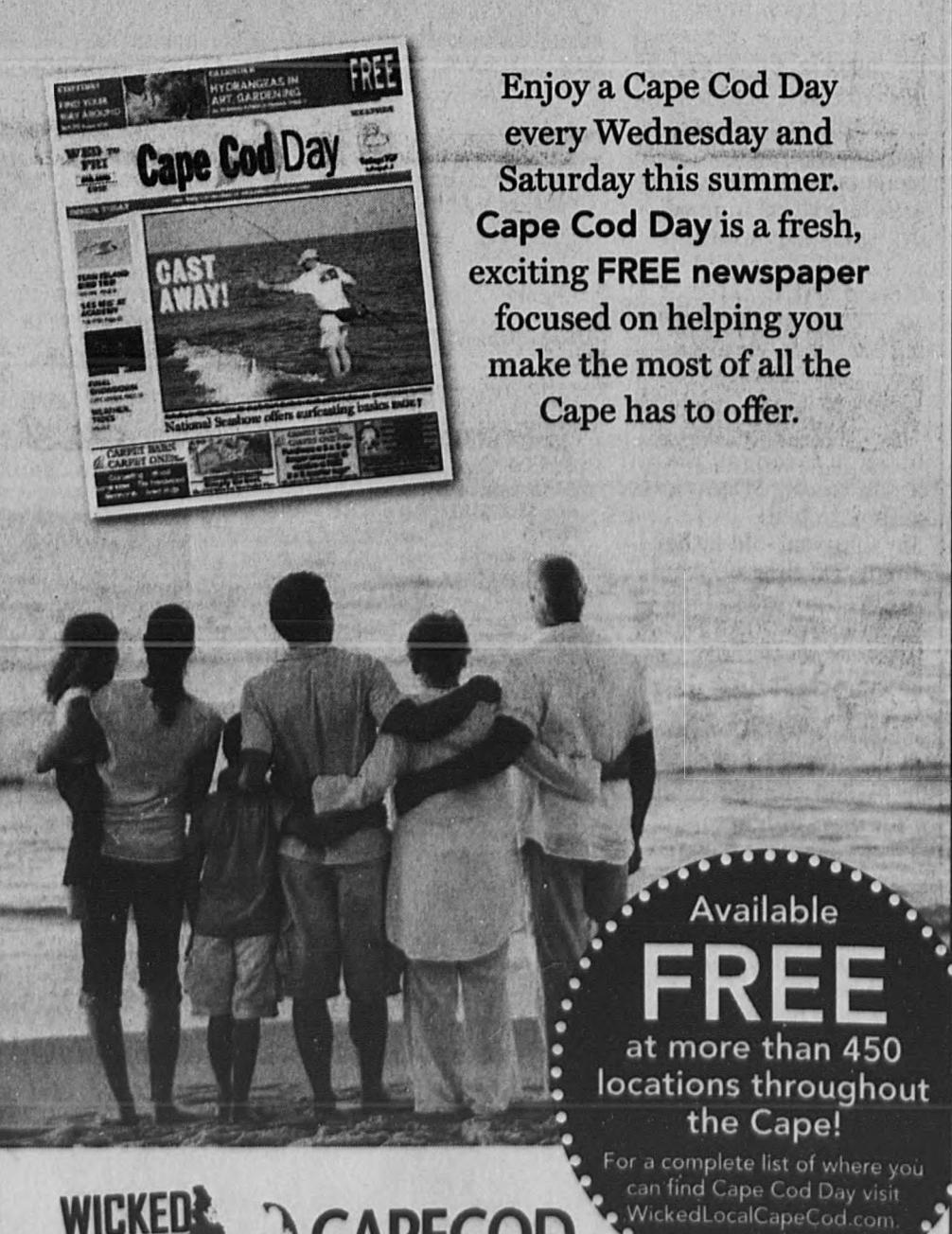
There's still plenty of summer left to

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GIMME SHELTER



At almost a year old and with his thick dark fur, Howie has plenty going for him, including his looks. COURTESY PHOTO

Howie likes to play it cool

By Casey Fredette

Howie is a guy who has everything to offer: character, calm temperament, and independence. This is a cat that is comfortable with who he is and what he does. Often with shelter animals the best of the best are highlighted, leaving the others left behind. The easiest going animals get much more attention than those with their own strong personalities. Those animals who are shy or reserved too often get passed over. Many people won't stop to give attention to a cat that doesn't jump out to greet them. It is unfortunate because so many cats get missed, even though they are wonderful animals. Not every cat or animal wants to be a "pet"; they don't all desire lap time and chasing a wand toy. Cats like Howie want to be companions. This is a cat that will enjoy living his life with you. He wants to share his life, love, and adoration all in the comfort of a calm loving home.

Howie started life with an offbeat family. He and his sister, among countless others, were part of a multigenerational cat colony. All of this, his whole world,

was centered around an abandoned factory building. Thanks to time spent with the cats by concerned neighbors, it was discovered that many of the cats were actually very friendly; many even craved interaction. Howie was scooped up and brought to Hull Seaside where he slowly eased into his new, temporary, life. Since that time Howie watched his sister leave to her forever home and has adjusted to his new shelter life. At almost a year old and with his thick dark fur, Howie has plenty going for him, including his looks. This is a cat that thrives on his daily routine. Howie likes his brushings and his time without other cats around. There is no doubt that Howie will really shine in a home that is all his own; he's gotten tired of sharing.

This young cat has many years of companionship to give; he's in desperate need of friendship and consistency. If you're looking for a young cat who is full of life but not endlessly needy, you'll find what you're looking for in Howie. His first birthday is less than 2 months away and he has his paws crossed that he won't have to spend

it with his roommates in the shelter. Howie wants a comfortable space he can explore and settle in to. He wants the chance to be at ease and not have to worry about things changing and being moved around. Howie wants a home of his own for his birthday.

Is your home the one for Howie? Visit him, Monday 6:30-7:30pm or Saturday 2-3pm. You can also call Judy, adoption coordinator to find out more about him or any of our other animals at 781-534-4902.

Summer may be winding down, but we are still seeing kittens by the armful! Please consider donating kitten food, both wet and dry. Our kittens are voracious eaters and we go through an enormous amount of kitten food every week. Kitten season can last well into the fall and in that time we can care for as many as 100 kittens or more. Our kittens are adorable and tons of fun to play with. Come visit them and think about bringing a bag of kitten food or a case of wet food!

Casey Fredette is the shelter manager at Hull Seaside Animal Rescue.

DON'T MISS THIS

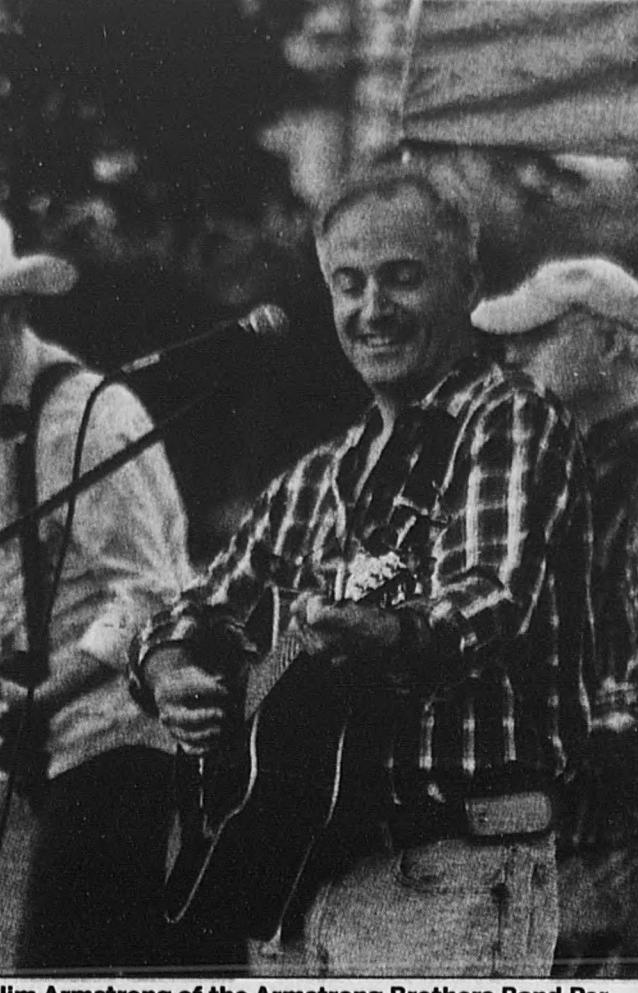
5 THINGS TO DO THIS WEEK

There's plenty going on in and around Cohasset

1 Concert: This Sunday, August 31st the 2014 Cohasset Recreation Summer Concert Series will end with a country sound by local favorite Jim Armstrong and the Armstrong Brothers Band. The four will play everything from modern Country Hits to Classic Rock. This special Sunday edition begins at 6 p.m. on Cohasset Common. Attendees are encouraged to bring a blanket or folding chairs, along with a picnic dinner. Free and open to the public!

2 Free Bowling for Seniors: The South Shore Country Club off South Street announces free bowling and lessons for seniors from noon to 2 p.m. Wednesday, Sept. 3. Lou Pumphrey, a certified bowling instructor will conduct free sessions and provide individual instructions. No registration required, those interested are asked to show up at the SSCC on Sept 3 to join in.

3 Clambake: The Cohasset Historical Society will host its annual clambake at Sandy Beach on At 4 p.m. Saturday, Sept. 6 (Rain date is Sept. 7) A major fundraiser for the society, the evening will spotlight one of the most well known spots in Cohasset while raising money to support its efforts all year long. Reservations required, call the Historical Society at 781-383-1434 or buy online at: cohassethistoricalsociety.org. Tickets are \$120 per person for members and \$130 per person for non-members.



Jim Armstrong of the Armstrong Brothers Band Performing at the 2013 Summer Concert Series. COURTESY PHOTO

stephanie.c.sears@gmail.com or call 413-329-8291.

4 SAT Prep: Register for the SAT prep program through Episcopal City Tutoring, beginning sessions on Sept. 8, Oct. 6 and Nov. 3. These programs will prepare students to take the SAT in October, November or December. Students will meet math and English tutors in the Watermelon Room at St. Stephen's Episcopal Church, 16 Highland Ave. Visit episcopalcitytutoring.org for more information on registration, or contact ECT Cohasset Site Manager Stephanie Sears at

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DON'T MISS THIS

Minot's Light Roundabout Sept. 21

Cohasset Maritime Institute is hosting the annual Minot's Light Roundabout rowing race on Sunday morning, Sept. 21. This 4-mile race will start and finish at Sandy Beach, making viewing the race great for shore-side spectators. All boats and crews will be lined up on the beach by 10 a.m. in preparation for the race start at 11 a.m.

Boats will race from Sandy Beach past The Grampus Rocks to Minot's Lighthouse and back to the finish line off Sandy Beach. The race is open to all ocean-worthy rowing and paddle craft, including Pilot Gigs, Livery boats, Dorys, sturdy 4-oared CMI shells, and smaller craft including kayaks, surfskis, canoes, Aldens and singles. There will be an alternate course if the seas are deemed not safe for small craft.

It will be a very festive day at Sandy Beach. Lunch will be available for racers and spectators. The



Boats will race from Sandy Beach past The Grampus Rocks to Minot's Lighthouse and back to the finish line off Sandy Beach. COURTESY PHOTO

It will be a very festive day at Sandy Beach. Lunch will be available for racers and spectators. The Rusty Skippers Band will entertain all in concert at noon.

Rusty Skippers Band will entertain all in concert at noon. Registration at Sandy Beach is open at 9 a.m. on the day of the race, but preregistration is recommended. Links to registration can be found by searching Cohasset Maritime Institute on the web or Facebook or visiting CMI at rowcmi.com. If you have questions, contact Doug McLellan

or George Baumgarten at row.cmi@comcast.net. CMI is a community-based not-for-profit maritime organization on Cohasset Harbor that offers rowing to youth and adults of all experience levels, in four-person ocean-going shells, as well as in smaller singles and doubles. CMI offers three-season competitive rowing for youth grades eight

through 12. CMI's adult program runs May to October and offers learn-to-row for those new to rowing, as well as welcoming rowers with previous experience. In addition, CMI offers wooden boat building programs periodically. If you are interested in rowing with CMI, join us at Sandy Beach on Sept. 21 and see the boats and rowers in action.

Peter Dillon explains the history behind the evolution of the rocky formations along the Cohasset shoreline. COURTESY PHOTO

Walking tour rocked participants

Standing on a massive example of basalt, geologist, Peter Dillon explained the history behind the evolution of the rocky formations along the Cohasset shoreline. Our history began some 600 million years ago with

After examining the DNA of the rock and quartz crystals, Peter was able to determine that this was a unique type of granite and designate this stone formation "Cohasset Granite."

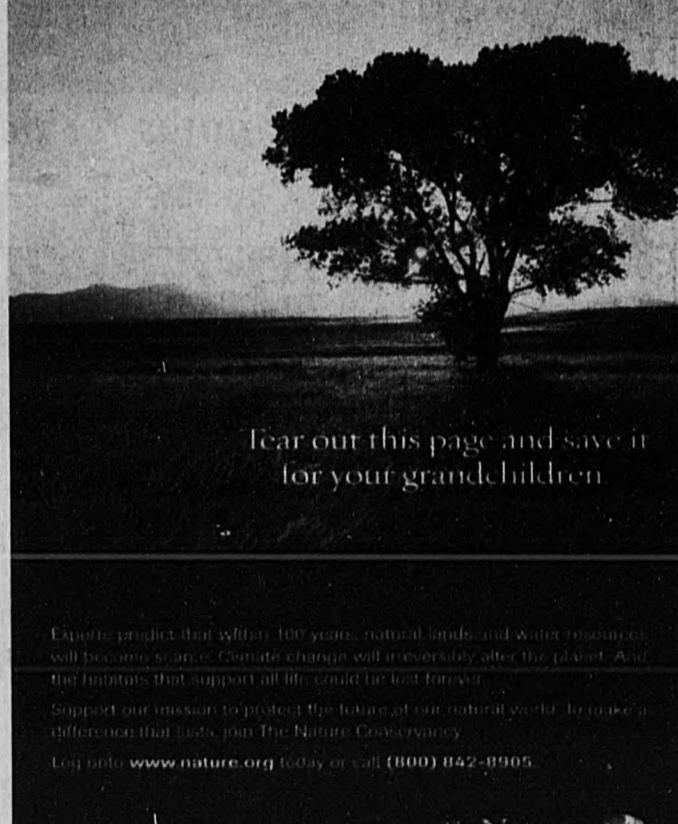
volcanic eruptions, mountain range formation and continental collisions.

Cohasset Historical Society had invited the community to join in this field trip to follow up on Peter's geology lecture in June. Thirty-two adults and children gathered on Black Rock Beach to see examples of various granite formations, the basalt, and the inclusions in the rock, such as iron and quartz, that give it a

variety of coloration. We were able to see examples of Quincy Granite, Dedham Granite and the Roxbury Conglomerate which varied in color due to the amount of sand incorporated into the rock. One of the children on the tour found a good example of a fault line that began at the beach and extended among the rocks to the shore line and likely much further inland.

The second stop on our tour led us to The Lightkeepers Cottage and examples of Cohasset Granite. This particular granite has hexagonal quartz crystals imbedded in the rock and hematite, a type of iron that rusts when weathered. After examining the DNA of the rock and quartz crystals, Peter was able to determine that this was a unique type of granite and designate this stone formation "Cohasset Granite." Other granites weather without the rusty coloration and are considered cosmetically superior.

The group attending generated a number of questions, which were answered with enthusiasm and in detail. Because of their age and origin, the rock formations in this area make for a fascinating study.



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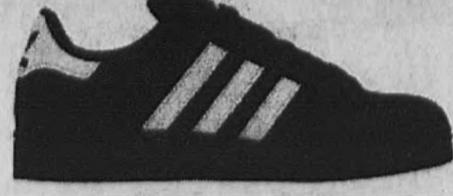
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THE LOCAL BEET

End of summer bounty

Cohasset Farmers Market news

It's hard to believe that September will be upon us in just a few days! As August draws to a close, the Cohasset Farmers Market is busier than ever.

The summer bounty continues while fall vegetables begin to take center stage; look for winter squash, cabbage, kale, spinach, Swiss chard, radishes, beets, carrots, onions, garlic and more. Of course, the luscious, vine-ripened tomatoes and other summer produce will still be around for weeks to come.

If you love farm-fresh vegetables and want to have them all winter long, it's not too early to think about ways to preserve them. Freezing is an easy method of preservation. Here are some tips from Mary Ann Esposito of Ciao Italia:

Grate large zucchini on a large-hole cheese grater and lay them on kitchen towels to catch the extra water, then freeze in plastic bags and use for soups, stews, and chowders in the winter months.

Use a cheese grater to remove the skins from tomatoes – just cut tomatoes in half and grate on large holes, then freeze in plastic bags and use for soups and making sauces. Mince fresh parsley and

freeze in sandwich bags for winter use.

Steam fresh corn and take kernels off the cob; freeze in small freezer bags.

Steam kale and Swiss chard, chop and freeze for use in side dishes such as frittata and quiche.

Vendor spotlight: Omega Olive Oil

Owner Felicia Pakalnis started her business three years ago and is a newcomer to the Cohasset Market. She chose the name Omega Olive Oil because of the prevalence of healthy omega-9 and omega-3 fats in olive oil.

Pakalnis sells certified California organic olive oils as well as balsamic vinegars and Himalayan pink sea salt. Her best sellers are the herb and garlic olive oil and the fig vinegar. She suggests using the fig vinegar to finish anything grilled or on any roasted vegetables, plus a sprinkling of sea salt.

The business owner has fond memories of Cohasset when she attended many baseball games here and loves the beauty and "homely" feeling of our town. Stop by her booth for a taste and check out her website:

www.omegaoliveoil.com.

Coming up

September 4: Music will be provided by Ray Papile.

Recipe Corner: Red Cabbage and Warm Spinach Salad

Ingredients:

- 1/4 cup pine nuts
- 2 oz. bacon, chopped
- 2 cups red cabbage, cut into 1/4-inch thick slices
- 4-6 oz. spinach, about 2 bunches, tough stems removed and roughly chopped

■ Vinaigrette dressing of your choosing, preferably homemade

Toast pine nuts in a large dry heavy skillet over moderate heat, stirring frequently until they begin to turn golden, about 2 minutes. Add bacon and cook until browned and crispy, about 2 minutes. Add cabbage, tossing to combine, and cook covered, until wilted and just tender, about 8-10 minutes. Reduce heat to low and add spinach, stirring gently until it just begins to wilt. Remove pan from heat. Add vinaigrette dressing, toss and serve immediately.

September 11 is the annual Pet Parade! Stay tuned for details.

The Cohasset Farmers Market is open every Thursday from 2 to 6 p.m. through October 16 on the beautiful Cohasset Common. For more information, visit www.cohassetfarmersmarket.com.



Omega Olive Oil owner Felicia Pakalnis and her son, Alex, at the Cohasset Farmers Market. COURTESY PHOTO

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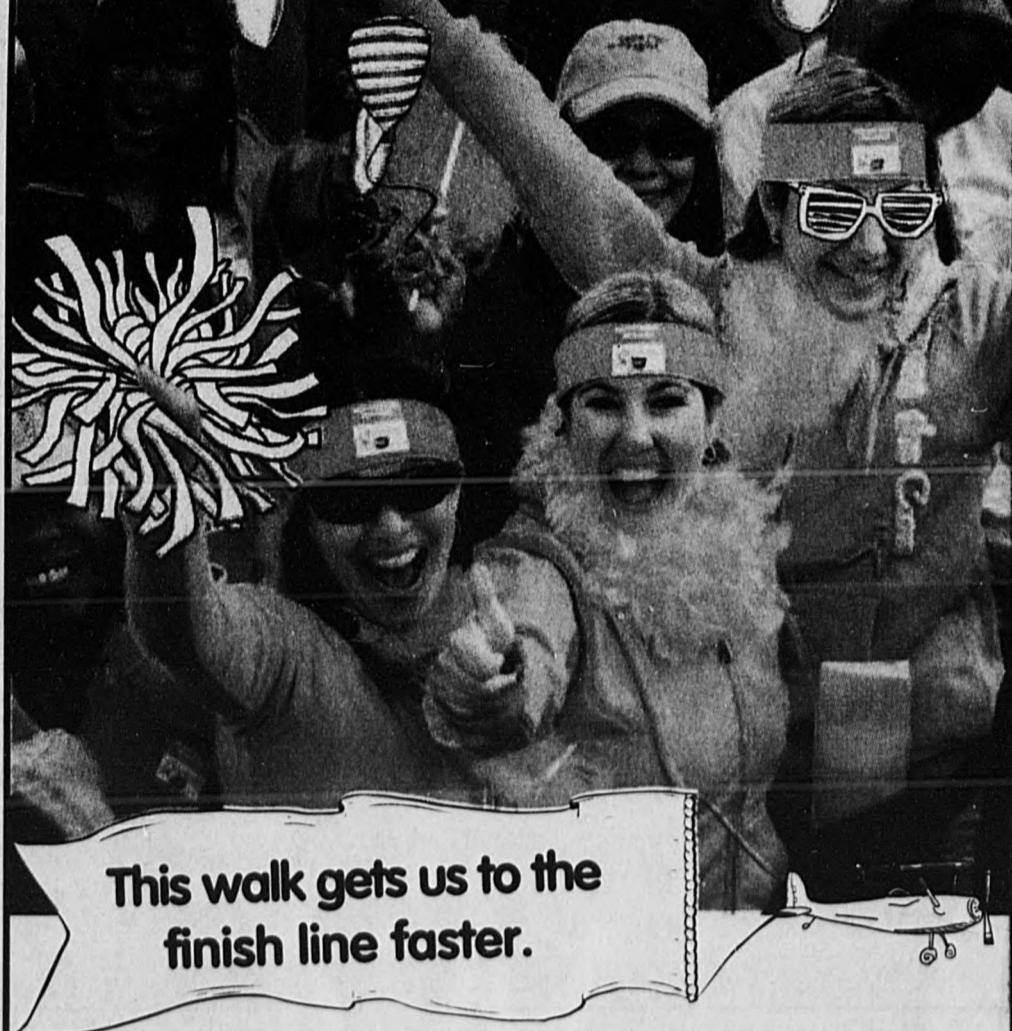
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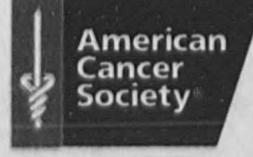


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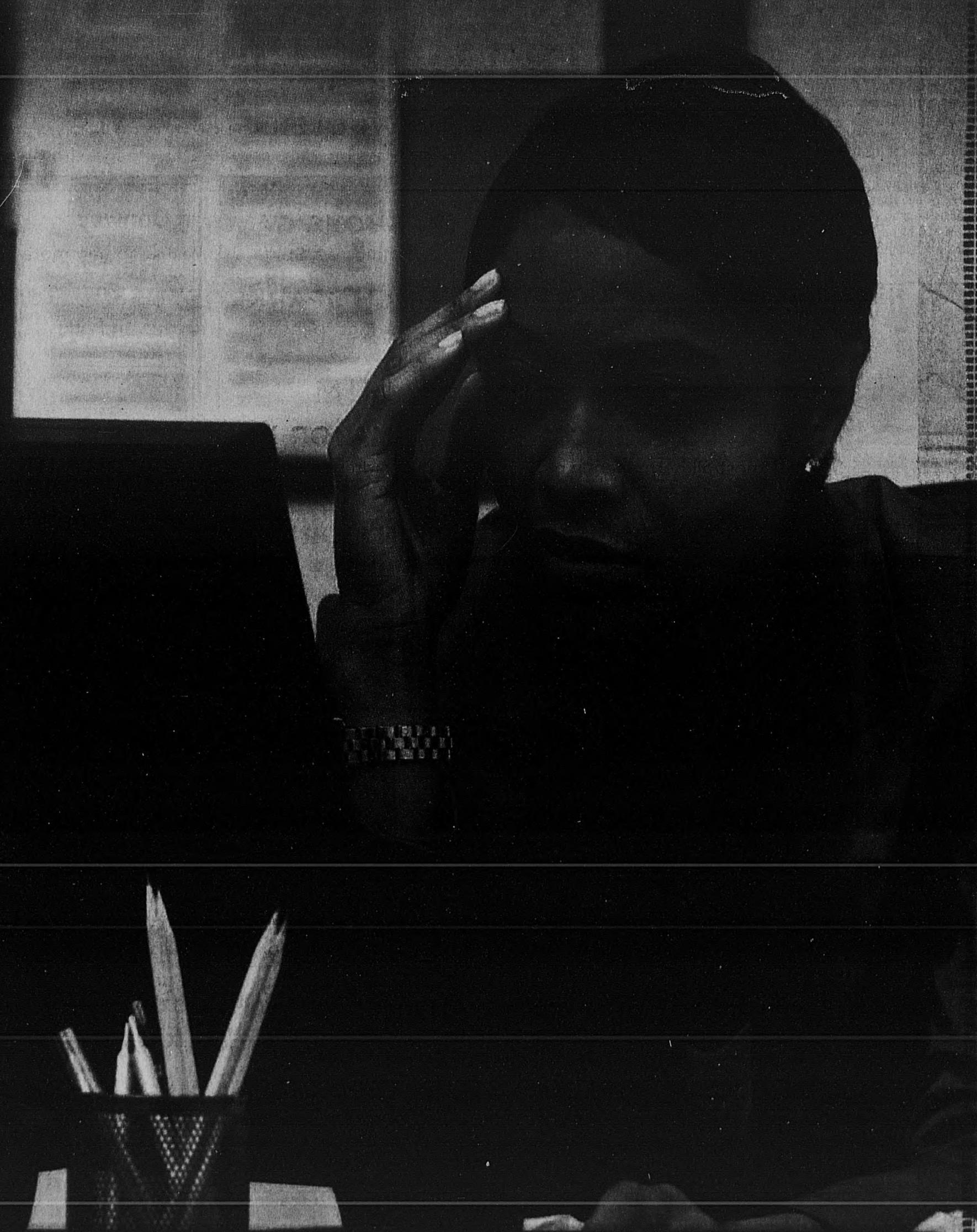
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OPINION

QUESTIONS? Contact Editor Mary Ford at 781-741-2933 or mford@wickedlocal.com.

OUR VIEW

Getting back in gear

While news never takes a hiatus — the quantity of news slows down somewhat over the summer months.

That should not be surprising given that town boards don't meet as often, schools are out, and lots of residents go away for a week or two. Other townspeople just like to kick back and relax and not think about "issues" or having to take the kids to dance lessons or hockey practice.

But with the start of school next week, that's all about to change.

The town budget season looms on the horizon, Boy Scouts and Girl Scouts meet, houses of worship resume their regular schedules, youth sports get into full swing along with myriad other activities for Cohasseters of all ages.

Here at the Mariner, we're pleased to be the vehicle through which our readers either "get the word out" or "find out about" everything from who's on the dean's list to what is the latest news at Town Hall.

But if you're on the delivery end of the news — in other words you want your club announcement or letter-to-the-editor in the paper — there are some simple "rules to follow."

We accept letters, news items and happenings by email. However, we receive dozens of emails everyday, so it's not a bad idea to follow your email up with a telephone call, just to make sure your message arrived safely.

Attachments should be

saved as word documents; photographs should be sent as jpg attachments.

We still accept news the old-fashioned way, through the US mail, or dropped off here at the Cohasset Mariner office, 73 South St., Hingham Square, above the Peel Pizza Company.

News items should be as concise as possible and written in a narrative form. In other words, please write your news items in a "mini-story format" using complete sentences.

Here's the scoop on how to get your news in the Mariner:

Email: editor Mary Ford at: mford@wickedlocal.com

Email: staff reporter Erin Dale at edale@wickedlocal.com

In person: at our office (in the Hingham Journal Building), 73 South St., above Peel Pizza Co. Mail: Cohasset Mariner, 73 South St., Hingham, MA 02043.

Sports news: Will Wassersug at: wwassersug@wickedlocal.com

Obituaries: obits@wickedlocal.com

Advertising: Claudia Oliver at: coliver@wickedlocal.com

Please have your news to us by noon Wednesday for that week's issue, however, earlier is always better. Sports deadline is earlier (call Will Wassersug 781-837-4577 for details).

We welcome news tips and story ideas anytime. Between issues of the Mariner, you can check us out online at: cohasset.wickedlocal.com

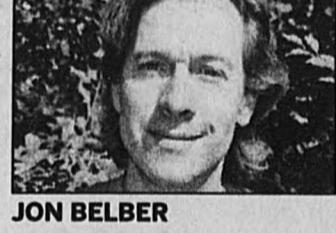
We couldn't do our job without help from the community. So let us hear from you!

Attachments should be



GROWING ON THE FARM

Plenty to keep on learning



JON BELBER

It is necessary to keep on working, even planting some fall seeds, and plenty of compost ingredients to gather for the year-long process of making compost. Much to do in these last hazy, hot days of summer.

As the vacation season comes to a close for many and the school year begins for teachers and students, there are still lots of sunny, summer days left for tomatoes to ripen, beans to grow, carrots to establish underground and projects to complete.

The fruits and vegetables of summer will keep on producing and coming in to harvest. But this is of little solace to the kids and adults who need to go buy school supplies, read required books and write formulaic reports. The farmer also has to write reports about crop successes and failures, about plans to sow cover crop and concentrate on the constant need to pull weeds.

It is necessary to keep on working, even planting some fall seeds, and plenty of compost ingredients to gather for the year-long process of making compost. Much to do in these last hazy, hot days of summer.

An Eagle Scout from Cohasset has gathered friends and helpers to construct a new, open three-bay compost bin at the farm. Perhaps the farm teachers and farmers can gather more ingredients for the new bins, as there are always

Lots of students, and maybe farmers too, need breaks, but find the time hard to get away when there is so much to do. I suppose many teachers need breaks

too. And now, at this time of year, when it seems hard to go back into another routine, it can also be exciting share stories, finish good books and write about the things that bring us joy and sorrow, too. The last chance for a swim in warm water, the last opportunity to lazily day dream on a hammock and the hope for one more ice cream cone should not be the cry and mantra for the end of August and early September.

As school begins, one can still have an ice cream, just on the way back from school. A swim in the warm September water may still occur, perhaps on the weekend. And why not combine an early, back-to-school reading assignment with some more hammock sitting?

Think of the farmers and the crops that have not stopped working and keep on producing. Soon we will need to stop and pause the outdoor farm work and rest a bit before

the seed catalogues roll into the mailboxes. But right now, it is glorious, end of summer harvest and good eats. This potentially difficult and hard time of transition will occur, as we dust the sand off our feet, while still dusting the dirt off of our farm shoes, only to get dirty again tomorrow.

Read on, write those reports and take stock in the ongoing hard work of farming, learning and growing. Happy Summer and see you at the farm, perhaps under a shady tree by the ever turning compost.

Jon Belber is a Scituate resident and the education director at Holly Hill Farm in Cohasset. He teaches students and adults about organic gardening and farming. His column appears twice monthly in the Mariner. He can be reached by email at jbelberhollyhill@hotmail.com. For information on upcoming programs at Holly Hill, visit www.hollyhillfarm.org.

PUSHING THE EDGE

Are you strong enough to show you're vulnerable?



GLENN MANGURIAN

4. Asking for help
- If you think you are supposed to know, how can you ever ask for help?

5. Acknowledging fears

We all have fears. Our greatest fear is that others will see our fears. Regardless of how much we try they will eventually become visible.

When any of these common sources present themselves, we often get defensive and may even act out. We act like we know. We blame others for a mistake. We stay the course without asking for help. We make believe that we are fearless.

When others allow their vulnerability to show, we consider them human with imperfections. In some

situations we admire those who display vulnerability as strong and courageous.

Pushing the Edge of Your Thinking

■ Where do you feel vulnerable?

■ What do you do to hide your vulnerabilities?

■ What is the worst thing that could if happen if others saw your vulnerability?

■ How do we teach our children that vulnerability is natural?

Glenn Mangurian is a Hingham resident of 25 years. He spends his time consulting and teaching leadership. He welcomes your comments and can be reached at gmangurian@frontierworks.com.

1. Admitting I don't know

The more educated we are and the older we get, the more we realize that we don't and never will know it all.

2. Owning my failures or

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HISTORY

Cohasset ready for Capt. John Smith Day

By Erin Dale
edale@wickedlocal.com

Plans for the town's 400th anniversary celebration of Captain John Smith landing in Cohasset are speeding along, with only two weeks to go until the festivities. The special day is slated for Saturday, September 13.

Cohasset is one of many towns along the east coast that are celebrating similar events — Plymouth is planning for its 400th anniversary of the Pilgrims landing in 1620.

"We are lighting the fuse," said Todd Goff of the Historical Commission. "The entire eastern seaboard is going to be celebrating" their historic landings. "It's important to give Cohasset's role in history its due justice."

The town and schools are all gearing up for the event, with students from all grade levels submitting art projects, poems, essays, journal entries and more. Their work will be exhibited at the Historical Society throughout the month of September.

Activities on the day of the event, including speakers, a Native American presentation with dancing and bread-making, and a Captain John Smith interpreter arriving by boat at Lawrence Wharf, have been designed with the whole family in mind.

"It's interesting for the kids, but we wanted to create several venues that would be attractive to a cross-section of the town," said Goff (see related story for schedule).

Events will be divided among four main areas of town: the Historical Society's Pratt Building (106 South Main Street), Town Hall (41 Highland Ave.), the square in front of the



An engraving of Captain John Smith, who landed in Cohasset in 1614. COURTESY ILLUSTRATION

Cohasset Harbor Inn (address), and the Lawrence Wharf Pavilion.

"We have keynote speakers and also have professional interpreters doing Indian reenactments on the square across from the hotel with open fire cooking and interpretive dance," said Goff. The day "culminates with Captain John Smith in full regalia sailing into the harbor."

The Historical Commission formed a subcommittee several months ago to plan the event. Goff said the group has met "no less than 10 times over the summer" (see sidebar).

The subcommittee has also worked on new signage for the pavilion area, where, in 1914, the town placed a bronze plaque commemorating the 300th anniversary of Smith's landing. The pavilion has stood since 1910, although it was previously thought that it was erected as part of the anniversary celebration.

The pavilion is currently under construction, with hopes that it will be restored in time for the Sept. 13 celebration. Renovations are being paid for with \$50,000 from the Community Preservation Act funds, as approved by the April 2014 Town Meeting.

Goff said that the idea was to restore the pavilion to its original glory, with the same type of roof — a raised, seamed pressed metal roof — that was installed in the early 1900s. Brian Joyce, the town's Director of Project Management and Planning, "has worked tirelessly" to have the renovation complete in time for the celebration.

Town Meeting also approved \$11,000 for new benches, signage, and a new bronze plaque. The plaque has been delivered and will soon be installed; it will be dedicated during a ceremony on John Smith Day.

Two new signs, one

400th Anniversary Subcommittee

Members:
Rebecca Bates McArthur
Todd Goff
James C. Morrison
Martha Gjestebry
Diane Kennedy
Jackie Dormitzer
Howie Altholtz
Fran Collins
Peter Wood
Barbara Dillon
Kathy O'Malley

describing Smith, the other Cohasset's native inhabitants, the Quonahassit Indians, will also be displayed on either side of the pavilion.

Goff said that the signs will be at a 45-degree angle facing the waterfront, so that folks "can stand and read the signs, and look out at the harbor."

While the new signage and plaque will be installed soon, the original 1914 plaque will also remain, said Goff. "We don't want to take away from the original ceremony," he said, adding however, "Now it's our turn to recognize this significant event."

Cohasset students are also getting a chance to leave their mark. Goff has been working as a liaison between the Historical Commission's John Smith Day subcommittee and the schools, coordinating with Osgood principal Bob LeCount and the school's art teacher.

"It is a very rare opportunity when you have a globally-significant historical event relevant on a local level that third graders can take part in," said Goff.

Look for more on this issue in an upcoming edition of the Mariner. Follow reporter Erin Dale on Twitter @ErinDaleMariner.

MARK YOUR CALENDAR

Celebrating Capt. John Smith's landing

SPECIAL TO THE MARINER

On Saturday, September 13, Cohasset will commemorate the 400th anniversary of the landing of England's Captain John Smith in Cohasset Harbor, marking the first exposure of the immediate area to European exploration.

A commemorative plaque will be dedicated at the pavilion on Lawrence Wharf, in concert with a series of talks, exhibits, and celebrations of the culture of the Quonahassit Indians.

"We are excited about the historical significance of this event and grateful for the hard work of the Cohasset citizens who served on the Captain John Smith Day Committee," says Rebecca Bates-McArthur, Chair of the town's Historical Commission.

Featured speakers will include Professor Emeritus Neal Salisbury of Smith College and Linda Coombs, Program Director of the Aquinnah Cultural Center.

Professor Salisbury, an expert on the history of relations between European colonists and Native Americans, is the author of *Manitou and Providence: Indians, Europeans, and the Making of New England, 1500-1643*. Ms. Coombs is a speaker, author, and historian from the Wampanoag Tribe of Gay Head on Martha's Vineyard.

In addition, Captain Smith's landing will be reenacted at 3:30 p.m. on Saturday, before the dedication ceremony at Lawrence Wharf. "Captain Smith" (Joe Hamilton, of Cohasset) will share his observations on the importance of his landing.

Preceding the landing will be a performance of Wampanoag dancers and demonstration of Indian bread making on Pvt. John Sidney Square, the triangle at Elm and Margin Streets.

Events will begin on Friday, September 12, with a reception in honor of Ms. Coombs and Professor Salisbury, from 6:00 to 8:00 p.m. at headquarters of the Cohasset Historical Society, 106 South Main Street. Featured as exhibits at the reception will be art and writing projects done by students from the Middle-High, Deer Hill, and Osgood Schools, on display throughout September.

Kathy O'Malley, President of the Historical Society, says, "We are so pleased to be participating

with the Town in this very significant event."

The Historical Society will open the exhibits again at 11:00 a.m. on Saturday, and at 1:00 p.m. Professor Salisbury and Ms. Coombs will give their illustrated presentations in the auditorium of Town Hall, 41 Highland Avenue.

There will be sufficient time afterwards for participants to walk or take a shuttle to Pvt. John Sidney Square to see the Indian dancing and bread-making demonstration, beginning at 2:30.

Parking will be tightly restricted around Cohasset Harbor, so participants are urged to park in the Town Hall lot, the town lot behind the shops on South Main Street, or on-street spaces surrounding the downtown area.

From 1 to 4 p.m., a Coast Guard vessel will be docked at Lawrence Wharf for viewing.

Following the landing of "Captain Smith," at 3:30, the ceremonies leading to the dedication of the 400th anniversary plaque will be moderated by Chris Senior, Cohasset Town Manager, starting at 3:45. Citations and proclamations from town and Commonwealth officials will be delivered, followed by the official acceptance of the plaque by town officers.

The celebration is the result of months of meetings of a town citizen committee, including members of the Cohasset Historical Commission, the Cohasset Historical Society, and other individuals and representatives of schools and organizations in Cohasset. The teachers, students, and administration of the Cohasset Schools dedicated a part of their curricula to creating the student projects.

Financial support for the commemorative plaque and renovation of the Lawrence Wharf pavilion was received from the Community Preservation Committee. The private Historical Society is sponsoring the reception and production of the commemorative booklet, which will include acknowledgment of supporting donations and sponsorships.

Contact: James C. Morrison, Cohasset Historical Commission, j.c.morrison@me.com, 781-383-2121.

LESSONS LEARNED

Fears that come back to haunt us



RICHARD MCMANUS

'The rapid transformation, from immensely successful learner to frightened girl reminded me that we each can carry the pointed, dangerous spear points of previous failure within us.'

Iain beneath the surface throughout her happy successful summer.

We must take risks to advance, we must reach out, sometimes looking graceless and exposed as we take a chance to do something new, something radical. Each time we take that risk, spread-eagled in flight, we are vulnerable to those tiny spears we have within us. "Will I make this leap?"

Those tiny fears can crop up despite extensive proof that we have nothing to fear, that we are doing just fine. One of my daughters was preparing for college some time ago. Throughout much of her school life she was extremely successful, especially as she blossomed in her last two years in High School. Her grades and her level of effort climbed together, but despite this, she still lived in the shadow of her second grade self.

When she was in second

grade she appeared sad and withdrawn. She would come home appearing to carry bricks in her backpack, looking pinched and frightened. Her teacher told my wife that she suspected my daughter had "ADD, the quiet kind."

Her big sister overhearing us discuss how worried her little sister appeared said something deeply profound. "Well dad, we are kids, and school is our work. If it isn't going well we are going to worry." Third graders have the clearest worldview. We talked with my daughter about what was happening to her at school. "Oh, it's fine. I am just trying to be invisible." This from a girl who was solid brass at home or in gatherings of my large, talkative and assertive extended family. "Trying to be invisible" became her modus operandi for most of her school life. The thoughtful, observant and successful

girl we knew at home was almost never the girl that her teachers and fellow students saw.

The girl that was not invited to take calculus by the math department was not the girl who worked hard all summer to be ahead of the game, prepare for calculus, and raise her SAT scores. She became increasingly ready to go to an engineering school. The girl we knew would skewer us with a nasty crack and a subtle smile, but that girl was appreciated only by a select group of her closest friends. "I don't know why but I seem to hang out with kids much smarter than I am." The maximum merit scholarships she won did not convince her that she was fittingly with "the smart kids." She was still trying to be invisible when a perfect AP score came in this summer. Finally she banished her long time fear and let us celebrate her intelligence, her hard work,

and her wonderful level of effort. As she prepared for her first year in college she saw herself the way we see her, and the tiny spears were covered and hidden well within her, and I sincerely hope they are dulled forever.

I think of Rose, and the struggle she is going through now, as she faces second grade, her confidence has been bolstered and the fears are well hidden again. I think of my daughter's journey, from the frightened girl who hid behind invisibility for those many years in school to the confident, beautiful girl we took to college. I pray Rose will dull the points of those spears and be the triumphant girl we see, and I pray my daughter will always be that woman.

Richard McManus is director and founder of the Fluency Factory in Cohasset.

One of our students, let's call her Rose, has flourished all summer. Every week she has grown stronger, more able in everything she works on. Her successes have brought her the most charming, lovely smiles, and she practically glows as she works on her reading. As we work with her we each find ourselves raising the bar, expecting more, and constantly getting it. Sometimes she seemed like Icarus, spiraling continuously upward, flying higher and higher. Her work had been so amazing, her progress so rapid, that we never saw the residue of failure, lurking in the shadows of her mind. Until one day, in raising the bar, Amy, asking for more and more quickly, crossed some kind of threshold. The charming girl with the lovely smile threw the teachers manual at Amy, then ran to the bathroom to try to recover. Rose didn't fly too close to the sun, she was stabbed and stopped by sharp, stinging points of doubt. The rapid transformation, from immensely

emotion,

emotion that had

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DISHING IT OUT

Say 'hello' to Hola

Meet owner Maryann Saporito Boothroyd

By Alice Coyle
acoyle@wickedlocal.com

We're Dishing it Out this week at restaurant Hola in Marshfield where owners Andrew Boothroyd and Maryann Saporito Boothroyd serve up innovative and fresh Spanish and Latin cuisine including hot and cold tapas, flatbreads and daily specials.

Name and position:
Maryann Saporito Boothroyd, chef and owner.

How long have you been open?
Seven years this month.

How do you describe the kind of food Hola serves?
We serve Spanish, Central American and Mediterranean inspired cuisine, including Tapas and flatbreads some of which are traditional, some are our own take. We owned an Italian restaurant before - Saporito's in Hull - and we wanted to try something different with Hola. We love tapas and the small plate thing. It's lighter fare and gives our customers a chance to try different dishes.

Describe the ambiance at Hola:
Warm and inviting, casual, relaxed and fun. An artist friend hand painted the walls inside (in hues of gold and clay). We also offer communal table in the center of the dining room which our customers really like. And our cozy outdoor patio with the large stucco fireplace is also popular with diners.

Favorite dish on the menu:
It's on the cold tapas menu — the Ahi tuna with mango-cucumber slaw, mojo & chili oil. Other dishes popular with our diners include the curry fried green beans with lemon aioli (on the hot tapas menu) and our coffee &



The Ahi Tuna cold tapas is one of Hola owner Maryann Saporito Boothroyd's favorite dishes on the menu.



Owner and chef Maryann Saporito Boothroyd prepares one of her favorites — Ahi tuna with mango-cucumber slaw, mojo and chili oil. WICKED LOCAL PHOTOS/Alice Coyle

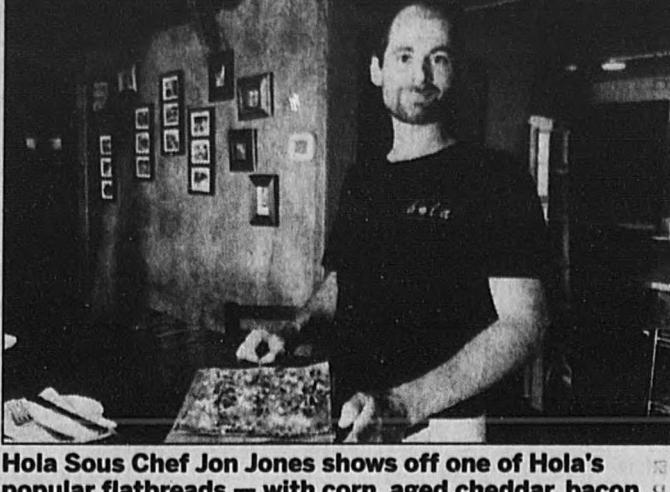
ONLY ONLINE

See food online!

Watch the video of Hola chef Jon Jones preparing some of the tapas restaurant's most popular plates on your wicked local website!



Hola owner Maryann Saporito Boothroyd behind the bar at restaurant Hola in Marshfield.



Hola Sous Chef Jon Jones shows off one of Hola's popular flatbreads — with corn, aged cheddar, bacon and scallions.

What's new on the menu?

We'll be adding a pulled pork flatbread to the lineup in the fall. Right now, the local corn is great so we have been serving a grilled Mexican street corn which is served with aioli and grated Cotija cheese (it's like the parmesan of Mexico).

How often does the menu change?

In addition to our daily specials we add items to the menu seasonally based on what fresh produce is available.

What vegan, vegetarian or gluten free options are offered?

Many of the dishes on the menu are vegetarian and customers can specify any special dietary needs when ordering. For instance, we can do any of our flatbreads gluten free by using corn tortillas.

Does Hola offer takeout?

Our entire menu can be ordered as take out. And our flat breads can be sold uncooked — they take only

about 4 minutes to cook in a 450-degree oven.

What's on tap at hola?

We offer four different craft beers on draught (you can try them all by ordering a Four Tap Beer Flight) that we change up seasonally and we have many others available in the bottle. As for wines we offer many Spanish, Argentinean and Chilean wines, but also some from California. We also have an innovative cocktail list keeping up with the latest trends.

The best thing about working here:

We have wonderful regular customers who dine with us often, a great staff that likes what they are doing and it's

a fun place to work. And I live close by and on a nice day I can walk to work.

What makes restaurant Hola stand apart from other restaurants in the area:

Besides the small plate and tapas concept which is pretty unique, I think we have really great, fresh food. It's really tasty, with lots of flavor. There is nothing boring on the menu and we change things up to stay interesting and keep people coming back.

About Hola:

Located at 10 Library Plaza in Marshfield, Mass., Hola opens at 5 p.m. and serves dinner until 9 p.m. Tuesday-Thursday, until 10 p.m.

Friday and Saturday. Hola is closed Sunday and Monday. Dress is casual and dishes range in price from \$6-\$13.50. Hola does not take reservations and accepts Mastercard and Visa only.

Private functions and parties - birthdays, showers, and small weddings can be booked on Saturday or Sunday afternoons by calling 781-837-2900. Outdoor dining is available on the patio, which features a large stucco fireplace. Visit www.restaurantola.net for menus including Hola's wine and cocktail lists or call 781-837-2900.

Beacon Hill Roll Call



By Bob Katzen

bob@beaconhillrollcall.com

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If you have any questions about this week's report, e-mail bob@beaconhillrollcall.com or call 617-720-1562.

Y = Yes; N = No, NV = No Vote (President rarely votes) * Not every item is voted on by both House and Senate

THE HOUSE AND SENATE: Beacon Hill Roll Call records the votes of local representatives and senators on three roll calls from prior legislative sessions.

\$250,000 TO RETAIN TEACHERS (H 4242)

House 135-15, Senate 38-1, overrode Gov. Deval Patrick's veto of the entire \$250,000 for the Educator Mentor Corps that uses retired teachers to mentor newer public school teachers. Supporters of keeping the \$250,000 said between 30 percent to 50 percent of teachers leave their jobs during their first three years in the classroom. They noted this successful program uses experienced teachers to help support, inspire and retain the next generation of teachers, especially in urban areas.

In his veto message, Gov. Patrick said he vetoed the funding because the program was "not recommended."

(A "Yes" vote is for the \$250,000. A "No" vote is against it.)

\$183,000 FOR NEW ENGLAND BOARD OF HIGHER EDUCATION (H 4242)

House 150-0, Senate 36-3, overrode Gov. Patrick's \$183,000 veto reduction (from \$367,500 to \$184,500) in funding for the New England Board of Higher Education. The board is made up of leaders in education, business and government from the six New England states and provides tuition savings to any New England resident who attends one of many public New England colleges to study certain majors which are not available at his or her own state's college. It also has a Policy and Research arm that serves as a resource to education, government and business leaders throughout New England on issues related to higher education and workforce development.

Supporters of keeping the \$183,000 said the cut will hurt the state's participation on the board which has resulted in substantial savings for Massachusetts residents who attend public colleges in other New England states.

In his veto message, Patrick said that he reduced the funding to an amount consistent with his original budget recommendation.

(A "Yes" vote is for the \$183,000. A "No" vote is against the \$183,000.)

\$750,000 FOR TUFIS VETERINARY SCHOOL (H 4242)

House 152-0, Senate 38-1, overrode Gov. Patrick's \$750,000 veto reduction (from \$5,550,000 to \$4,800,000) in funding for Tufts Veterinary School in North Grafton. Supporters of keeping the \$750,000 said that the funding is important to this college that welcomes 300 new students annually to its four-year academic programs which offer a degree in veterinary medicine. They noted that the school also has three hospitals that treat an estimated 28,000 animals annually and conducts groundbreaking research that benefits animals and people.

In his veto message, Patrick said that he reduced the funding to an amount "projected to be necessary."

(A "Yes" vote is for the \$750,000. A "No" vote is against the \$750,000.)

ALSO UP ON BEACON HILL

\$50 FINE THRESHOLD (S 2340) - The House gave initial approval to a Senate-approved proposal changing the threshold at which a person with a suspended license is required to pay a \$50 surcharge with half of that going to the Spinal Cord Injury Trust Fund and the other half to the General Fund. Current law imposes the surcharge on a driver with five or more moving violations or surchargeable offenses in a three-year period. The bill would change that threshold to three surchargeable events within any two-year period or seven surchargeable offenses within any three-year period.

FLAG FOR FAMILIES OF FALLEN POLICE OFFICERS (S 2344) - The House gave initial approval to a Senate-approved bill providing a Massachusetts state flag to the family of any state police officer killed in the line of duty. The flag would be presented at the funeral.

NATIONAL GUARD (H 4109) - The House gave final approval to a new version of a measure originally filed by Gov. Patrick making changes in the state's National Guard system. When he originally filed the bill, Patrick said, "This bill modernizes the Guard's governing statute, which was last revised in 1953, and brings Massachusetts into conformity with the overwhelming majority of states. This legislation will facilitate the work of the Guard and strengthen the Commonwealth's readiness and resiliency."

Supporters said the laws governing the Guard's operation have not been updated since 1954. They noted this bill will bring the Guard into the 21st century in many areas including current gender neutrality standards of discrimination.

The bill needs only final Senate approval prior to it going to the governor for his signature.

SPECIAL COMMISSION ON YOUNG PROFESSIONALS (S 2339) - The House gave initial approval to a Senate-approved bill establishing a special commission on young professionals to examine how the state can better engage, involve and educate young professionals in decisions and policies that affect them. The commission's goal would be to determine a strategy to retain and attract young professionals to live, work and play in Massachusetts.

GYM CLASSES (S 2047) - The Senate approved and sent to the House a bill that would amend the current law that requires physical education to be taught as a required subject in all grades for all students but allows cities and towns to determine the amount of mandated time. The measure requires that the instruction be age-appropriate and include physical activity, nutrition and wellness with a focus on physical competence, health-related fitness and enjoyment of physical activity that benefits children physically, cognitively, emotionally and socially. Another provision requires the education commissioner to conduct an evaluation of the duration, frequency and content of current physical education classes and to report findings to the Legislature.

Supporters said that it is time to ramp up physical education requirements. They noted childhood obesity has increased 300 percent over the last three decades and led to an increase in heart disease, diabetes and other obesity-related diseases.

ROBOTIC SURGERY (S 2261) - The House gave initial approval to a bill creating a special commission to investigate the use of robotic surgery in Massachusetts. Robotic surgery is a method in which the surgery is performed using small tools attached to a robotic arm controlled by the surgeon with a computer.

Supporters said it is important to get a handle on this surgery that is rising in popularity. They noted there are increased reports of complications from robotic surgery and questions about whether some surgeons have the skill level to perform this surgery.

REGULATED PORTABLE ROCK CLIMBING WALLS (S 2253) - The Senate gave final approval to and sent to the governor a bill requiring companies that set up portable rock climbing walls higher than 12 feet to be equipped with an inflatable protective base and guardrail surrounding the base of the wall. The measure also requires that all climbers use a safety harness and a helmet.

Supporters said this popular but potentially dangerous industry should be regulated in order to prevent injuries and save lives.

PROTECTING ANIMALS (S 2345) - Gov. Patrick signed into law a bill increasing the prison time and fines for committing animal abuse. The measure increases the fine for a first offense from \$2,500 to a maximum of \$10,000 while raising the maximum prison sentence for a first offense from five years to seven years. The measure also requires veterinarians to report suspected animal abuse and create a special taskforce of experts to review methods to prevent animal abuse and punish those who commit it.

Supporters say the bill was filed in response to the "Puppy Doe" case in which a dog was euthanized after she suffered extensive injuries, including a stab wound to her eye and burns to her body.

They argued it is time to increase the punishment and fine for these offenders.

Animal advocacy organizations generally support the increased penalties. Some of these groups, however, say the bill was severely weakened by removing provisions that would have created an animal abuse hotline and a registry to prevent known abusers from adopting or buying an animal. They question whether abusers take the animals they've harmed to veterinarians.



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Room 479

Volume 39

Report No. 34

August 22, 2014

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MUSEUM

New South Shore Children's Museum opens

Hanson Children's Museum now at Hanover Mall

By Natalie Ornell

Five years after it was created as the Hanson Children's Museum, the not-for-profit museum has a new, larger location at the Hanover Mall and a new name – the South Shore Children's Museum.

Founded in 2009, the organization started as a traveling exhibit, visiting schools and libraries to introduce kids to American history. It created a permanent exhibit in a small space in the Sears wing at Hanover Mall a year ago. It now occupies a larger two-room space in the Macy's wing. "Our other space was a vanilla box," said Juvelyn Hartweg, founder and director of the museum. "For any museum, this is a turning point. We need to draw in the funding from local businesses and from federal and state grants," she said.

Hartweg said around half of visitors stumble across the museum with no advance planning. The other half hear about the museum through word of mouth or advertising such as the museum's sign on Route 53.

The South Shore Children's Museum isn't the first to locate in a shopping mall.

There are children's museums at malls in Falmouth and in Iowa, Virginia and New Jersey. "It's an up-and-coming trend," Althea Johnson, president of the South Shore Children's Museum, said. She said that malls want to be family-oriented.

The museum in Hanover includes the history of the Old North Church, a quilting table, a covered bandwagon, a Native American Experience exhibit and a cranberry bog exhibit. The museum is raising money for a Mount Rushmore exhibit.

Hartweg became passionate about museums when she was a babysitter and realized that kids need to play and learn in an interactive space. "It's not a looking museum. It's a touching museum," she said.

"I think it's very fun and good for littler kids," said Ethan Olson, a 10-year-old Cub Scout from Rockland. "When I came here, I thought it was one of my favorite places in Hanover. I like the Indian exhibit. I just like how you can interact with stuff; they would wear like animal tails."

Dave Capozzi of Weymouth took his 5-year-old daughter, Annabelle, to the museum on

its opening day Saturday. "My mother loves taking her here. It's great. She could spend hours here."

Celia Nolan of Hull brought her children to the museum's opening day. "I think it's fantastic. It's definitely more play-focused." She said the museum in Hanover is more convenient than other larger children's museums that would require more elaborate planning to visit.

"I think this is the best idea ever. Teaching kids history, not just jumping on jumpy horses," said Joanna Lomba of Pembroke, who also brought her children.

"There's nothing like this on the South Shore," Jennifer Savio, a member of the board, said.

Board member Jean DiGiacomandrea said she is hopeful the museum will continue to grow. "Our own building would be wonderful," she said.

The museum is open from 10 a.m. to 7 p.m., Tuesday through Saturday and also hosts birthday parties. Admission for kids and adults is \$3.

Natalie Ornell may be reached at nornell@ledger.com.



22 month old Nathaniel Lomba of Pembroke plays in the Cranberry Bog exhibit at the relaunched South Shore Children's Museum at the Hanover Mall. NATALIE ORNELL / THE PATRIOT LEDGER



Dave Capozzi of Weymouth took his 5-year-old daughter Annabelle to the South Shore Children's Museum on its opening day Saturday in a larger space at the Hanover Mall. NATALIE ORNELL / THE PATRIOT LEDGER



Larissa Lomba, 5, of Pembroke interacts with exhibits at the South Shore Children's Museum on its opening day in a larger space at the Hanover Mall. NATALIE ORNELL / THE PATRIOT LEDGER

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SPORTS

QUESTIONS? Contact Sports Editor William Wassersug at 781-837-4577 or wwassersug@wickedlocal.com.

SPORTS NOTES

Send your stuff

William Wassersug is the Sports Editor for the Cohasset Mariner.

Please send your stories and photos or story ideas to wwassersug@wickedlocal.com and follow him on Twitter @scifisportsguy

YOUTH BASEBALL

Cohasset Baseball registration open

Registration for the CYBSA's fall baseball season is open through August 31. "Fall Ball" is a relaxed baseball season with games held only on Sundays at the Barnes fields.

The season will run 7 weeks, from September 13 through October 25, with playoffs the weekend of November 1.

Depending on the number of participants, there will be three leagues based on the player's age on April 30 of 2014: a 5/6 league, a 7/8 league, and a 9/10/11 league.

Please refer to the CYBSA website at CYBSA.net for expected game times and registration information.

FIELD HOCKEY

Coaches wanted

Cohasset Youth Field Hockey is looking for coaches for the upcoming season.

Previous coaching experience is preferred and coaches should be current or former players.

Beth Marsden
Gilman at bmarsden62@gmail.com

YOUTH HOCKEY

Coastal Stars registration

The Coastal Stars U6 (Instructional) Youth Hockey registration for the 2014-15 season is now open at www.coastalstars.com. Instructional hockey is typically for boys and girls who have previously participated in some form of learn to skate program and are ready to begin playing hockey, although no prior experience is required to register. All players born Jan. 1, 2008 and later will be required to play U6/Instructional for the 2014/2015 season.

The cost for U6 will be \$695 for the season, and will include a weekly game and practice.

SEE NOTES, B2

FOOTBALL

At the car wash

Football team holds car wash fundraiser

Sunday, August 24, the Cohasset football team conducted their annual car wash fundraiser.

With beautiful weather throughout, the event was a tremendous success. Parents, neighbors and friends turned out in impressive numbers to show their support of the

football program. The work of the players and coaches, with assistance from key volunteers, delivered clean vehicles and satisfied customers (even the Cohasset Fire Department left with a sparkling fire engine).

A special thanks goes out to Bill Cavanaro, the owner

of Cohasset Collision. Bill has been a tireless supporter of Cohasset football for years and donates the use of his facility, water, utilities and cleaning supplies.

Without his generosity, the car wash would not take place.

With such a strong



The Cohasset football team poses in front of a freshly washed Cohasset fire truck. The team washed the truck during their annual fundraising car wash last weekend. COURTESY PHOTO

showing from the town of Cohasset, the 2014 football season has started in fine

fashion. Thanks again to everyone involved.

HALL OF FAME

2014 inductees announced

Eleven individual and two teams to be honored

The Cohasset Mariner

The Cohasset High School Athletic Hall of Fame Committee is excited to announce that eleven individuals and two teams have been voted into the CHS Athletic Hall of Fame as the Class of 2014 to be inducted on November 27th and 28th, 2014.

The following individuals were voted in as members of the CHS Hall of Fame Class of 2014:

1. Matt Belson '97 Lacrosse;
2. Tony Bogarty '86 Basketball;
3. Kate Carroll '95 Soccer;
4. James Creed '86 Basketball;
5. Jack DeLorenzo, School Administrator;
6. Gino DiGirolamo, School Administrator;
7. Pam Hobbs Atkinson '69 Tennis;
8. Katie Lord Naples '89 Skiing, Soccer;
9. Danny Pompeo '88 Ice Hockey;
10. Mike Rossi '99 Wrestling;
11. Jon Sargent '73 Basketball

The 2014 CHS Athletic Hall of Fame Team inductees are:

1. 1999 Wrestling Team — Pilgrim Conference Champions, South Sectional Champions, MIAA Div. 3 State Finalists;
2. 2003 Girls' Tennis Team — South Shore League Champions, South Sectional Champions, MIAA Div 3 State Champions.

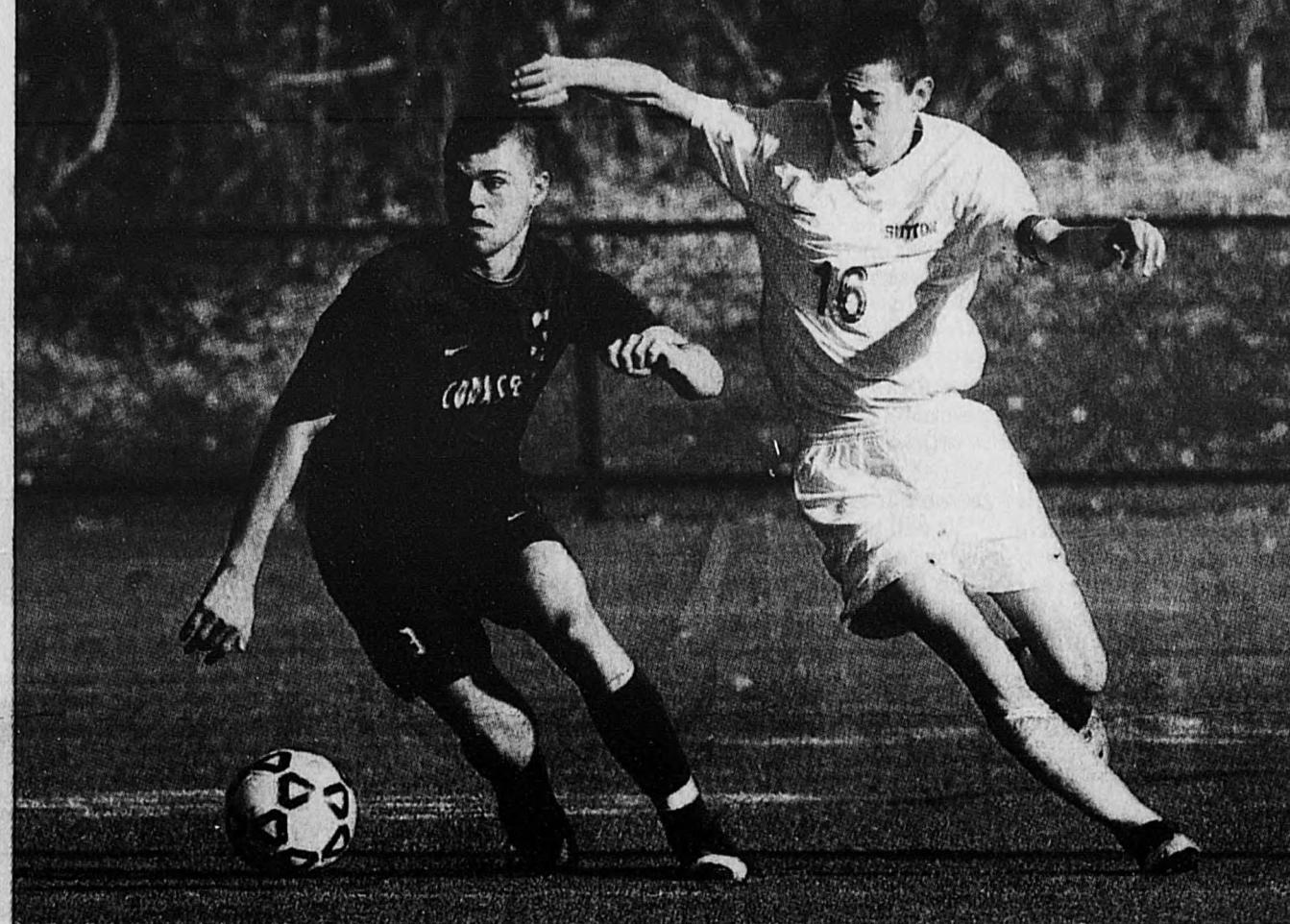
For more information on the Cohasset High School Athletic Hall of Fame visit us on Facebook at: www.facebook.com/pages/Cohasset-High-School-Athletic-Hall-of-Fame/119142731441012

You may visit us at our High School Athletics webpage at www.cohassetk12.org

You can also reach the CHS Athletic Hall of Fame Committee by contacting Athletic Director Ron Ford at: Cohasset Middle - High School, 143 Pond St., Cohasset MA 02025, Office: 781-383-6103, email: rford@cohassetk12.org

BOYS SOCCER

Promising outlook



Cohasset's Sam Morris returns to the Skippers as a senior captain. The Skippers are coming off a huge season that brought them all the way to the State Championship game. WICKED LOCAL STAFF FILE PHOTO/ROBIN CHAN

Skippers feeling good about upcoming season

By William Wassersug

wwassersug@wickedlocal.com

There's still a week to go until Cohasset High School boys soccer coach leads his team into battle against Norwell, but the early prognosis is a good one for the long-time skipper.

The team took a team-building road trip to

Western Mass., where they were able to take a long hike through the beautiful scenery near Willis grew up.

More importantly, at least on the soccer front, the team was able to get some games in against some of the top talent in that part of the state, including Athol, Hopkins

Academy and Sutton.

"It was great," Willis said of the trip. "I went to Athol," Willis said. "I know the coach there. He's a friend. Hopkins Academy is a public school in Hadley. It was the first school I coached at. I coached the JV while I was in college."

Over the three games, Cohasset finished 2-1,

beating Athol 2-0, Hopkins 5-0 before a close 3-1 loss to Sutton, last year's Division 4 State Champion and the team that beat Cohasset in the State Championship game. Sutton has won three titles in a row.

Last year, Cohasset finished 18-5-2 and made it

SEE SOCCER, B2

LACROSSE

Shuckers take title

Cohasset Over-40 lacrosse wins league crown

The Cohasset Mariner

back from a 5-3 halftime deficit led by the Hansen Brothers, Tom (Cohasset) and Tucker (Hingham).

Tom tallied three goals, while Tucker put away two including the game-winner in double overtime to knock off the Narragansett squad.

The team will be back in action next summer to defend their South Shore Title.



The Shuckers Over 40 Lacrosse team, based at Alumni Field, won their league championship at Brown University on Tuesday.

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Big fans



Felix Stuart, 6, Madeleine, 3, and their brother Benjamin, 3, of Cohasset cheer on their dad, Noah, during Hingham's End of Summer Classic at Bare Cove Park on Friday, August 2. There were approximately 350 participants in the 7th year of the End of Summer Classic. Proceeds from the race goes to the Friends of Bare Cove Park which helps funds the park and doggy bags. WICKED LOCAL STAFF PHOTO/ROBIN CHAN PHOTO

SOCER

From Page B1

to the school's first State Championship game in boys soccer since 1989.

This year's team will be led by a trio of senior captains, who are all four-year starters.

Senior goalie Pat Federle is one of the top goalies in the state, and his experience against top competition in both the regular season and

tournament should benefit him this year.

"Pat was All EMass. Last year and he's been All-League for two years," Willis said. "He's a great goalie. He will be even better this year after playing such great competition last year."

Federle won a number of low scoring games and some shootouts in the tournament.

Offensively, Cohasset lost 47 goals through graduation, as Joe Buckley

and Ryan McKeon both graduated.

Willis is thinking this year the scoring will have to come from elsewhere.

"It will be hard to replace those goals," Willis said. "We'll try to be more balanced."

Some of that slack might be picked up by junior striker Matt Legge and senior striker Dan Surkovic, who missed most of last year with an injury.

"We're hoping Dan will be

healthy this season," Willis said.

Getting back to the senior leaders, senior Teddy Craven will be a captain.

"Teddy has been the anchor of our defense," Willis said. "This year we're moving him to the midfield. He's been an All-League selection and last year he was the MVP of our tournament. He played four 20-plus goal scorers in a row and kept them all down. He's an outstanding player."

Cohasset's third captain is Sam Morris, who will also be in the midfield. Morris has played central midfield since his freshman year.

Cole Morrison and Schuyler Van Pelt are also senior starters.

Morrison is a central midfielder and Van Pelt is a defensive center-back.

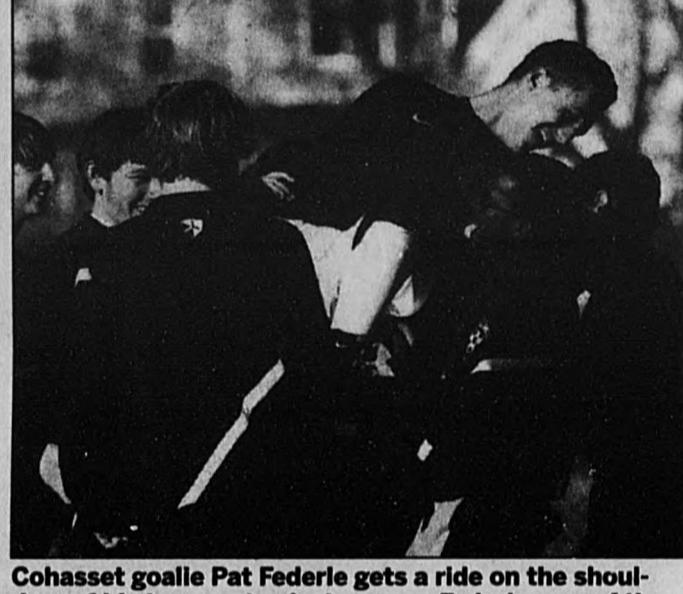
Willis likes the way the team shapes up in the middle and back.

"We have five senior starters in the middle and back," he said. "That gives us stability in the back and middle. The rest of the starters will be new. We have a bunch of guys who have played before and come off the bench."

Sophomore Mathias Loft was the team's third leading scorer last year while coming off the bench as a freshman. He'll be up front this year, and sophomore Mitchell Buckley is expected to start outside midfield. Freshman Cam Pattison will also play in the outside midfield slot.

As for team goals, not much has changed.

"Our first goal is to make the tournament," Willis said. "And we also want to make a run at a league title. We always want to win a



Cohasset goalie Pat Federle gets a ride on the shoulders of his teammates last season. Federle, one of the top goaltenders in the state, will be front and center in net when the season gets underway next Friday. Wicked Local STAFF FILE PHOTO/ROBIN CHAN

league title."

That is easier said than done.

"The league has changed this year," Willis said, adding that Cohasset plays in the small school side of the league. "There's a large school and small school. In the past, Norwell had been the team to beat, but they're on the other side now. On the other hand, four of the last five league champs have been from what would be the small side. We'll just play our best and see what happens. I think we match up well in the league."

When it comes to the tournament, Willis doesn't know what to expect.

"Last year it was all seniors," he said of the Div. 4 tournament. "This year there are a lot of unknowns. I think we'll be competitive. We're pretty good."

Cohasset only plays Norwell once this season, in the opener next Friday, but will have a very strong

NOTES

From Page B1

The Coastal Stars Youth Hockey Program is a non-profit organization that offers the children of Marshfield and Cohasset the opportunity to play hockey. Contact Instructional level director Derek Holte at derek@derekholte.com with any questions regarding the Coastal Stars Instructional program.

COLLEGE SOCCER

Sears at Stonehill

Good luck to Cohasset's Danielle Sears (Thayer Academy) who will be a key defender for the Stonehill College Women's soccer team this season.

Sears, a senior, started 18 games for Stonehill last year.

YOUTH BASEBALL

Braintree Baseball Club Fall Ball

The BBC is accepting registrations for their fall baseball program for ages 8 and up.

Players from all the South Shore towns are invited to attend.

To register email Jim Joyce: ijoyce@brain-treebaseballclub.com

For info www.brain-treebaseballclub.com

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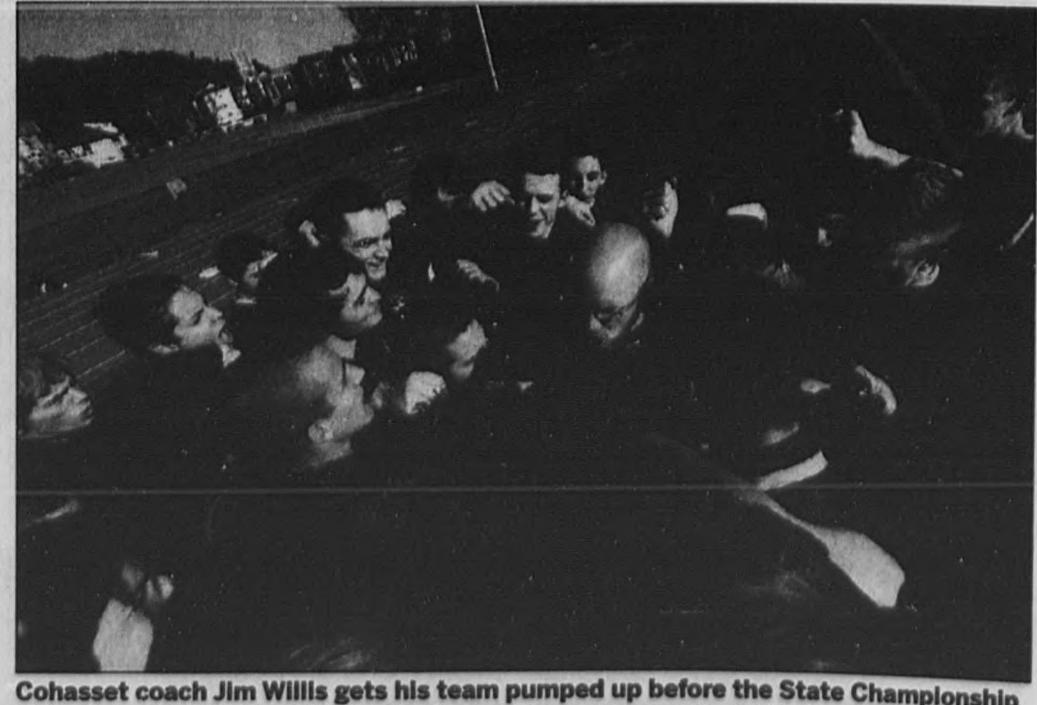
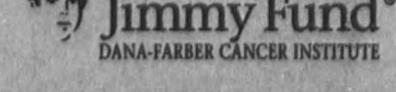
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Cohasset coach Jim Willis gets his team pumped up before the State Championship game last year. Willis and his squad open the new season next Friday against Norwell. WICKED LOCAL STAFF FILE PHOTO/ROBIN CHAN

HOCKEY

Stingers win opener

By Mark Ducharme
Correspondent

The defending Legends Div. Champion Stingers used their balance to win their South Coastal Hockey League title and they started their season in the same way. The Stingers had four different goal scorers as they pulled out a 4-2 win over the Toros.

Chris Poudrier, Tom Williams, Peter Tamborella and Steve Lemish both of Pembroke scored a goal each.

Hanover's Dave Christensen assisted

on two of the goals. Stingers goalie Mark Frano also of Pembroke had a strong game in goal. Dennis Yates and Scott Morgan of Hanover scored the goals for the Toros.

The Red Wings new forward Peter DelPrete scored a goal and assisted on two others in the first two periods to lead them to an opening game, 5-1 win over the Black Hawks in a Classics Div. game.

Tom Pipenbrink also scored a goal and assisted on two others for the Wings, while Scott Varley had a

goal and an assist. Kevin Barnard and Scott Mondeau added a goal each for the Red Wings and Tony Rota scored a shorthanded goal for the Black Hawks in the third period.

The South Coastal Hockey League will take the Labor Day Weekend off.

They will return on Sept. 7 with their new Relics Div. at the Hobomock Arena which will feature Rene Rancourt singing the national anthem and former Bruins star Derek Sanderson also appearing at the rink.

YOUTH SWIMMING

Kingfish to hold tryouts

Kingfish Swimming, the premier swimming program on the South Shore, is holding tryouts in September. All levels of swimmer are invited to attend, and all those that try out will be properly placed, whether on the competitive team, recreational team, or the coached swim clinic.

Kingfish has just come to the end of yet another highly successful season, where swimmers excelled at all levels, including regional and national.

Anyone interested in taking their swimming to the next level will have the opportunity to work with some of the best coaches and athletes on the South Shore.

"At Kingfish, we work with swimmers of all levels, from beginners to Olympic-caliber athletes," said Jay Craft, head coach of Kingfish Swimming. "By creating a positive environment that's both fun and competitive, we empower our athletes to excel, both in swimming and in life."

The tryouts will be held at the Kingsbury Club in Kingston (186 Summer St.) and are as follows: Sept. 2, and Sept. 4. Both tryouts will take place at 7 p.m.

Each swimmer needs only to come to one of the tryout. Call registration chairperson Lynn O'Neil at 774-766-9063 or email her at loneil@kingfishswimming.com if you have any questions or would like to schedule a tryout. Also, for more information, visit www.kingfishswimming.com.

BASKETBALL

International basketball tours planned for spring 2015

The New England Colonials International Basketball Club is offering two overseas tours for high school players in grades 10 and 11 during the upcoming school year. The Colonials program is in its 35th year of conducting outstanding international tours and exchanges for New England students.

In March 2015, the Colonials Rovers team will travel and play in Scotland, England and Ireland. This tour has been specifically scheduled for players in independent and private schools that have a March vacation. New England public and parochial school players who have an

April vacation are eligible for our Colonials Ambassadors team that will visit and play in Switzerland and Italy. Both tours are for players with significant varsity or JV experience and a strong commitment to their school and community. As on all Colonials tours, players will be hosted by the families of their basketball peers.

The New England Colonials program was founded in 1980. We are a nonprofit, volunteer-run organization that has as its central purpose the fostering of friendship and understanding between New England student-athletes and their peers

around the world. Our teams do not hold tryouts and applicants must be in good academic standing and capable of handling a high level of competitive play while meeting the demands of ten days of international travel.

For additional information about our Spring 2015 tours, please contact Scott Bryson at 508-734-5660 or by E-mail at necolonials@aol.com. Interested parents and players may learn more about the New England Colonials' history and programs online at the team's website located at www.NewEnglandColonials.net.

Back to School

Inside Today's Paper

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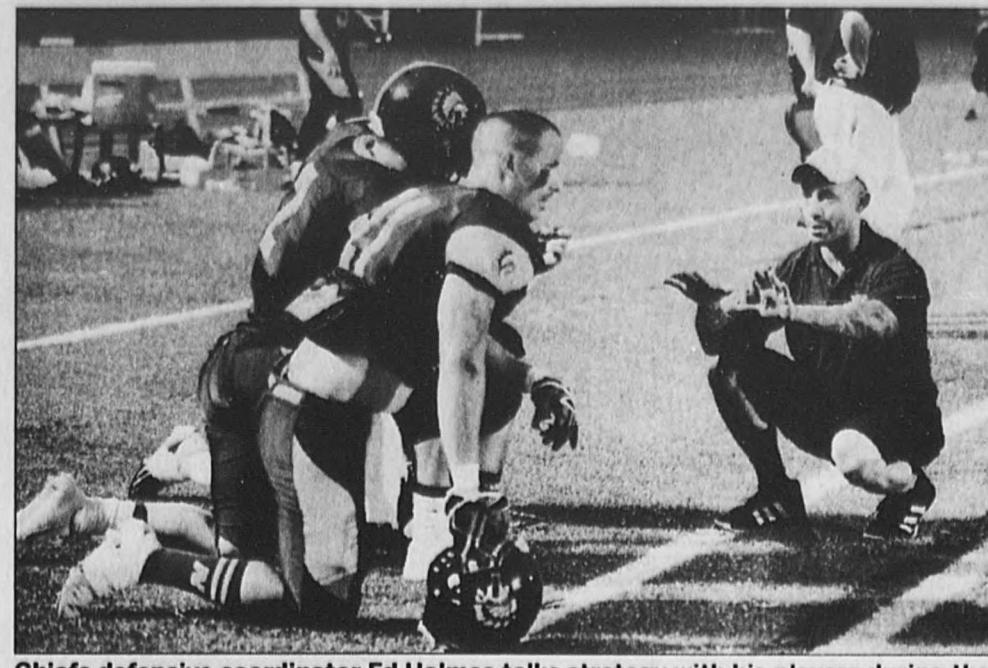
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FOOTBALL | CHIEFS



Chiefs defensive coordinator Ed Holmes talks strategy with his players during the South Shore Chiefs home opener against the Monadnock Marauders played July 19 at Hanover High School. The Chiefs didn't have the same fortune when they traveled to Keene to face Monadnock for the second time this season, losing 14-7 Saturday night. WICKED LOCAL PHOTO BY K.A. MACDONALD

Chiefs edged at Monadnock

By Mark Ducharme
Correspondent

17-7 decision to the Destroyers in their first meeting in New Hampshire. They fell behind, 14-0 in the third quarter and their comeback fell short.

The New England Football League season for the South Shore Chiefs has appeared like a four-act play.

The Chiefs have had three byes placed on their eight-game schedule including the league bye this weekend because of the Labor Day Holiday.

South Shore after its first bye had a tough time getting started as they fell to the Southern New Hampshire Beavers, 35-0.

They will attempt to turn things around the next time when they host the Granite State Destroyers at Harry Gerrish Field at Hanover High on Sept. 6 in a 3 p.m. kickoff.

The Chiefs lost a tough

attempting to get the offense in gear after they fell to the Monadnock Valley Marauders in Keene, New Hampshire.

The Chiefs have scored 20 points since their opening game 41-0 win over the Marauders. One of the touchdowns came on a blocked punt by John Lane.

"We know what have to do," said Chiefs Jim Ewell after the loss to Southern New Hampshire about the offense. "We are hoping to get on a roll."

The game with Destroyers will be one of two Mass Div. home games for the Chiefs in the final month of the season. They will also host the Beavers on Sept. 27 to conclude the season with a 3 p.m. kickoff at Gerrish Field.

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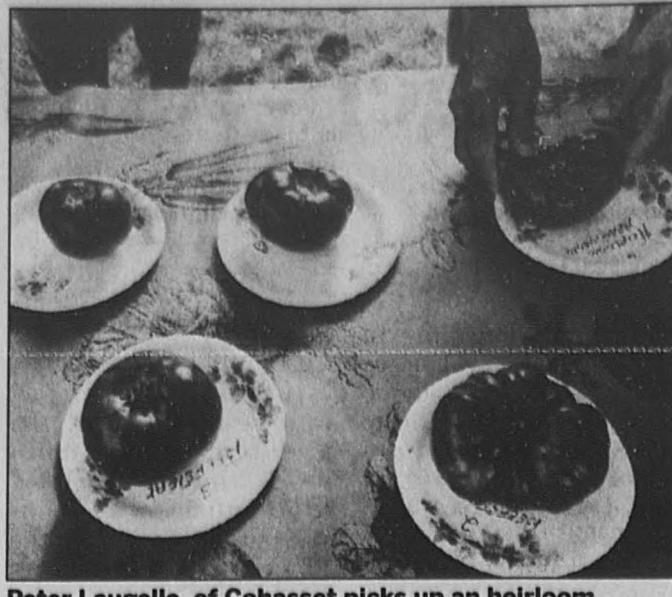
Tomato contest

Staff photos by
Robin Chan

Folks got their prize tomatoes ready – for the annual Tomato Contest! Cohasset Celebrity Judges looked for the Best Big Tomato, the Most Unusual Tomato, the Best Small Tomato, and the Best Tomato grown by a child (12 or under) at last week's Farmers Market on the common. All varieties were eligible.



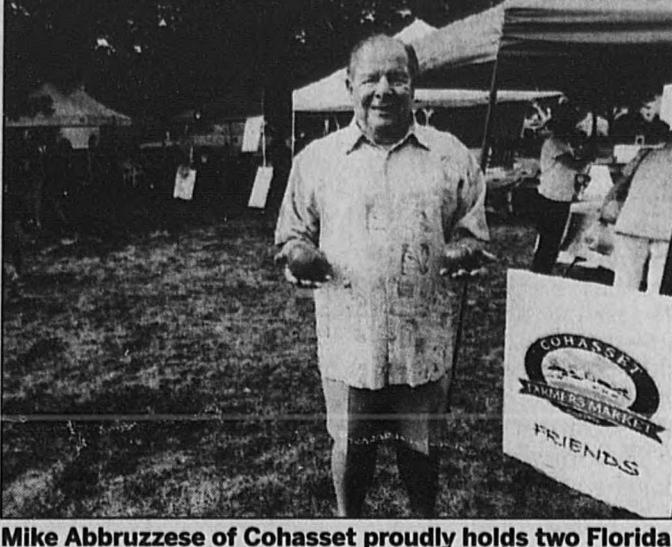
Here are all the entries to the annual tomato contest.



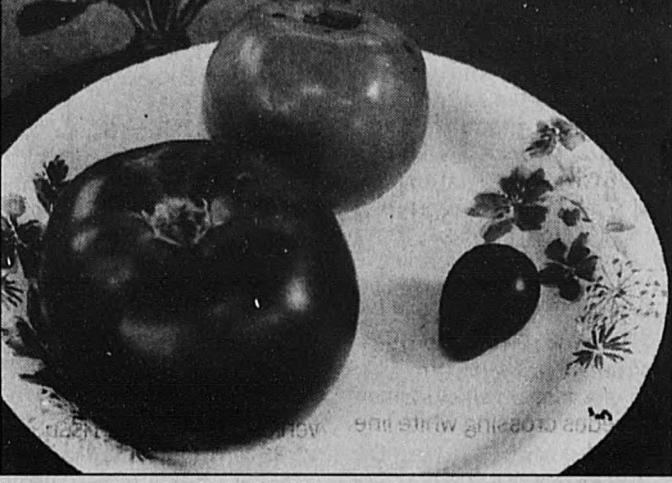
Peter Laugelle of Cohasset picks up an heirloom tomato while helping judge the tomato contest with Ray Papile of Braintree. The judges had four different categories to rate the tomatoes. They were best large tomato, best small tomato, most unusual tomato, and best tomato grown by a child under the age of 12.



Eva Contis, 7, of Marblehead points out what she thinks is the most unusual tomato on the table while her sister, Kallie, 9, looks on during the tomato contest at the Cohasset Farmer's Market on Thursday, August 21, 2014. They were there with their grandmother who lives in town.



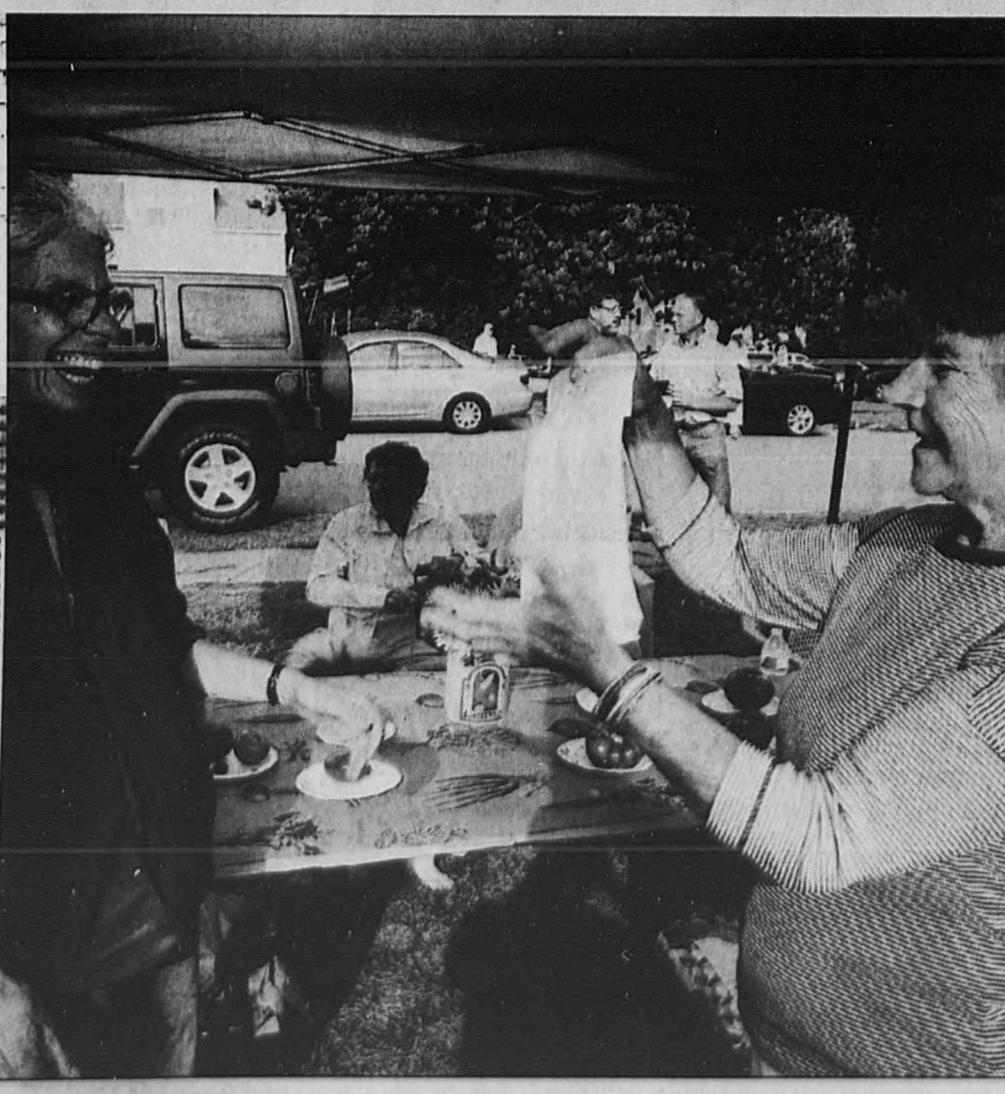
Mike Abbruzzese of Cohasset proudly holds two Florida tomatoes that he grew in his garden before entering the annual tomato contest at the Cohasset Farmer's Market on Thursday, August 21, 2014.



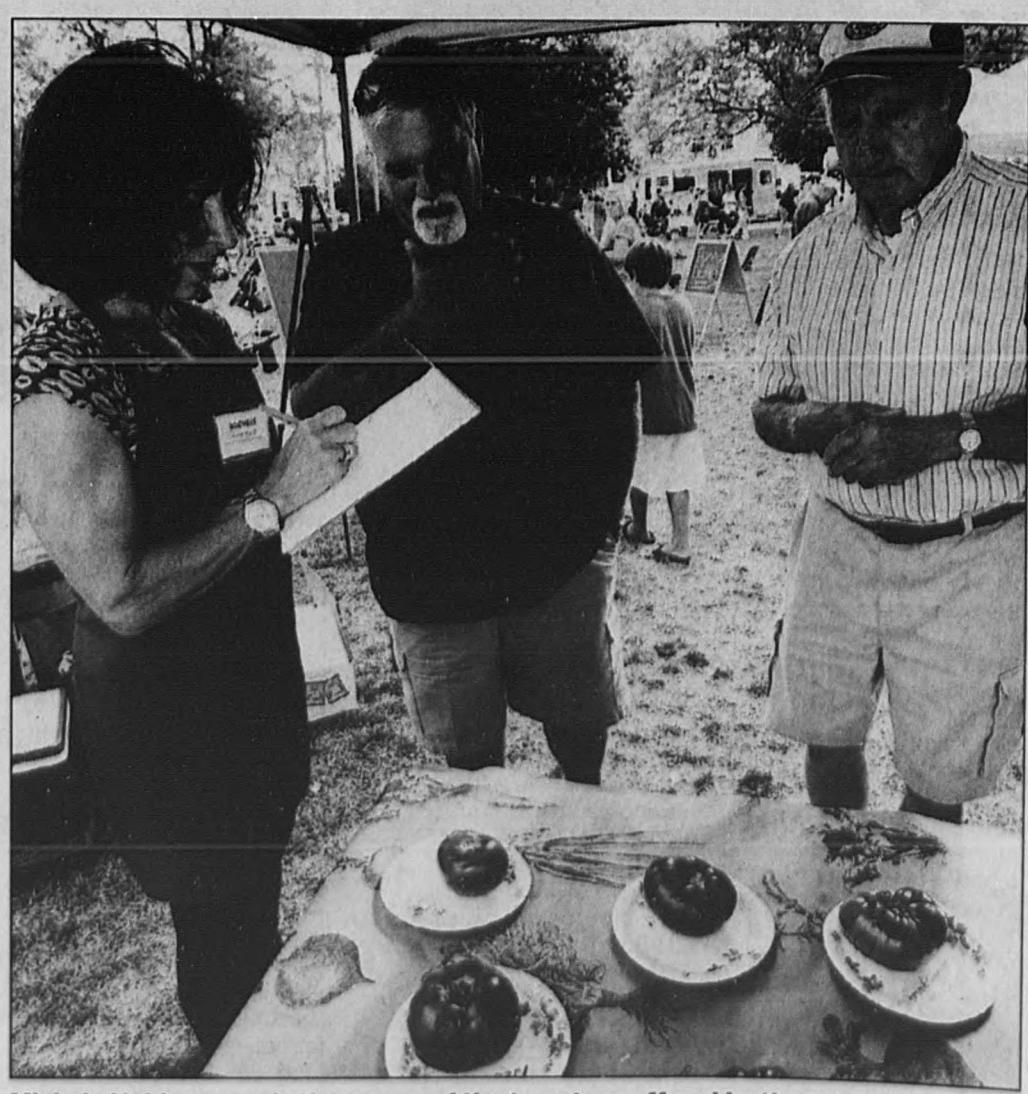
Here's a detailed shot of the best smallest tomato at the tomato contest. It was grown by Adeline Peters, 4.



Michael Hubley, right, presents awards to Rebecca Peters of Seeds and Songs Bakery with the best small tomato and best tomato grown by a child which was grown by her daughter Adeline, 4. The prizes were donated by Hingham Lumber Company.



Jean White, owner of Holly Hill Farm, is overjoyed to win an award for the most unusual tomato which was presented to her by Anna Abbruzzese after the tomato contest on Thursday.



Michele Hubley records the scores of the tomatoes offered by the two judges of the contest, Ray Papile of Braintree, center, and Peter Laugelle, right, of Cohasset at the Cohasset Farmer's Market on Thursday, August 21, 2014.

COHASSET POLICE/FIRE LOG

Sunday, Aug. 10

1:22 a.m. **Sohier St.**, open door/window. Nothing out of the ordinary.

7:34 a.m. **Chief Justice Cushing Highway and Mendel Road**, motor vehicle stop; citation issued.

9:44 a.m. **Elm St.**, CPD, walking reports violation of a no trespass order.

10:20 a.m. **Mill Lane**, medical aid, stung by bees.

11:51 a.m. **Lighthouse Lane**, Government Island, parking enforcement.

11:52 a.m. **Sohier St.**, traffic enforcement.

12:05 p.m. **Sohier St.**, motor vehicle stop; verbal warning.

12:06 p.m. **Summer St.**, St. Anthony's Church, animal call. Injured bird in front of the church, injured hawk flew off when officer arrived.

12:19 p.m. **Ripley Road and Sohier St.**, motor vehicle stop; citation issued.

12:28 p.m. **South Main St.**, larceny report. A group of four were in and did not pay their tab and left. Officer reports the parties have now paid their bill and all parties are satisfied.

12:58 p.m. **Jerusalem Road**, parking complaint. Two cars parked on the Linden Drive are causing a bottleneck. Two vehicles issued parking tickets.

1:06 p.m. **Forest Avenue**, Wadleigh Park, parking complaint. Four parking tickets were issued.

1:33 p.m. **Atlantic Avenue**, Sandy Beach, parking enforcement.

1:48 p.m. **S. Main St.**, larceny report. Someone has stolen his mailbox some time overnight.

1:53 p.m. **Elm St.**, medical aid.

2:09 p.m. **Avalon Drive**, medical aid.

2:18 p.m. **Chief Justice Cushing Highway**, motor vehicle stop; citation issued.

2:50 p.m. **Grace Drive and Hull St.**, directed patrol.

3:11 p.m. **Atlantic Avenue**, Sandy Beach, parking complaint. Multiple cars parked at Sandy Beach without stickers.

5:23 p.m. **Ripley Road and Sohier St.**, erratic operation of a motor vehicle. Black Mercedes crossing white line on road.

7:51 p.m. **Forest Avenue**, Wadleigh Park, parking enforcement.

8:44 p.m. **Chief Justice Cushing Highway**, directed patrol.

8:50 p.m. **Chief Justice Cushing Highway**, motor vehicle stop; citation issued.

9:13 p.m. **Chief Justice Cushing Highway**, motor vehicle stop; citation issued.

9:33 p.m. **N. Main St.**, directed patrol.

9:34 p.m. **N. Main St.**, directed patrol.

10:02 p.m. **Lamberts Lane**, motor vehicle fire in building. Jeep is on fire in the driveway. The whole front is on fire. Another vehicle was parked beside it. Fire has been knocked down. Express notified and responding.

11:20 p.m. **Highland Avenue**, request for officer. Female caller reports she and her husband were approached by a male who ID'd himself as a police officer. Same states the male was yelling at her and her husband that her husband should not drive. The male also took pictures of her motor vehicle.

11:33 p.m. **S. Main St.**, medical aid. Caller reports he was walking to the pizza place and was hit by a car. Caller sounds ok.

Monday, Aug. 11

2:46 a.m. **Oak St.**, mutual aid given. Scituate PD reports a white SUV failed to stop on Rt. 3A by Beechwood Street. Motor vehicle now right on Pond St. Cohasset units advised. Motor vehicle stopped Scituate PD and requesting a wrecker to the scene. Standing by with Scituate, has operator in custody.

10:34 a.m. **S. Main and Summer streets**, directed patrol.

10:48 a.m. **S. Main St.**, motor vehicle stop; citation issued.

10:59 a.m. **Sohier St.**, Deer Hill School, out on community service.

11:19 a.m. **Jerusalem Road**, found property. Caller reports there are two paddle boards left on his property that don't belong to him. He would like someone to come and get them.

2:04 p.m. **Chief Justice Cushing Highway**, erratic operation of a motor vehicle. North 3A from Marshfield 3A wheeled motorcycle.

single rider with white T-shirt. Scituate was looking for it, all the way to the line. Officer off with the motorcycle, King St. by the tracks.

2:32 p.m. **Chief Justice Cushing Highway**, motor vehicle stop; citation warning.

3:29 p.m. **Elm St.**, request for officer, party in lobby in regards to a prior report.

3:30 p.m. **Elm St.**, motor vehicle stop; verbal warning.

4:19 p.m. **Elm St.**, Harbor Inn, boat assist. Female attempting to row her 11-foot Boston Whaler out of the mooring field by the lobster boats her engine won't start. Harbormaster notified, she will head out.

4:30 p.m. **Jenkins Place Scituate**, mutual aid given. Child having an allergic reaction.

7:43 p.m. **Atlantic Avenue**, sewer leak, report of raw sewage oozing from a sewer cover into a stream at the foot of the driveway. Sewer department on scene.

7:58 p.m. **Bow St.**, power outage. Heard a boom and power is out. Appears to be the only house affected.

10:23 p.m. **Pond St.**, erratic operation of a motor vehicle. Route 3A between Pond and Beechwood. A group of motorcycles on 3A speeding.

10:38 p.m. **Nichols Road**, lost plate. Front license plate lost between New York and Cohasset sometime on Aug. 10.

Tuesday, Aug. 12

12:31 a.m. **Nichols Road**, resident requesting an officer to check her property, resident came home to find the front door open. Family dog possibly forced the door open. Units clear.

6:42 a.m. **Pond St. and Woodland Drive**, directed patrol.

7:49 a.m. **S. Main St.**, dispute. Caller is having a disagreement with the owner of a business. He will leave flowers alone until he can speak to the owner of the building.

8:48 a.m. **Brook St.**, motor vehicle stop.

9:45 a.m. **Chief Justice Cushing Highway**, motor vehicle stop; citation issued.

10:36 a.m. **Hull St.**, directed patrol.

10:54 a.m. **Hull St.**, motor vehicle stop; citation issued.

11:13 a.m. **Ripley Road**, motor vehicle stop; citation issued.

11:35 a.m. **Sohier St.**, motor vehicle stop; citation issued.

12:10 p.m. **Rocky Lane**, suspicious activity. Resident reported that about a week ago kids were having a party near their shed.

2:46 p.m. **Chief Justice Cushing Highway**, motor vehicle stop; citation issued.

3:50 a.m. **Sohier St.**, warrant arrest: Roger Q. Hill, 54, of 10 Great Brewster Trail, Cohasset. Straight warrant out of Quincy District Court for failure to appear (assault and battery)

Wednesday, Aug. 13

8:20 a.m. **Elm St.**, medical aid. Caller reports a person is passed out.

8:44 a.m. **Sohier St.**, motor vehicle stop; verbal warning.

10:45 a.m. **Avalon Drive**, assist public. Caller is ringing her brother to pick up belongings and needs an officer to stand by.

11:44 a.m. **Beechwood St.**, traffic hazard. Caller reports that her neighbors have a tree removal company working on their house and they have driveway blocked and are also on a bad bend and someone may hit them.

12:44 p.m. **Jerusalem Road**, request for officer. Caller is hearing a noise in bedroom/bathroom area on the second floor. Officer reports that the house was checked with negative results. They did locate an open window in the attic and it may have been an animal!

1:16 p.m. **Windsor Road**, larceny report.

1:54 p.m. **Aaron River Road**, medical aid.

3:19 p.m. **Chief Justice Cushing Highway**, J.J.'s Dairy Hut, fraud. Phone call from National Grid saying they would shut off power.

7:08 p.m. **Cushing Road and Pleasant St.**, hazardous situation. Excess dirt and minor sinkhole will be paved tomorrow. Officer placed a cone on top of the pothole for the time being.

10:02 p.m. **East St.**, motor vehicle stop; citation issued.

11:39 p.m. **Jerusalem Road**, suspicious vehicle. Caller reports a suspicious vehicle parked in front of her house and could hear yelling.

Vehicle was described as a dark sedan. Officer checked the area of Hull Street to

Rockland Street and nothing showing.

Thursday, Aug. 14

1:05 a.m. **King St.**, well being check.

1:55 a.m. **Depot Court**, suspicious activity. A male appears to be attempting to break into a vehicle. It is possible he locked himself out of his car. Called in by bartender.

2:28 a.m. **Depot Court**, transport to Scituate line on 3A.

5:49 a.m. **King St.**, sunrise, medical aid.

6:12 a.m. **King St.**, community service.

6:59 a.m. **King and Pond streets**, traffic enforcement.

7:04 a.m. **King St.**, motor vehicle stop; citation issued.

7:16 a.m. **King St.**, motor vehicle stop; citation issued.

7:29 a.m. **King St.**, motor vehicle stop; citation issued.

9:47 a.m. **S. Main St.**, motor vehicle stop; citation issued.

10:20 a.m. **Hull St.**, motor vehicle stop; verbal warning for speed.

11:11 a.m. **Elm St.**, vandalism. Party into headquarters to speak with an officer as her vehicle was vandalized at the baseball field. Given advice.

11:24 a.m. **Beechwood and King St.**, motor vehicle stop; citation issued.

11:54 a.m. **Parkingway**, parking enforcement. Parking ticket issued.

12:20 p.m. **N. Main St.**, Barnes Field, animal call. A turtle is on the yellow line.

Turtle is big and is causing a problem with traffic. Officer reports the turtle was moved to the side of the road.

12:34 p.m. **Wheelwright Farm**, medical aid.

12:55 p.m. **Atlantic Avenue**, Sandy Beach, parking enforcement. Tickets issued.

1:56 p.m. **N. Main St.**, animal call. Bird is deceased and has been removed from the road.

2:33 p.m. **King St.**, Mobile Mart, caller reports male know to them is on the property. Officer spoke with male. He checked ok.

2:40 p.m. **Central Park Drive**, Scituate, mutual ambulance aid given.

6:55 p.m. **Forest Avenue**, motor vehicle stop; citation issued.

8:50 p.m. **King St.**, motor vehicle stop; verbal warning.

9:39 p.m. **Great Brewster Trail**, warrant arrest: Roger Q. Hill, 54, of 10 Great Brewster Trail, Cohasset. Straight warrant out of Quincy District Court for failure to appear (assault and battery)

Friday, Aug. 15

7:29 a.m. **Beechwood St.**, suspicious vehicle. A suspicious Jeep is driving around the neighborhood. Motor vehicle has all tinted windows and caller was unable to see the people in the car. Caller reports male got out of the car and he is a police officer.

9:40 a.m. **Elm St.**, lock in/out. Caller locked keys in car; red Ford Escort.

9:49 a.m. **Jerusalem Road**, parking complaint. Moving truck in the way. Company has ordered a detail.

10:49 a.m. **Elm St.**, parking complaint. Truck and VW parked in spaces 24 hours a day.

11:03 a.m. **Hull St.**, motor vehicle stop; verbal warning.

12:35 p.m. **Atlantic Avenue**, Sandy Beach, parking enforcement. Six tickets issued.

1:03 p.m. **Border Street Bridge**, disturbance. Party moved from bridge.

1:31 p.m. **Sohier St.**, Deer Hill School, community service.

1:45 p.m. **Parker Avenue**, parking compliant. Harbormaster reports the cars are parked in such a way people can't get out on all of Parker Avenue. No issue, three cars in parking lot.

2:36 p.m. **Hull St.**, motor vehicle stop; citation issued.

4:49 p.m. **Chief Justice Cushing Highway**, motor vehicle stop; citation issued.

5:26 p.m. **Linden Drive**, noise compliant. A loud backhoe has been used since 7 a.m. this morning. Time to turn it off. Work hammering ledge, done for the day.

7:08 p.m. **Forest Avenue**, motor vehicle stop; citation issued.

Saturday, Aug. 16

4:06 a.m. **Avalon Drive**, fire investigation. Smoke detector going off. Battery change.

6:54 a.m. **Elm St.**, medical aid.

8:28 a.m. **King St.**, Sunrise,

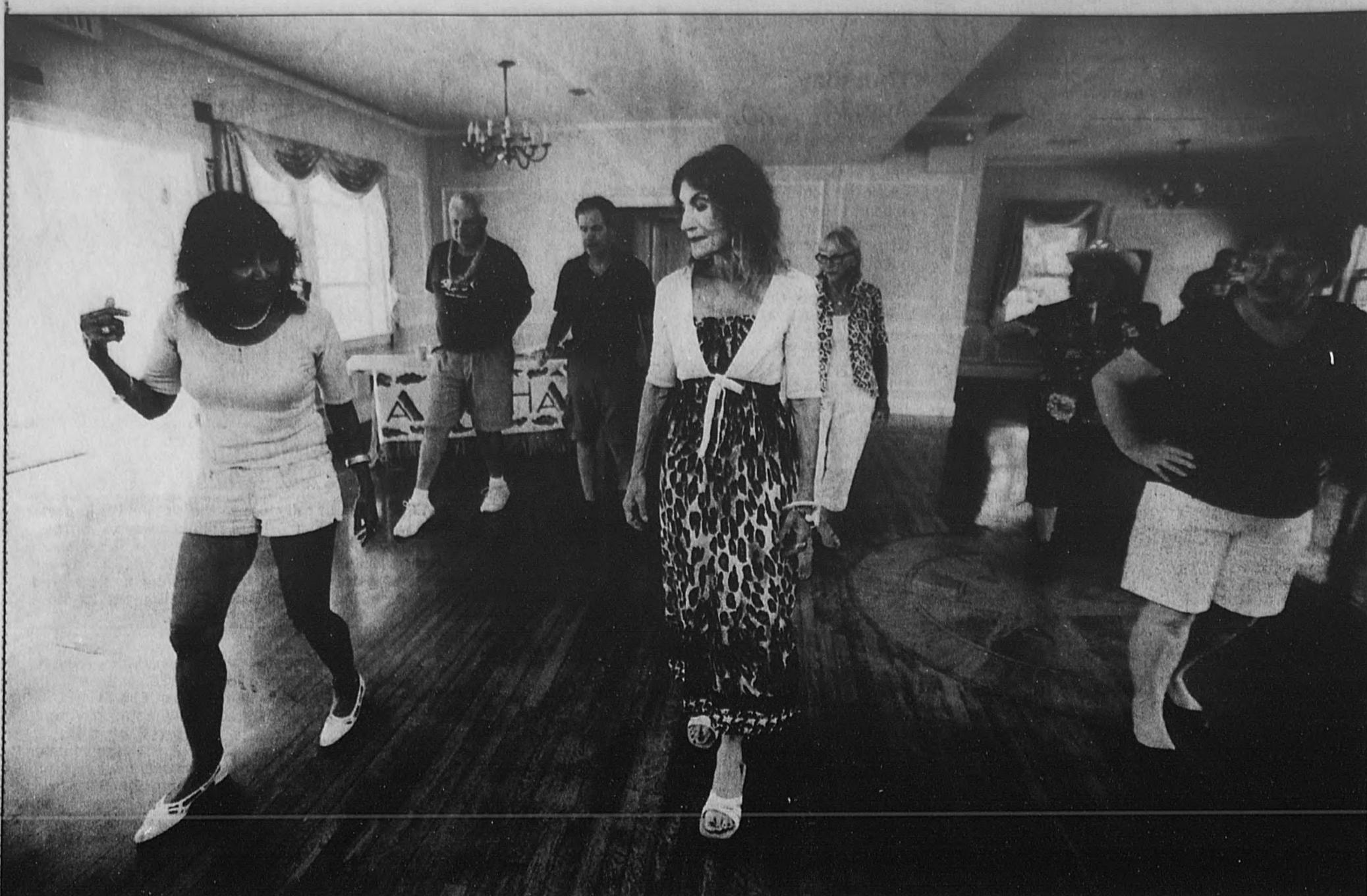


TRAFFIC SAFETY TIP OF THE WEEK: Don't sit too close to the air bag. It's important for drivers to sit correctly in cars with an air bag. Drivers should always wear the shoulder and lap belt securely, move the seat back as far as practical and recline it slightly. This will help maintain the ideal distance of at least 10-12 inches between the steering wheel air bag and the breastbone. The driver in this crash was seated too close to the steering wheel and was not wearing a seat belt. Courtesy photo

medical aid.

9:21 a.m. **Forest St.**, motor vehicle stop; citation issued.

SENIORS



Mimi Leary, left, shows Roberta Raffa and the other seniors a few line dances during their End of the Summer Hawaiian Cookout on Tuesday.

End of Season

Local seniors enjoyed the annual "End of Season" cookout on Tuesday at the Cohasset Lightkeepers. DJ Roger Leary entertained the gathering with a mix of Big Band and swing favorites. Seasonal food was provided by Anna Abbruzzese and her helpers.

STAFF PHOTOS/ROBIN CHAN



Marie Gabanelle, 16, of Duxbury hands Dave Beck a cup of clam chowder while helping out the Cohasset Elder Affairs with their End of the Summer Hawaiian Cookout on Tuesday. She was volunteering for CCD.



Marie Gabanelle, 16, of Duxbury serves clam chowder to seniors during the Cohasset Elder Affairs' End of Summer Hawaiian cookout at Cohasset Lightkeepers on Tuesday, August 26, 2014. Marie is doing volunteer hours for confirmation.



Dan Volungis of Cohasset dishes out a turkey burger while helping out with the Cohasset Elder Affairs' End of the Summer Hawaiian cookout on Tuesday.



Anna Abbruzzese helps Nancy LaFouce with her hula skirt for the Cohasset Elder Affairs' End of the Summer Hawaiian cookout.



Richard Gibbons of Cohasset Elder Affairs pours out some lemonade for seniors.



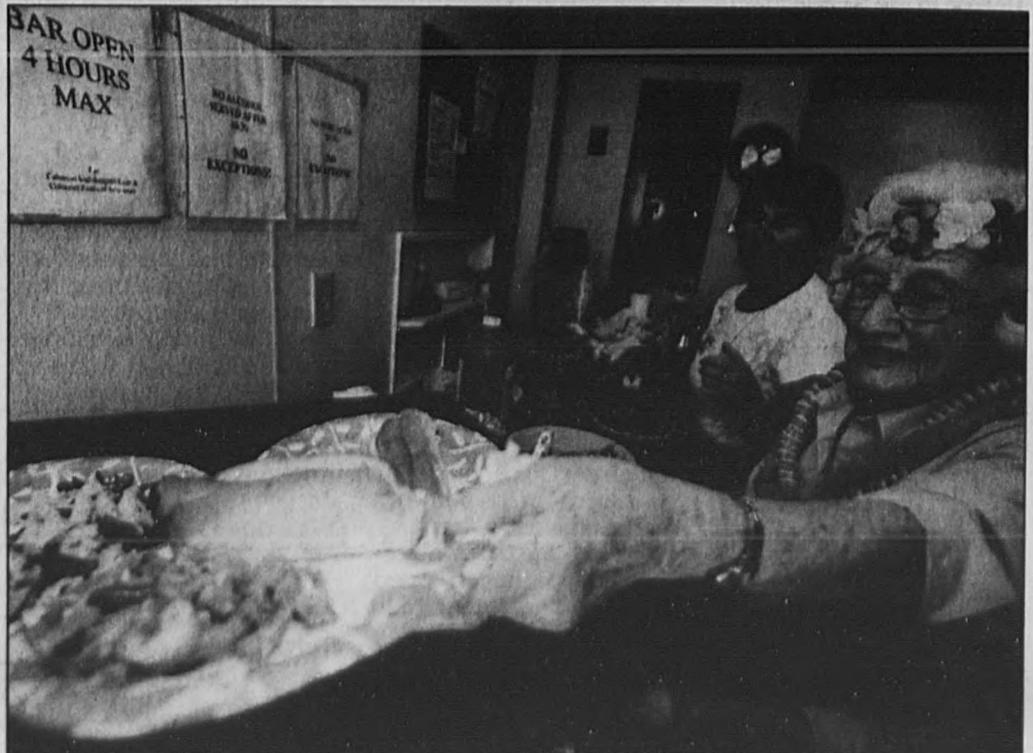
A volunteer dishes out clam chowder for some hungry seniors.



Service with a smile. Ellinore Barrett of Cohasset weaves her way around the table while delivering lemonade to seniors.



Mary Edmonds of Cohasset and Aylsa Goodrich are in a festive mood for the End of the Summer Hawaiian cookout.



Angie Kelley, right, places a plate of hotdog and pasta salad on a serving tray while helping out with the End of the Summer Hawaiian Cookout on Tuesday.

Back to School



Dancing through life

Local studios offer classes for all ages

By Maryclare Himmel
mhimmel@wickedlocal.com

The allure of dressing up in beautiful costumes and gliding and soaring gracefully through the air draws ever-increasing numbers of youngsters to dance classes each year. However, experts tout the additional benefits of dance, and encourage young people of any age to take up arts.

this expressive and fun art form.

International Ballet Academy of Norwell offers a full range of ballet classes for the aspiring young student to the novice adult, from creative dance to pre-professional training and courses in modern jazz.

Adagio Arts and Wellness in Marion offers activities ranging from art and dance to yoga. Adagio seeks to bring families and the community together, promoting wellness and an appreciation for the arts.

In addition to physical benefits, dance classes offer emotional and social benefits as well, encouraging teamwork, as the group learns to work together to produce a well-choreographed, polished performance piece, and using the imagination and encouraging an appreciation for art and music in a relatable way, while having fun.

"In teaching, I share my love of ballet and knowledge with my students. I encourage all my teachers to do the same," Susie Guthro, newly appointed department chair



In addition to physical benefits, dance classes offer emotional and social benefits as well, encouraging teamwork and encouraging an appreciation for art and music in a relatable way, while having fun.

of the dance department at the South Shore Conservatory, says. "More than anything else, I always remind students that they need to have fun, and to remember to come to class because dance makes them happy. Whether our students go on to continue their studies at the college level or decide to pursue other interests, I hope that they view their experience with dance as being a positive part of their childhood."

Just in time for back to school, the South Shore Conservatory, located in Hingham and Duxbury, has created a new dance department at its Duxbury campus, offering a wider variety of dance classes for all ages. Su D'Ambrosio, SSC director of programs and curriculum, says that the new dance department offerings fit appropriately into SSC's program continuum, which al-

lows students to enter instruction at any age or ability.

Dancer/educator Guthro is excited to bring many new offerings to the dance curriculum. In addition to age-appropriate ballet instruction, her department now offers classes in hip-hop and creative dance. Other new dance offerings include a monthly dance workshop and a teen/adult beginner ballet class.

South Shore Conservatory's CreativeSeeds programs offer a variety of age-appropriate opportunities including Create, Pointe and Flex, for ages three to six, an "adventure into the creative ideas of expression and how the body moves, designed to encourage individual creativity;" and Girls Groove and Hip Hop for Boys, for ages 4 to 7, "a fun approach to movement, this introduction to

hip-hop uses rhythmic beats and styles to encourage gross motor development. Students learn and present choreographed routines."

Dance classes help children stay active in a time when inactivity is so often the norm. For those children who are not drawn to competitive sports, dance classes offer a way to keep moving in a non-competitive way, with the added benefit of improving strength, endurance and flexibility.

"The public's view on dance for boys has changed for the better in the past few years," Guthro explains. "Everyone can now see that dance in any style is an athletic art form. The training of a dancer is comparable to any athlete. In fact, many football teams will have their players take ballet to work on their footwork," she adds.



In addition to age-appropriate ballet instruction, the new dance department at the South Shore Conservatory in Duxbury offers classes in hip-hop and creative dance.

PHOTOS COURTESY OF THE SOUTH SHORE CONSERVATORY

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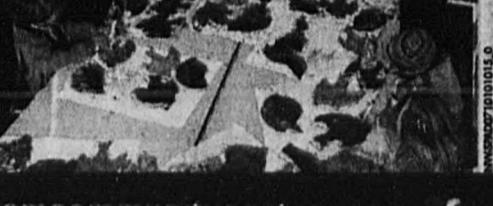
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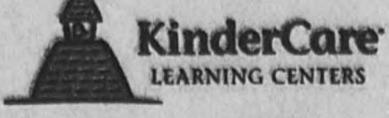
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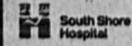
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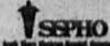
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Back to School



Get it together

Organize school paperwork, schedules in the cloud

By Melissa Erickson

More Content Now

Welcome to the chaos and clutter of a new school year. Get ready for an avalanche of paperwork, sports schedules and permission slips in addition to the homework, quizzes and tests that can make family life disordered and mixed-up.

What's the best way to stay organized? If your family is tech-savvy, why do things the old-fashioned way? In 2014, technology rules.

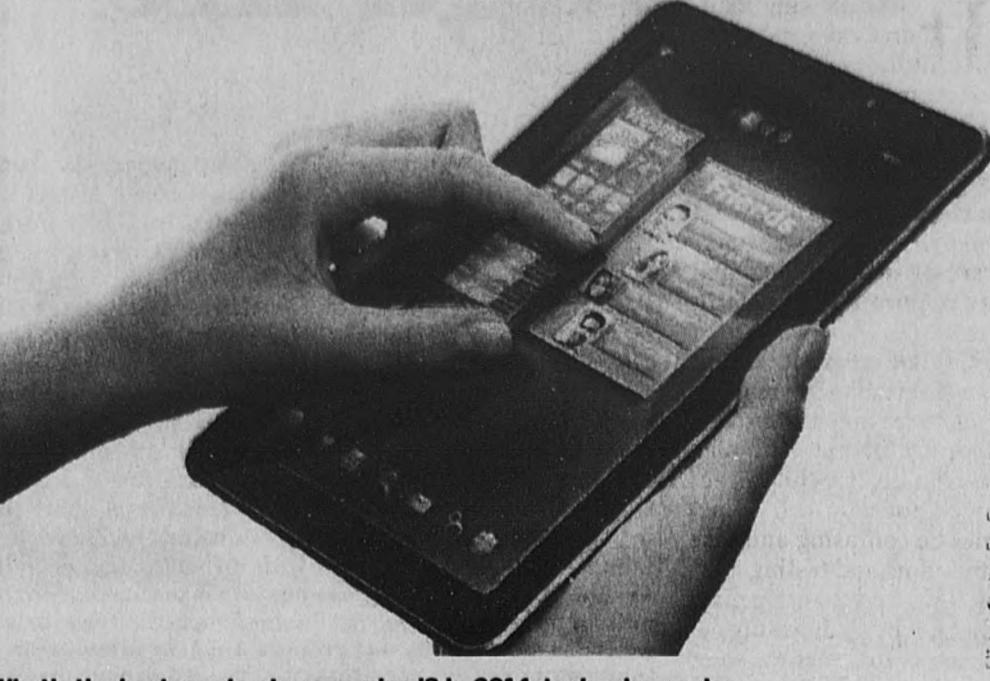
"Nowadays, there's an onslaught of communication right from the beginning of the school year. It's so hard to stay on top of it. They key is to have a plan in advance," Carol Lloyd, GreatSchools' editor in chief, said.

While some families may function well with a physical inbox and outbox system, technology makes it easy for families to keep track of important paperwork, dates and schedules. The goal is to find a system that allows your family "to communicate with each other and to make sure all the information is in one place where all family members can access it," Lloyd said.

That way, you'll be able to avoid "tech debt," said Lloyd, referring to an inefficient system where family members may be using different devices that don't sync up, so that information is not shareable or difficult to find.

"There are so many programs out there and many of them are free," Lloyd said. "You just need to find which one is right for your family."

Organization is essential when kids may be sharing time between different households. Parents and chil-



What's the best way to stay organized? In 2014, technology rules.

dren need access to information whether they're at mom's house, dad's house or somewhere in between, Lloyd said.

If you've got middle schoolers who are embracing a bit of independence, Lloyd suggests a cell-phone friendly option.

"That way kids can be proactive. They can enter dates themselves, even invite parents to meetings or activities at school," she said.

GreatSchools recently looked into the most popular online organizers. Here are a few highlights:

• Google Calendar

The free online calendar (you must have a Google account) makes it easy to keep track of life's important events all in one place. It allows you to view, add and drag-and-drop events and will remind users of upcoming events and cancellations. Once something is changed on the calendar, an update will be sent to a user's phone.

• Microsoft OneNote

GreatSchools calls OneNote the "three-ring binder of the future." It can gather users' notes both handwritten and typed, drawings, screen clippings, video and audio. Notebooks are stored within OneNote and are accessible by tapping an icon. If you have Microsoft Office or Microsoft Office with OneNote, you already have access to OneNote, but it works well with any device.

• Outlook

It's free and easy to manage



your email, phone book contacts, calendar, social media and photos with Outlook, which is uncluttered and free of ads. It can sync important documents through Microsoft's SkyDrive so they're easy to open when you check email. The best part is it organizes communications (email, Twitter, Facebook) all in one spot on the cloud.

• Google Drive

A free, 15 GB "storage box" that can't be lost, Google Drive allows your student to keep pictures, homework, papers, presentations, designs, drawings, recordings, videos – anything – in an easy-to-reach format that can be accessed once you log in from smartphone, tablet or computer.

• Dropbox

This cloud storage system organizes photos, documents and videos so they can be conveniently backed up and shared. Create a special Dropbox file on each computer, tablet or phone, and Dropbox syncs the files so that it appears to be the same folder with the same contents regardless of where you view it. Comes with 2GB free.

While some families may function well with a physical inbox and outbox system, technology makes it easy for families to keep track of important dates and schedules. PHOTOS COURTESY OF METRO

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Back to School

Speech therapy

A guide to assessment testing and services

It is often when children are exposed to classroom settings and compared to their fellow students that teachers first recognize potential obstacles that could hinder students. Parents of preschool and kindergartners may be made aware of speech issues that may require therapy to address.

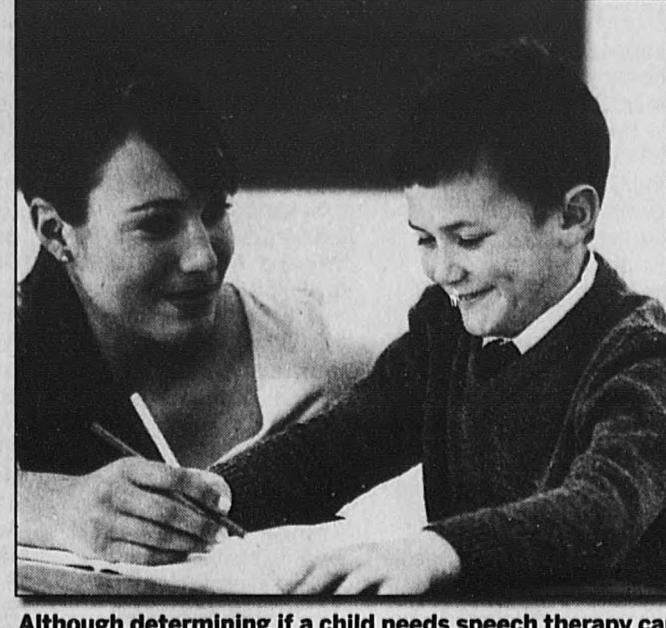
The good news is that children often make tremendous strides once they are enrolled in speech therapy. Although determining if a child needs speech therapy can sometimes be confusing and take some effort and testing, parents who receive such a diagnosis about their youngster will need to focus on some skills that can alleviate speech concerns.

Articulation

Many children require speech therapy because of a speech delay or an issue with articulating. This relates to the clarity of speech sounds and overall speech. A child's speech begins with initial sounds, as they mimic the adults around them, which will then form words and phrases. It's common for young children who have difficulty with certain speech sounds to substitute easier sounds for certain letters or sound blends. But if inconsistent speech articulation or improper sound usage extends beyond a certain age, this may require treatment.

Fluency and resonance

Some children receive speech therapy due to disorders like stuttering or prolonging sounds and syllables. When the flow of speech is interrupted by abnormal stoppages or repetition, this can be distracting to both the child and those around him or her. Some children have problems with the pitch, volume or quality of their voice. These problems can distract listeners from what's being said and make it difficult to communicate.



Although determining if a child needs speech therapy can sometimes be a confusing process, children often make tremendous strides once they are enrolled in speech therapy. PHOTO COURTESY OF METRO

Apraxia

According to the American Speech-Language-Hearing Association, childhood apraxia of speech, or CAS, is a motor speech disorder. Children with CAS have problems saying sounds, syllables and words. The brain has difficulty moving the mouth for speech. The child knows what he or she wants to say, but the brain does not send the correct message to move the muscles accordingly. Children with CAS are typically assessed earlier than school age.

Seeking therapy

Parents who suspect their child has a speech-language concern should first consult with a pediatrician and then talk to their child's teacher. If the speech problem is not causing any learning difficulty or making it hard for teachers and fellow students to understand the child, intervention may not be necessary. However, if the child is embarrassed or getting frustrated with those who do not understand him or her, it may be in the student's best interest to be assessed.

Speech-language pathologists are trained in speech

therapy and are most qualified to make assessments of a child's speech abilities. This person will provide a thorough articulation assessment and conduct a medical history inquiry to determine if there is a need for treatment. A good speech pathologist will conduct an evaluation in a way that is comfortable for the child. Toys and games may be part of the assessment. Sometimes parents are allowed to remain in the room. Physical skills, vocabulary and grammar will also be checked. Once the source of the problem has been identified, a therapist can develop a treatment plan to fix some of the problems. Homework exercises can help parents continue lessons between therapy sessions. Many parents opt to work with a speech-language pathologist one-on-one. These services may be covered through a health insurance plan. School districts may offer low- or no-cost speech therapy for students who need speech assistance. These may be conducted in solo sessions or as part of a group. Parents should inquire about speech testing and any services offered at their child's school.

Courtesy of Metro

Major decision

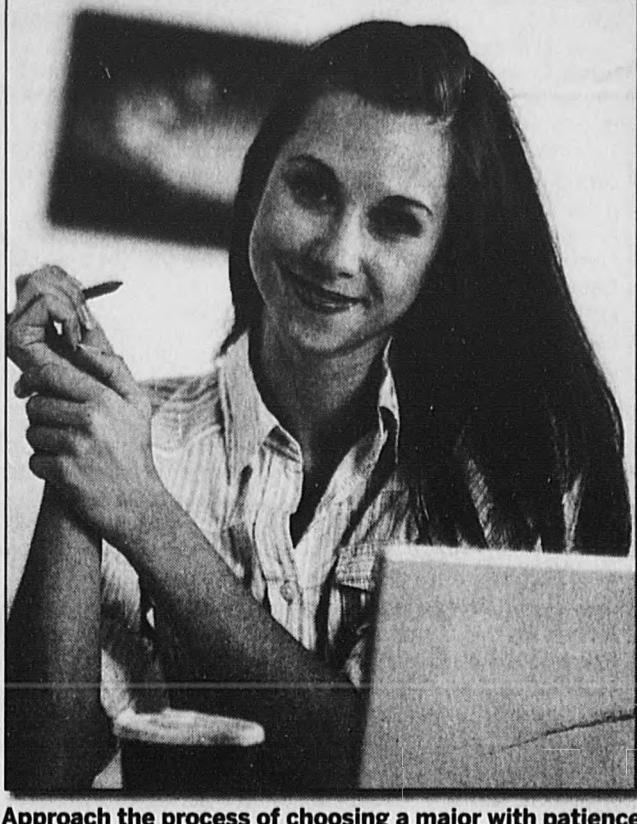
Navigating the path to your college major

recent college graduates can no doubt attest, the job market for young people can be difficult to navigate. Many recent graduates are still struggling to find full-time employment, and some might be wondering if they chose the right major.

Though choosing a major is about more than just finding a job, the financial burden of earning a college degree can't be ignored. According to the Project on Student Debt, 71 percent of college seniors who graduated in 2012 had student loan debt, with an average of \$29,400 per borrower. In fact, between 2008 and 2012, the average student loan debt at graduation increased an average of 6 percent each year. So while the right major should incorporate a student's interests, skills and strengths, it's also important to find a major that can help students earn a living after they walk across the stage and receive their diplomas. The following are a handful of tips college students can employ to ensure they choose the right major.

- **Don't jump into it.** Some students might want to pick a major before they ever step foot on campus. While that strategy might work for some, it should only be employed by those students who are completely sure that a specific major is right for them. Some students choose a major early on because they feel they may get a head start in navigating their way through a job market that recently endured exceptionally high levels of unemployment. But the pressure of finding a job should not be what drives students when choosing a major. Unless you're certain that a particular course of study is for you, give yourself some leeway and wait to choose a major. The first year or two of college is a great time to expand your academic horizons, so use that time to your advantage.

- **Don't procrastinate.** While rushing into a major is a mistake, it's also foolish to pro-



Approach the process of choosing a major with patience and an eye on finding a course of study that matches your interests with your skills. PHOTO COURTESY OF METRO

crastinate with regard to choosing a course of study. According to The College Board's annual survey of colleges, the average tuition and fees at private non-profit four-year colleges for the 2013-14 school year was \$30,094, while public, four-year, in-state tuition and fees averaged slightly less than \$9,000 for the same year. So no matter which type of college or university a student enrolls in, he or she will be making a significant financial commitment. Waiting too long to choose a course of study may find you paying for courses you ultimately won't need, increasing your already expensive tuition along the way.

- **Use the resources at your disposal.** Students who are undecided about a college major should make use of their schools' career development departments to help them get on the right path. Many such departments provide assessment tools to help students find a major that synthesizes their interests and skills with a field of study. In addition, the personnel within career development departments have dealt with hundreds, if not thousands, of previous students who

found themselves in similar situations, and that experience can prove invaluable to students who might feel lost with regard to choosing majors.

- **Know the requirements if you have a specific career in mind.** While many majors are not difficult to navigate, some fields of study have strict guidelines that students should be aware of almost immediately. For example, students hoping to attend medical school after graduation need to determine which courses they absolutely must take in order to qualify for medical school. In addition, students with such specific plans in mind often must choose their majors as early as possible so they can plan their curriculum in accordance with the standards they will need to meet to be considered for postgraduate work.

Choosing a major is a decision college students should not take lightly. But students who are unsure of what they want to study should approach the process of choosing a major with patience and an eye on finding a course of study that matches their interests with their skills.

Courtesy of Metro

If the shoe fits . . .

Tips for choosing back-to-school footwear

It's that time of year for back to school shopping and sneakers and shoes are on everyone's list. However, some shoes are better than others for your child's foot health.

Dr. Frank Santopietro, founder of EvenKeel Orthotics and EvenKeel Podiatry in Brookline, has been practicing

podiatry for 40 years, and he's seen first-hand the foot problems caused by ill-fitting footwear. Here are a few tips for parents and kids as we head into back to school buying season.

- It's still warm out in September, but avoid having your kids wear flip-flops to school.

"Flip-flops are a bad choice for children for many reasons, but the foremost being that they are hard to keep on while running and playing.

It's a safety issue if children lose a shoe in the course of activity and have a toe stepped on or cut – now we're dealing with the potential to spread virus or an infection. Additionally flip-flops have no support to speak of what so ever and can cause turf toe and heel pain, foot problems that we see in adults who wear flip flops too much too," Santopietro says.

- Sneakers are the best bet for kids, but not all "sneaks"

are created equal. You want to choose ones with good support under the heel and mid-foot. Unfortunately, there is a trend in the industry to make the most popular-looking shoes the worst in terms of functionality for the feet. One seemingly sacred exception to this rule is shoes for kids about 3 and under. Little kids' shoes always have a nice wide base that is very supportive.

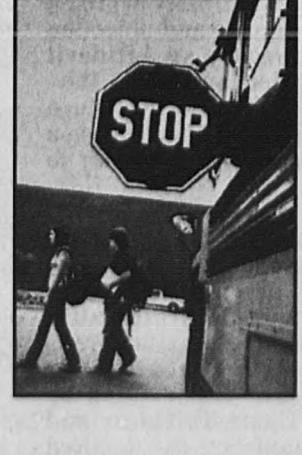
- The best possible choices for kids' footwear are sneakers

with laces. Tying shoes is an extremely important part of the day and should be routine – like brushing and flossing teeth.

About EvenKeel Podiatry and Santopietro: EvenKeel Podiatry in Brookline encompasses a practice, a patented technology and a health philosophy that brings a holistic approach to podiatry patients' needs, keeping them mobile, active and healthy. The staff at Even-

Keel Podiatry offers patients a unique experience, incorporating custom foot orthotics, pediatric podiatry, foot surgery and a conservative methodology. Chief medical officer and lead podiatrist Santopietro brings 40 years of clinical experience in sports medicine and podiatric surgery to the EvenKeel practice. For more information, visit <http://www.evenkeelpodiatry.com>.

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COHASSET SCHOOL BUS ROUTES

The routes are also available at www.cohassetk12.org. Direct any inquiries to: Kelly Dickson, Transportation Coordinator at KBDickson@ComcaStreet.net. Be advised that it is school policy that bus stop times have a 5-minute window before and after scheduled time to allow for unexpected delays. Also, note the second day the buses may be delayed for the Osgood pickup due to the first day of kindergarten.

Middle/High School Bus 2**a.m. stops**

Jer and Linden/11 Linden/Rustic Drive and Linden/84 Linden Drive/Stonleigh-and-Linden/486 Jerusalem Road/Rust Way/Deep Run/Jerusalem Road/Drive/355 Atlantic/133 Nichols Road/107 Nichols/91 Nichols Road/60 Nichols Road/Jerusalem Lane/278 Jerusalem Road/Little Harbor and Jer/Bow Street/Gammons Road/56 Jerusalem Road/30 Jerusalem Road/Ripley and Pratt/21 Pleasant Street.

p.m. stops

Jerusalem Road and Linden Drive/11 Linden Drive/Linden Loop/486 Jerusalem Road/Deep Run/Rust Way/Jerusalem Road/Drive/Atlantic and Jerusalem/355 Atlantic/133 Nichols Road/107 Nichols Road/91 Nichols Road/60 Nichols Road/Jerusalem and Nichols/Bow Street/Gammons Road/56 Jerusalem Road/30 Jerusalem Road.

Middle/High School Bus 3**a.m. stops**

244 Cedar Street/Fisher-and-Hull/81 Hull Street/184 Lambers Lane/128 Lambers Lane/48 Lambers Lane/173-191 Hull Street/195 Hull Street/Grace Drive and Hull Street/796 Jerusalem Road/756 Jerusalem Road/728 Jerusalem Road/first Howe Road/666 Jerusalem Road/65 Windy Hill/618 Jerusalem Road/Black Rock Road and Jerusalem Road/

Sanctuary Pond and Rose Hill.

p.m. stops

Avalon/Sanctuary Pond Road and 3A/Cedar Ledge Village/244 Cedar/Fisher Road and Hull Street/81 Hull Street/72 Lambers Lane/128 Lambers Lane/184 Lambers Lane/173 Hull Street/195 Hull Street/Grace Drive and Hull Street/796 Jerusalem Road/756 Jerusalem Road/728 Jerusalem Road/first Howe Road/666 Jerusalem Road/65 Windy Hill/618 Jerusalem Road/Black Rock Road and Jerusalem Road.

Middle/High School Bus 4**a.m. stops**

Black Horse Lane/Parker Avenue and Border/Summer and Border/104 Elm Street/Margin Street Dock/109 Atlantic Avenue/Lothrop Lane and Atlantic/184 Atlantic Avenue/turn at Sandy Beach/Mohawk and Beach Street/30 Beach Street/Beach Street and Highland Avenue/155 Sohier Street/96 Fairoaks Lane/14 Fairoaks Lane/Chittenden/Eldridge at the gazebo.

p.m. stops

Black Horse Lane/Summer and Border/Parker Avenue and Border/Margin Street Dock/second Stockbridge Street/17 Atlantic Avenue/94 Atlantic Avenue/109 Atlantic Avenue/Lothrop Lane and Atlantic/184 Atlantic Avenue/Beach Street and Atlantic Avenue/Mohawk Trail and Beach Street/30 Beach Street/Beach Street and Highland Avenue/Joy Place and N. Main Street/155

Sohier Street/14 Fairoaks Lane/96 Fairoaks Lane.

Middle/High School Bus 5**a.m. stops**

231 King/King Street and Whitney Woods Lane/274 King/439 King/King and Beechwood/289 Beechwood/339 Beechwood Street/365 Beechwood Street/Riverview and Beechwood/Hillside and Beechwood/Beechwood at Doane Street/45 Church Street/Aaron River Road and Flintlock Ridge Road/Carbone Lane/Bates Lane and Doane Street/478 Beechwood Street/Wheelwright Farm and Beechwood/390 Beechwood Street/250 Beechwood Street/Kendall Village and Beechwood/370 King.

p.m. stops

515 CJC Hwy/495 CJC Hwy/231 King Street/Whitney Woods Lane/274 King Street/370 King/439 King Street/Beechwood Street and King/276 Beechwood Street/Ox Pasture/339 Beechwood/365 Beechwood Street/Riverview Drive/Hillside Drive/478 Beechwood/Beechwood Street and Doane Street/Bates Lane/Carbone Lane/Aaron River Road and Flintlock Ridge Road/478 Beechwood/Wheelwright Farm/Kendall Village and Beechwood.

Middle/High School Bus 6**a.m. stops**

351 North Main/Rocky Lane and N. Main Street/17 Red Gate Lane/Red Gate and Fernway/Joy Place/Community Center/Red Lion Inn/Spring Street and S. Main Street/171 S. Main/213 S. Main/Westgate Lane/S. Main and Beechwood/371 S. Main Street/411 S. Main/River and S. Main/24 Beechwood/Heritage Lane and Beechwood/Hammond Avenue/Norman Todd Lane/Beechwood and Norman Todd Road/159 Beechwood/34 Brewster/40 Brewster/Ledge Way/Brewster and Ledgewood Drive.

p.m. stops

21 Pleasant Street/Red Lion Inn/Spring Street/171 S. Main/213 S. Main/Westgate Lane/S. Main and Beechwood/371 S. Main Street/411 S. Main/River and S. Main/24 Beechwood/Heritage Lane and Beechwood/Hammond Avenue/Norman Todd Road/Norman Todd Lane/Beechwood and Norman Todd Road/34 Brewster Road/40 Brewster Road/Brewster Road and Ledge Way/Brewster and Ledgewood Drive/Chittenden and Eldridge.

Middle/High School Bus 7**a.m. stops**

Cedar Ledge Village/Cedar Acres and Forest/Heather Drive and Forest/122 Forest Avenue/Fox Run and Forest/Surry and Old Coach/241 Forest/Black Rock Road and Forest/Spindrift and Forest/502 N. Main/train station/Avalon bus stop/495 CJC Hwy.

p.m. stops

Ripley and Depot Court/Pratt Court and Ripley Road/Red Gate and N. Main/New Rocky Lane and N. Main/Old Rocky Lane/N. Main and Forest/Cedar Acres and Forest/Heather Drive and Forest/122 Forest Avenue/Fox Run and Forest/Surry Drive and Old Coach/241 Forest/Black Rock Road and Forest/Spindrift and Forest/500 N. Main/train station.

Deer Hill Bus 2**a.m. stops**

Sanctuary and Rose Hill/498 North Main/Surry and Old Coach/491 Jerusalem Road/Rustic Drive and Linden/45 Linden (island)/486 Jerusalem Road/Rust Way/Deep Run/Jerusalem Road Drive/264 Jerusalem Road/Little Harbor Road/135 Nichols Road/107 Nichols Road/72 Nichols Road/60 Nichols Road/Steep Rock and Jerusalem/56 Jerusalem.

p.m. stops

Sanctuary and Rose Hill/132 CJC Way (Old Colony Bldg)/498 North Main/Surry and Old Coach/11 Linden Drive/45 Linden (island)/Rustic Drive and Linden/Deep Run/Jerusalem Road Drive/264 Jerusalem Road/Little Harbor Road/60 Nichols/72 Nichols/107 Nichols/135 Nichols/Steep Rock and Jerusalem Road/56 Jerusalem.

Deer Hill Bus 3**a.m. stops**

23 Cedar Street/54 Cedar Street/244 Cedar Street/Cedar Street and Hull/Fisher and Hull Street/65 Hull Street/184 Lambers Lane/144 Lambers Lane/75 Lambers Lane/34 Lambers Lane/139 Hull Street/175 Hull Street/Grace Drive/796 Jerusalem Road/758 Jerusalem Road/728 Jerusalem Road/first Howe Road/second Howe Road/65 Windy Hill/Spindrift and Forest Avenue/336 Forest/Black Rock Road and Forest Avenue/247 Forest Avenue/142 Forest Avenue/100 Forest Avenue/Heather Drive and Forest/Cedar Acres and Forest.

p.m. stops

N. Main and Forest/23 Cedar Street/54 Cedar Street/244 Cedar Street/Cedar and Hull Street/Fisher and Hull Street/65 Hull Street/78 Lambers/144 Lambers Lane/184 Lambers Lane/34 Lambers Lane/139 Hull Street/163/175 Hull Street/Grace Drive and Hull Street/796 Jer Road/758 Jerusalem Road/728/744 Jerusalem Road/first Howe Road/second Howe Road/65 Windy Hill/Spindrift and Forest/336 Forest/Black Rock and Forest/247 Forest Avenue/142 Forest Avenue/100 Forest Avenue/Heather and Forest/Cedar Acres and Forest.

Deer Hill Bus 4**a.m. stops**

9 Clayspring Road/Arrowwood and Clayspring/38 Reservoir/96 Pleasant/Pleasant and Cushing/Norfolk and Cushing/Ash and Cushing/Oak and Cushing/14 Summer/Black Horse Lane/69 Summer/Summer and Border/Parker Avenue and Border Street/first Stockbridge Street/second Stockbridge Street/17 Atlantic Avenue/109 Atlantic/turn at Sandy Beach/184 Atlantic/Mohawk Way/44 Beach/53 Highland Avenue/Town Common/Ripley Road and Pratt Court/135 Sohier Street.

p.m. stops

135 Sohier Street/Paul Pratt Library/SS Art Center/Cushing and Pleasant/96 Pleasant/38 Reservoir Road/Arrowwood and Clayspring/9 Clayspring/13 Short Street/Oak Street and Cushing/14 Summer Street/Black Horse Lane/69 Summer/Border and Summer/Parker Avenue and Border/first Stockbridge Street/second Stockbridge Street/17 Atlantic Avenue/83

Atlantic/94 Atlantic/109 Atlantic/Hobart and Atlantic/Beach Street and Atlantic Avenue/Mohawk Trail and Beach Street/44 Beach.

Deer Hill Bus 5**a.m. stops**

King Street and Beechwood Street/339 Beechwood/365 Beechwood/404 Beechwood/Beechwood and Riverview Road/Beechwood and Hillside/497 Beechwood/Beechwood and Doane Street/9R Church Street/23 Church Street/45 Church Street/Flintlock Ridge Road and Aaron River Road/Carbone Lane/Bates Lane/Wheelwright Farm and Beechwood/364 Beechwood/260 Jerusalem/Steep Rock and Jerusalem/Red Gate and Jerusalem/56 Jerusalem/6 Jerusalem/48 Sohier Street.

p.m. stops

48 Sohier Street/Margin Court/second Stockbridge Street/17 Atlantic Avenue/31 Atlantic Avenue/83 Atlantic/Lothrop and Atlantic/184 Atlantic/107 Nichols/88 Nichols/6 Nichols/7 Linden/160 Linden/Rustic Drive and Linden/492 Jerusalem Road/Deep Run/Jerusalem Road Drive/Jerusalem Lane and Jerusalem Road/248 Beechwood Street/Wheelwright Farm and Beechwood/364 Beechwood/Ox Pasture/276 Beechwood Street/219 Beechwood.

Osgood Bus 2**a.m. stops**

414 King Street/445 King Street/Beechwood Street and King Street/276 Beechwood Street/Ox Pasture/311 Beechwood Street/Riverview Drive/Hillside Drive/478 Beechwood Street/Beechwood and Doane Street/9R Church/47 Church Street/Flintlock Ridge Road and Aaron River Road/Carbone Lane/Bates Lane/219 Beechwood Street.

Osgood Bus 3**a.m. stops**

44 Beach Street/11 Highland Avenue/Spring Street and S. Main Street/Quonahassit Trail and N. Main/Red Gate Lane and Fernway/Town Pool Drive/137 N. Main/Joy Pl and N. Main/

44 Beach Street/11 Highland Avenue/Spring Street and S. Main Street/Quonahassit Trail and N. Main/Red Gate Lane and Fernway/Town Pool Drive/137 N. Main/Joy Pl and N. Main/

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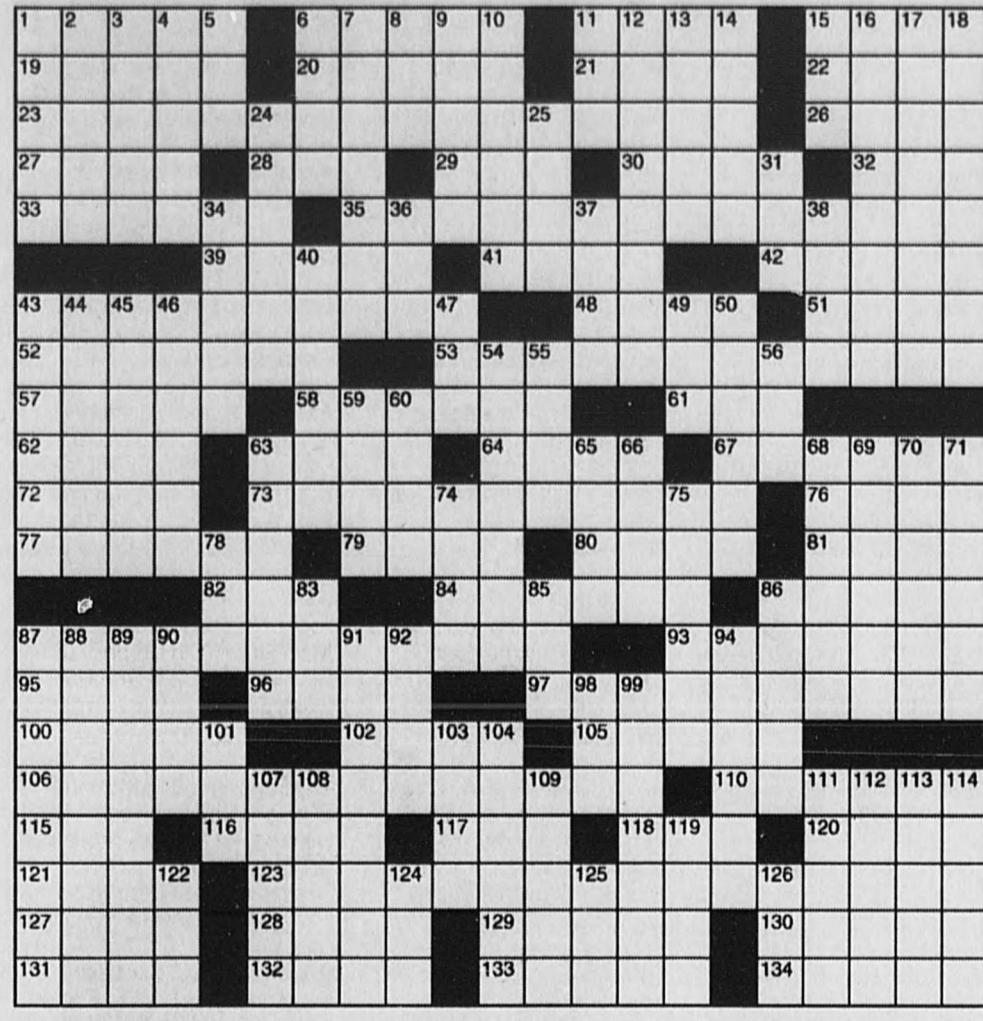
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44 Beach Street/11 Highland Avenue/Spring Street and S. Main Street/Quonahassit Trail and N. Main/Red Gate Lane and Fernway

PUZZLES

Crossword - What they all have



ACROSS

- 1 — dish (biology lab container) 52 Lawlessness 97 Casanovas 2 Body of moral values 45 One of TV's "Partridges" 86 Verdi's "Miller"
- 6 French river 53 Slacks with folds 100 Specialist on a running track 3 Sorority letter 46 Hip dude 47 Vacation 87 Mustache named for a Chinese criminal
- 11 "Hey, buddy, over here" 57 Singer Berry 102 "Nothing — it seems" 4 Relay runner 48 Vacation facility
- 15 Bow shapes 58 City near Phoenix, on an envelope 105 Tricks 5 Ballpoint 49 Peace sign
- 19 "Dad" co-star 61 Mendes or Longoria 106 Coaster sites 6 Acclaim 50 Counsel
- 20 Building wing 62 Plant that's the source of pol. 110 Cause long-lasting anger 7 Toronto site 54 Olympic swimmer's assignment
- 21 Blues singer — James 63 Pig sound 115 Hollywood's Cage, to pals 8 Mag for execs 55 Operatic bass Pinza
- 22 It may hit a bull's-eye 64 — Piper 116 Hip-hop pal 9 Do another lube job on 56 Dog paw part
- 23 Ringing-up places 67 Do-nothings 117 —Kosh 10 Radiated, as charm 59 Relative of -ette or -rix
- 26 Kitchen draw 72 Pastiche 118 Tavern cask 11 House cat, e.g. 60 Timetable, for short
- 27 High-flying toy 73 Family trees show them 120 Spots in la Seine 12 "Hurry up!" 98 Mork from —
- 28 Nutrition info 76 Telling sign 121 Roman 202 13 Walk cockily 99 Pirates' guns
- 29 Altar promise 77 Rocked from shock 123 Operators are involved with them 14 Small sample
- 30 — stop to 79 Writer — St. Vincent 127 2009 Wimbledon semifinalist 15 Rumpus
- 32 With 83- Down, glacial epoch 80 Granted 17 Davy of the frontier 16 Guy using a CB
- 33 Egyptian beetle 81 "La Dolce —" 128 Dreaded dino 24 1969 Tony winner Jerry
- 35 Common back-to-school buys 82 Grassy field 129 Fixes text 70 Rip again
- 39 Kind of eye surgery 84 Footwear 130 Once upon 25 Branching point
- 41 University official 86 Hybrid offspring of two kinds of roaring cats 131 Bone in the forearm 31 "Nashville" network
- 42 Arrives 87 Anglers' tools 132 Old oil name 34 "Alas and —!"
- 43 Hollywood stars, say 93 Impartial 133 Feeling 36 Kiev's land: Abr.
- 48 La Scala star 95 "Do — others ..." 134 Things that this puzzle's nine longest answers have
- 51 Jean — (Revlon brand) 96 Repeated word in a Doris Day song title 37 Nil 38 Chaplin's fourth wife
- 52 Lawlessness 97 Casanovas 135 See 32-Across
- 53 Slacks with folds 100 Specialist on a running track 40 Confound
- 54 Olympic swimmer's assignment 43 Part of SPF
- 55 Operatic bass Pinza 1 Light kisses 85 Opposite NNE
- 56 Dog paw part 44 Get a lungful

DOWN

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Sudoku

		4			9			6
2			5			3		
3		8		7	4			
1		7		6	5			
8	5	2	1					
7			1			3		
	8	3						5
6	2				7			
9			6	5	4			

Level: Moderate

Here's How It Works:

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Magic Maze - Reverse syllables to make a new word

I X V S Q N K I F F D A X V T
Q O M J H F C A Y F W U R P N
G L J H F D B Z X O V T R Q O
N N A M R E G M F T K I E H F
D R I B Z Y W F U S L S T T T
V T U N R Q H O O A A N U U O
Z L K T I A K I H C B E O O H
F E L G N A D C K A E L Y K S
Z X B D E W R O W V L B A O N
U W O R K H O U S E S O L O U
R Q B O A B N D S M K W J L G

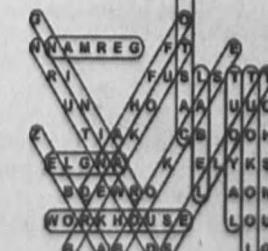
Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally.

Angle	Downturn	Layout	Sellout
Bookcase	German	Lookout	Workhouse
Breakout	Gunshot	Offhand	Zebra
Castoff	Label	Raining	

SOLUTIONS



1	8	4	3	7	9	5	2	6
7	2	9	6	5	4	8	3	1
3	5	6	8	1	2	7	9	4
4	1	3	7	9	6	2	5	8
8	9	5	4	2	3	1	6	7
6	7	2	5	8	1	9	4	3
2	4	8	9	3	7	6	1	5
5	6	1	2	4	8	3	7	9
9	3	7	1	6	5	4	8	2



HOROSCOPE

SALOME'S STARS HOROSCOPE FOR WEEK OF SEPT. 8, 2014

ARIES (March 21 to April 19) Changing your mind doesn't come easily for Lambs, who place a high value on commitment. But new facts could emerge that might persuade you to rethink your situation.

TAURUS (April 20 to May 20) This is a good time to put that fine Bovine's eye for beauty to work in redecorating your home or workplace. And don't forget to indulge yourself in some personal time as well.

GEMINI (May 21 to June 20) Your sense of loyalty to someone who asks for your help is commendable. But make sure there are no information gaps that should be filled in before you move too far too quickly.

CANCER (June 21 to July 22) Don't let difficult people raise the Crab's ire levels this week. Avoid them if you can. If not, resist telling them off, even if you think they deserve it. Things improve by week's end.

LEO (July 23 to August 22) Your suspicions about a colleague might be on the mark. But you also could be misreading the signals you believe you're getting. Do some discreet checking before jumping to conclusions.

VIRGO (August 23 to September 22) Take some time out from your many tasks and see if someone might be trying to reach out to you. You could be surprised to learn who it is and why you might want to reciprocate.

LIBRA (September 23 to October 22) You still might want to do more investigating before taking on a new commitment. Later would not be the time to try to fill in any crucial gaps in what you need to know about it.

SCORPIO (October 23 to November 21) A new opportunity should be carefully studied. It might offer some of the things you've been looking for. Or it could contain new possibilities you never considered. Check it out.

SAGITTARIUS (November 22 to December 21) You might have to work harder this week to get people to listen to what you have to say. But

if you stay with it, you could start to get your message out to many by the week's end.

CAPRICORN (December 22 to January 19) Although family matters again take up a big chunk of the Goat's time, the week also offers a chance to explore a new career move you'd been contemplating for a while.

AQUARIUS (January 20 to February 18) Applying your practicality (what does it offer me?) and your creativity (how can I improve on it?) could provide sound reasons for seriously considering that new offer.

PISCES (February 19 to March 20) The single set will find that keeping their romantic aspirations on high gives Cupid a better target to aim at. Paired Pisces will find that this week helps reinforce their relationships.

BORN THIS WEEK: You believe in encouraging others to demand the best from themselves. You would be a fine sports coach, as well as an enlightened teacher.

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Food

FOOD FOR THOUGHT



WIKIMEDIA COMMONS

TIP OF THE WEEK

Organic diet not for everyone

A little less than half — 45 percent — of Americans actively try and include organic foods in their diet, but 15 percent go out of their way to avoid them, according to a new Gallup poll. The remaining 38 percent indicated they "don't think either way." Active interest in an organic diet is highest in the West, where 54 percent of respondents placed an importance on their inclusion. The East had the lowest interest, where only 39 percent actively try and include organic foods, while 18 percent intentionally avoid them. Younger respondents are more likely to seek organics, with 53 percent of those aged 18-29 indicating they are of active importance. Older respondents are only slightly more likely to go out of their way to avoid organics, but are much more likely not to give the matter much thought at all.

NUMBER TO KNOW

92 The percentage of American-grown lemons that come from California, according to the National Agricultural Statistics Service.

EASY RECIPE

Quick and easy preserved lemons

- 6 small lemons, scrubbed
- 2/3 cup kosher salt
- 1 cup fresh lemon juice (from about 5 large lemons)

1. Wash the lemons, place them in a saucepan, and cover with cold water. Bring to a boil and cook for 5 minutes, or until the rinds have begun to soften.
2. Drain and dry the lemons well and cut each into 8 wedges. In a bowl, toss the wedges with the salt and transfer to a large glass jar. Add the lemon juice and cover with a tight-fitting glass lid or plastic-coated lid.
3. Let the lemons stand at room temperature 5 days, shaking the jar each day to redistribute the salt and juice. Store the lemons, covered, in the refrigerator for up to six months.

— Cookthink

FOOD QUIZ

Question: Which state produces the most citrus fruit?

Answer: Florida produces about 63 percent of American citrus fruit, with California coming in second with about 34 percent. Arizona and Texas combine for the remaining 3 percent.

THE DISH ON...

"Sweet: Our Best Cupcakes, Cookies, Candy, and More," by the editors of Food Network Magazine

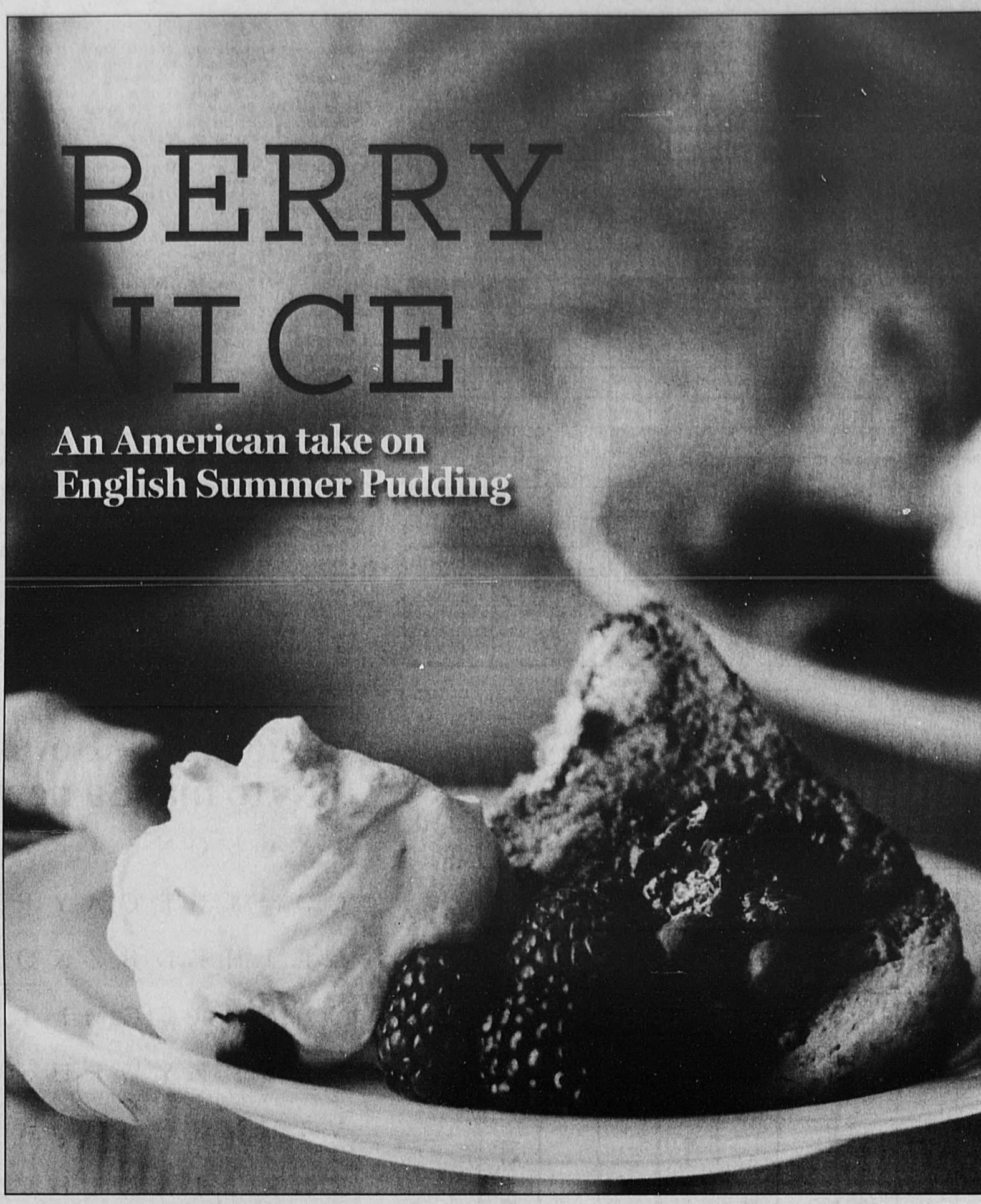
Food Network Magazine editors have picked their all-time favorite treats and put them into one book. You don't need to be an experienced baker to get started. You'll find over-the-top brownies, super fun cupcakes, one-of-a-kind cookies and much more.

— Amazon

WISE TO THE WORD

Meyer lemon: A fruit believed to be a hybrid between a lemon and a mandarin or orange. Meyer lemons tend to be much sweeter than regular lemons and have a complex citrus taste that comes from their mandarin/orange lineage.

— Cookthink



RELISH MAGAZINE

By the editors of Relish Magazine

Berries combined with sugar and bread may seem peculiar to Americans. But English Summer Pudding is nothing short of brilliant. Fresh summer berries are warmed with sugar and water until they give up their glorious juice, then placed into a bread-lined bowl. When left to chill in the fridge overnight, the bread transforms into a crimson-stained "cake" that oozes a cornucopia of juicy goodness when sliced open.

While the pudding is traditionally made with stale white bread, raspberries and red currants, we've jazzed up the recipe by using brioche, a rich yeast bread made with eggs, butter and sugar available in most supermarket bakeries. And instead of red currants, we used blueberries, strawberries and blackberries.

Really, any combination of berries will work. We don't fuss too much. We even decided not to worry over the bread crusts and left them on. American ingenuity.

English Summer Pudding

■ 8 cups assorted fresh berries (blueberries, strawberries, raspberries, blackberries), divided

- 1 cup water
- 3/4 cup sugar
- 1 T vanilla extract
- 1 (18-ounce) brioche loaf
- Whipped cream

Mix 6 cups of berries with the water and sugar in a large saucepan. Cook over medium heat, stirring gently, until berries start to soften and sugar dissolves, about 15 minutes. Remove from heat.

Stir in remaining berries. Strain berry mixture, reserving all the juice and berries. Stir vanilla into juice. Line a 2-quart serving bowl with plastic wrap.

Cut a slice of brioche to fit the bottom of the bowl. Dip into juice and place in bottom of bowl. Cut the remaining brioche into wedges and dip each piece, one at a time, into juice. Place three-fourths of the juice-soaked brioche wedges against the sides of bowl pressing to remove any gaps. Spoon berries into center. Top with remaining brioche wedges.

Cover with plastic wrap. Press down with your hands until juices rise to the top. Place a plate on top, and set weights on the plate (2 or 3 cans of soup work well). Refrigerate at least 8 hours.

To serve, remove weights, plate and top plastic wrap. Place a serving plate on top of bowl and quickly turn both over together, shaking gently, so that the pudding releases from the bowl. Remove plastic wrap. Cut into wedges and serve with whipped cream. Serves 8.

Interesting things to know about garlic

Garlic gives flavor and character to Mexican, Asian and southern Mediterranean foods. And right now it's in season and at its peak.

I buy my favorite garlic from a produce market where I know the owner gets the freshest stuff available every day of the week. My favorite menus hail from southern Italy, but from time to time, I will cook something from Vietnam or Cambodia or Japan that features garlic. And I collect garlic facts, including these:

- Garlic is a vegetable, a cousin to scallions, leeks, shallots, and onions.
- A garlic bulb should have tight-fitting skin, and plump and firm cloves.
- Buy garlic whole and loose. It is not meant to be



LINDA BASSETT

stuffed into a tiny cardboard box where it sweats.

- A whole garlic bulb is also called a "head." Each separate section is a "clove."
- Some garlic cloves have a green sprout in the center. Cut the clove in half and dig it out with the point of a paring knife.
- Store garlic in a bowl on the refrigerator shelf, letting air flow around them.
- One way to peel a large amount of whole

cloves for a recipe is by blanching in boiling water, then shocking in ice water, then slipping the skins off one by one.

- Garlic is mild, even sweet, when cooked whole with its skin on, as in an oven-roasted whole bulb.

- Garlic is strongest when sliced, chopped, or minced, then cooked at medium-high heat in oil, as in scampi, a staple of Italian restaurants.

Linda Bassett is the author of "From Apple Pie to Pad Thai: Neighborhood Cooking North of Boston." Reach her by e-mail at KitchenCall@aol.com. Read Linda's blog at LindaABCooks.wordpress.com. Follow Linda for quick recipes on Twitter at @Kitchencall.

GARLIC-AND-GINGER SAUCE FOR FISH

Enough for 4 servings of fish fillets or steaks

- 3 tablespoons peanut oil
- 3 cloves garlic, minced
- 2 teaspoons grated fresh ginger
- 1-1/2 tablespoons soy sauce

- 1-1/2 teaspoons dark sesame oil

Heat the peanut oil in a small saucepan over medium heat. Add the garlic and ginger. Cook stirring until garlic begins to color.

Stir in the soy sauce and sesame oil. Keep warm to drizzle over broiled fish.

GARLICKY BROCCOLI RABE

Makes 4 servings

Find this where good fresh produce is sold. Sometimes called "baby broccoli" or "broccolini," they

are really turnip tops with tiny flowers that look like broccoli heads.

- 1 bunch broccoli rabe
- Salt
- 3 tablespoons olive oil
- 2 garlic cloves, peeled and finely chopped

Trim the broccoli rabe stems. Chop the stalks coarsely.

Pour about 1/2-inch of water into a large skillet. Bring to a boil; add salt, then broccoli rabe; cook for 2 minutes, until barely tender. Drain; shock in cool water; drain again.

Wipe the skillet dry with a clean towel. Put over medium heat, adding the olive oil and garlic, and cook for 2 to 3 minutes. Add the greens, and salt. Cook for 2 minutes until the oil and garlic flavor the greens. Sprinkle with grated parmesan cheese.

CALENDAR



34th annual Spindles Car Show & Swap Meet

WHEN: 9 a.m. to 4 p.m. Sunday, Aug. 31. Rain date: Sept. 1.
WHERE: Marshfield Fairgrounds, 140 Main St., Marshfield.
INFO: Featuring 50 classes, with three trophies presented per class, the participant gates open at 7 a.m. for \$15 at the gate or preregister for \$12, includes the driver and one passenger. Spectators \$8 (under 12, free). Over 700 cars from all over New England. Also food, games for the kids, and the award-winning fresh sounds of Gretchen & the Pickpockets live on stage. Best of show wins \$75, and qualifies for Super Wheels Showdown. A portion of the profits is donated to Dana Farber Cancer Institute. Spindles also gives a local high school scholarship. 781-335-9754 or www.spindlescarclub.com

SATURDAY, AUG. 30

Yoga at the River's Edge sponsored by the North and South Rivers Watershed Association. Weekly classes, taught by certified yoga teachers from 8:30 to 10 a.m. at various sites along the North and South Rivers. Each class features meditation, gentle stretching, breathing technique, hatha yoga postures, and guided relaxation. All classes are outdoors. Sites are not wheelchair accessible. Today, at the Rexham Dunes, at Rexham Beach in Marshfield. All proceeds benefit NSRWA. Suggested donation of \$10 per class for NSRWA members, and \$15 for the general public. Kezia Bacon at 781-837-7093, email yogariversedge@verizon.net or visit www.nsrwa.org or www.hellokezia.com.

Braintree Farmers Market Clam & Lobster Feast from 9 a.m. to 1 p.m. at JFK Memorial Drive, Braintree. Description: Enjoy a freshly prepared New England Clam & Lobster Feast. Also featured will be clam chowder, lobster bisque, lobster rolls and more.

Sandwich Artisans 2014 Fine Arts & Crafts show on the lawn of the Sandwich Public Library, 142 Main St., Sandwich, from 10 a.m. to 4 p.m. The shows feature fine art, jewelry, pottery, glasswork, photographs, hand-crafted clothing, home accessories, wooden items, and much more made by local artisans. All vendor fees are donated to benefit the Sandwich Public Library. sandwich-artisans@comcast.net

King Richard's Faire Renaissance Festival opens its 2014 season today at 235 Main St. in Carver and runs eight consecutive weekends through Oct. 19, including Labor Day and Columbus Day Mondays. The Faire is open 10:30 a.m. to 6 p.m. each day on the weekend. Tickets are \$29 for adults (12+) and \$16 for children ages 4-11 and are available for purchase now on the Faire's website (kingrichardsfaire.net). Children under 4 are admitted free, and parking is free. Call 508-866-5391 for more information.

Day Out With Thomas as Edaville USA, Carver from 9 a.m. to 5 p.m. today, Sept. 1, 6 and 7. In addition to spending time with Thomas, you can have unlimited use of all the amusement park rides, that are all included in the price. Admission is \$20 which includes entry to the park, one 20 minute ride on a passenger car pulled by Thomas, video viewing, coloring, temporary tattoos, storytelling, live entertainment and access to all park rides and amenities. Tickets can be purchased online or at the park by visiting www.ticketweb.com/dowt or calling 866-4687630.

Daniel Webster at Sunset at Daniel Webster Wildlife Sanctuary, Winslow Cemetery Road, Marshfield, presented by Mass Audubon from 5 to 7 p.m. Look for birds, butterflies, and moths along the trails, and ducks on the ponds. With the help of Christine Whitebread, president of the South Shore Bird Club, and Steven Whitebread, Space is limited. Preregistration is required online at www.massaudubon.org/southshore or by calling 781-837-9400. No charge for members; nonmembers: \$5 per adult/\$3 per child (ages 6 and up).

Fat City Band at C-Note, 159 Nantasket Avenue, Hull. 781-925-4300, www.cnotehull.com

The Corvairs at Next Page Café, 550 Broad St., Weymouth. 781-340-1300.

Voodoo HiFi at Hajjar's Bar & Grille, 969 Washington St., Weymouth, 9 p.m. 781-340-1870, www.hajjars.net.

Code 7 at The Tinker's Son, 707 Main St., Norwell, 9 p.m. www.thetinkerson.com, 781-561-7361.

Possession at The Great Chow, 497 Bedford St., Route 18, Abington, 781-871-8832, www.greatchow.com

Just Two Guys at Damiens Pub, 279 Spring St., Hanson, www.damienspub.com 781-447-6556.

Acoustic Nights, free concert on the lawn of the Hedge House, at 126 Water St., at 6 p.m. featuring acoustic, indie, folk, rock and Americana programs showcasing great emerging artists from near and far. [brewsterproductions.com](http://www.brewsterproductions.com)

Irish Session at Lucioso's Pub at 6 Spring Lane in Plymouth, 5:30 p.m. Songs from sea chanties, rebel songs and songs of loss, to jigs, reels and hornpipes with craic and singalong. Free.

DJ Doubletake at Waterfront Bar and Grill, 170 Water St., Plymouth, 508-591-8393.

Cuzin Eddy Band at Cabby Shack, 30 Town Wharf, Plymouth, 9 p.m. 508-746-5354. www.cabbyshack.com

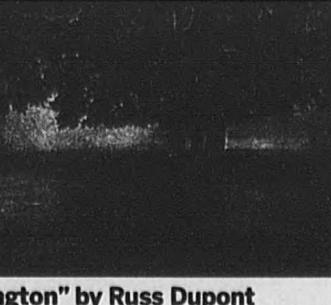
Rob Lawlor at Wildflower Café & Tavern, 8 Chestnut St., Duxbury. 781-934-7814, www.wildflower-cafe.com

Jill Fleming at Turners Yard, 615 Washington St., Pembroke. 9 p.m. 781-826-2532. www.turnersyard.com

'A Sense of Place' featuring the photography of Russ DuPont at The James

WHEN: Free opening reception from 6 to 8 Friday, Sept. 5.
WHERE: James Library & Center for the Arts, 24 West St., Norwell.
INFO: The first art show of the 2014-15 season at The James, will be on exhibit until Oct. 1. Gallery hours are Tuesday to Friday 1 to 5 p.m. and Saturday 10 a.m. to 1 p.m. Information call 781-659-7100, www.jameslibrary.org or www.russdupontphotos.com.

"Abington" by Russ Dupont



'Running with Scissors: The Collages of Laura Harvey' on exhibit

WHEN: First Friday reception from 6 to 8:30 p.m. Sept. 5.
WHERE: The Scituate Front Street Art Gallery, 124 Front St., Scituate.
INFO: The works will remain up from Sept. 2 through Sept. 28. Gallery hours are Tuesday to Saturday, 11 a.m. to 5 p.m. and Sunday, noon to 5 p.m. or by appointment. 781-545-6150 or www.frontstartgallery.com.



Flatline at British Beer Company, 15 Columbia Road, Pembroke, 781-829-6999, www.britishbeer.com.

1 Night Stand will perform at the British Beer Company, 2294 State Road, Cedarville, 508-888-9756, www.britishbeer.com.

SUNDAY, AUG. 31

Spindles Auto Club will host their 34th Annual Spindles Car Show & Swap Meet, (rain date Sept. 1) at the Marshfield Fairgrounds, 140 Main St., Marshfield. Participant gates open at 7 a.m. for \$15 at the gate or preregister for \$12. This includes the driver and one passenger. Spectator gate opens from 9 a.m. to 4 p.m. for \$8 (under 12, free). Also great food, games for the kids, and the award-winning fresh sounds of Gretchen & the Pickpockets live on stage. Best of show wins \$75, and qualifies for Super Wheels Showdown. A portion of the profits is donated to Dana Farber Cancer Institute. Spindles also gives a local high school scholarship. 781-335-9754 or www.spindlescarclub.com

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Traditional Irish Session every Sunday from 11 a.m. to 2 p.m. at The Tinker's Son, 707 Main St., Norwell, www.thetinkerson.com, 781-561-7361.

Carver Farmers' Market from noon to 4 p.m. Sundays to Oct. 26, rain or shine, in Shurtleff Park on Route 58 across from the Carver Town Hall. Fresh fruits and vegetables, jams and jellies, baked goods, live lobsters, honey, fresh eggs, hanging baskets, annuals and perennials, herbs, crafts, PPD2 BAR-B-Q, live music and much more. Admission is free. For information call 508-866-2428.

3D Guitar, students from 3D-Guitar, under the direction of Peter Smith, will perform at Entertainment on the Green from 3 to 7 p.m., Pembroke Town Green, Route 14 Pembroke Center.

Open mike with Bill Downes at The Tinker's Son, 707 Main St., Norwell, 4 to 8 p.m. www.thetinkerson.com, 781-561-7361.

DJ Nick Doyle at C-Note, 159 Nantasket Avenue, Hull. 781-925-4300, www.cnotehull.com

Nick Pangakis at Waterfront Bar and Grill, 170 Water St., Plymouth, 3 to 6 p.m. 508-591-8393.

DJ Doubletake at Waterfront Bar and Grill, 170 Water St., Plymouth, 508-591-8393.

Panneuban Steel Drum at Cabby Shack, 30 Town Wharf, Plymouth, 4 p.m. 508-746-5354. www.cabbyshack.com

Tall Boys Band at Cabby Shack, 30 Town Wharf, Plymouth, 9 p.m. 508-746-5354. www.cabbyshack.com

Cranberry Lane from 4 to 7 p.m. at Sandcastle Lounge located at Pilgrim Sands on Long Beach, 150 Warren Ave., Plymouth, with the lounge open from 3 to 7 p.m.

MONDAY, SEPT. 1

King Richard's Faire Renaissance Festival at 235 Main St. in Carver and runs eight consecutive weekends through Oct. 19, including Labor Day and Columbus Day Mondays. The Faire is open 10:30 a.m. to 6 p.m. each day on the weekend. Tickets are \$29 for adults (12+) and \$16 for children ages 4-11 and are available for purchase now on the Faire's website (kingrichardsfaire.net). Children under 4 are admitted free, and parking is free. Call 508-866-5391 for more information.

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New Beginnings Singles Support Group, Inc. for newly widowed, separated or divorced adults, meets on Monday evenings at 6:30 p.m. at The Cushing School's Knights of Columbus Culinary Arts Center, 391 Washington St., Hanover. Information: visit <http://nbnorwell.org/>, email at info@nbnorwell.org or call 781-499-2659. Meetings at 391 Washington St., Hanover. NB is a dating service. NB is a singles support organization dedicated to healing, growing and learning.

Texas Hold'em with the Northern Poker League at 7 and 10 p.m. at Black Raspberry Pub, 36 Cordage Park Circle, Plymouth, 508-830-0022.

TUESDAY, SEPT. 2

Ballroom Dancing every Tuesday from 7:30 to 11 p.m. at The Viking Club, 410 Quincy Avenue, Route 53, Braintree. Live bands every week. Singles and couples welcomed. Admission is \$10. Information: 781-784-2678 or 781-335-3171.

South Shore Men of Harmony rehearse every Tuesday at Hingham Community Center, 70 South St., Hingham, from 7:30 to 10:30 p.m. 781-337-SING (7464). Information: 781-337-7464.

Open Mike with Jackson Wetherbee at The Tinker's Son, 707 Main St., Norwell, 9 p.m. www.thetinkerson.com, 781-561-7361.

Irish Sessions at Turners Yard, 615 Washington St., Pembroke. 7 p.m. 781-826-2532. www.turnersyard.com

Jazz at Martini's, Tuesdays from 7 to 10 p.m. at Martini's, 50 Court St., Plymouth, featuring the Kenny Wenzel jazz group. Kenny Wenzel plays trombone and flute; drummer is Gene Roma. Call 774-773-9782 or visit www.martiniplymouth.com for information.

Wicked Trivia with DJ Dave 7:30-9:30 p.m. at British Beer Company, 2294 State Road, Plymouth (Cedarville), 508-888-9756, www.britishbeer.com.

Wicked Trivia with Pat Lally, 7:30-9:30 p.m. at British Beer Company, 15 Columbia Road, Pembroke, 781-829-6999.

Steve Mazzetta at British Beer Company, 6 Middle St., Plymouth, 508-747-1776, www.britishbeer.com.

WEDNESDAY, SEPT. 3

Making Peace - a nonviolent communication workshop from 7 to 9 p.m. Brenda Nolan and Richard Magen, nonviolent communication (NVC) trainers, will talk about the benefits of engaging in conversation and lead a workshop at Pilgrim Church, 24 Athen St., North Weymouth. This is part of a free Mind, Body, and Spirit monthly series. Pilgrim-ChurchWeymouth.org or call 781-337-2075

Country Night every Wednesday at Players Sports Bar & Grille, 86 VFW Drive, Rockland, 781-681-9999. [southshoresportsbar.com](http://www.southshoresportsbar.com). Complimentary line dance lessons 7 to 9 p.m.

The Session at The Tinker's Son, 707 Main St., Norwell, 7 p.m. www.thetinkerson.com, 781-561-7361.

Team Trivia at 7 p.m. every Wednesday at New World Tavern, 56 Main St., Plymouth, 508-927-4250.

Karaoke night at the Black Raspberry Pub, 9 p.m., 36 Cordage Park Circle, Plymouth.

Aldous Collins Band at British Beer Company, 15 Columbia Road, Pembroke, 781-829-6999 or visit www.britishbeer.com.

THURSDAY, SEPT. 4

The Daniel Webster Estate & Heritage Center is open every Thursday in September from 1 to 4 p.m. for docent guided tours of the historic 1880 Victorian mansion and carriage house. 238 Webster St., Marshfield. Listed on the National Register of Historic Places. www.danielwebsterestate.org

Cheryl Arena on harp and vocals with The Willie J Laws Band followed by open mike with Willie J Laws. Jammers invited and welcome. Free pizza at Next Page Café, 550 Broad St., Weymouth. 781-340-1300.

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Labor Day
10 - 4
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6 spd automatic transmission. #42390



MSRP \$27,185
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Customer Cash \$1,500
Conquest Private Offer \$1,250

BUY FOR \$21,938
or Lease for \$145 (MO. 39 MOS.)

BRAND NEW 2014 CHEVY Malibu 1LS

#42184



MSRP \$23,440
Best Discount \$1,450
Rebate \$2,000

BUY FOR \$19,990
or Lease for \$105 (MO. 39 MOS.)

BRAND NEW 2014 CHEVY Impala LS Sedan

Rear park assist w/camera, remote starter, universal home remote, heated seats, navigation. #42138



MSRP \$27,670
Best Discount \$1,670
Customer Cash \$1,000
Bonus Cash \$500

BUY FOR \$25,000
or Lease for \$144 (MO. 39 MOS.)

BRAND NEW 2014 CHEVY Cruze LS

PW, PL, A/C, automatic, CD, power mirrors. #42466



MSRP \$19,530
Best Discount \$1,050
Customer Cash \$1,000
Bonus Cash \$1,000

BUY FOR \$16,900
or Lease for \$179 (MO. 39 MOS.)

BRAND NEW 2014 CHEVY Traverse LS AWD 1LT

BRAND NEW 2014 CHEVY Camaro 1LT

BRAND NEW 2014 CHEVY Silverado 1500 4WD LT Double Cab

Navigation, Boston Acoustics 9 speaker system, rear spoiler. #42099

BRAND NEW 2014 CHEVY Silverado 1500 4WD LT Double Cab

Leather, All Star Edition, Trailering Pkg., Remote start, MyLink, rear camera. #42455



MSRP \$39,495
Best Discount \$2,795
Customer Cash \$2,000

MSRP \$32,720
Best Discount \$2,170
Rebate \$2,000
Conquest \$1,000

MSRP \$41,515
Best Discount \$3,515
Customer Cash \$3,250
All Star Rebate \$1,000
V-6 Discount \$500

BUY FOR \$34,700
or Lease for \$239 (MO. 39 MOS.)

BUY FOR \$27,550
or Lease for \$239 (MO. 39 MOS.)

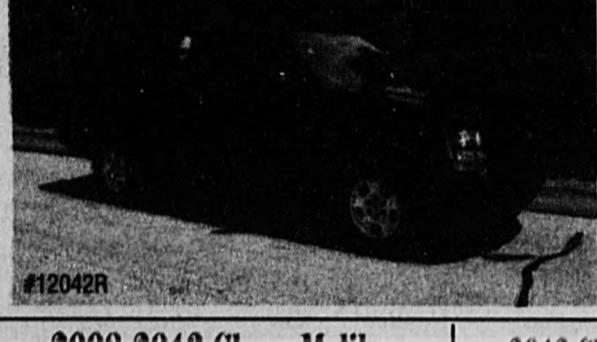
BUY FOR \$33,250
or Lease for \$239 (MO. 39 MOS.)

Includes all rebates to dealer. 10K miles per year. *\$1995 down plus 1st months payment, tax, title, doc, fee and doc fee. **Impala & Silverado \$2995 plus 1st months payment, tax, title, doc, fee and doc fee. Subject to factory extension of rebates and incentives.

Must have a 1999 or newer competitive registered vehicle, no trade required, translatable within household. *APR is less of rebate selling price.

LABOR DAY WEEKEND SUBURBAN BLOWOUT SALE

Don't Miss Out on all the Fresh Full Size Utility Trades



#12042R

Over 14 to
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LS, LT, LTZs
in stock

Starting at

\$18,999

- Leather
- DVD
- Navigation
- Sunroof
- Bucket Seats

Available to choose from

Plenty of
One Owner &
Born & Raised
Vehicles

2008-2013 Chevy Malibu

Automatic • A/C • PW/PL • Some with leather, sunroof and more • LS & LT & LTZ trim #1196408



Starting at
\$11,499

We have over
60 one-owner
pre-owned
vehicles in stock:

HERE'S A SAMPLE OF
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AND SAVINGS!

INEXPENSIVE CARS
STARTING AT \$5995

2012 Chevy Colorado Reg Cab Work Truck

3
to choose



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\$13,999

2014 Chevy Camaro ZL1

• Less than 2,000 miles • One owner • Convertible #42364A



Why
BUY NEW?
You Pay Only
\$52,999

CARS UNDER \$10,000

2006 Chevy Cobalt LS	\$7,499
2005 Honda Accord LX	\$7,499
2006 Oldsmobile SLT	\$7,999
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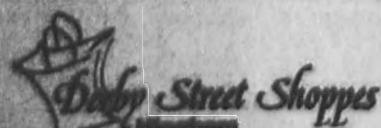
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